

CARRERA ALTO SIL V. 8.6.4

20 Marzo 2016

Subida a Pico Negro

ABSOLUTA FEMENINA (30)

Pto	Dor	NOMBRE APELLIDOS	CAT	CLUB	LA BRAÑA	PICO NEGRO	TIEMPO
1	456	Azara GARCIA DE LOS SALMONES M	ABF	CDE YANITOTUGA ACTIVE WEAR	2:28:49	2:51:30	0:22:41
2	499	Oihana KORTAZAR ARANZETA	ABF	SALOMON ETIXX	2:33:27	2:56:09	0:22:42
3	188	Susana ALVAREZ CRESPO	VAF	PILOÑA DEPORTE	2:56:23	3:22:32	0:26:09
4	121	Eva FERNANDEZ PINTOR	VAF	INDEPENDIENTE	2:51:49	3:18:04	0:26:15
5	104	Maria Beatriz RODRIGUEZ PEREZ	VAF	TEAM BOTILLOS DEL BIERZO	3:02:16	3:30:15	0:27:59
6	1	Nerea MARTINEZ URRUZOLA	VAF	HOKA TEAMPEDREZUELA	3:03:48	3:31:55	0:28:07
7	136	Susana FERNANDEZ LOPEZ	ABF	INTELLIGENT INTERVAL PONFERRAD	3:18:41	3:47:36	0:28:55
8	455	Leah MAHER	ABF	FM TRACK CLUB	2:59:57	3:29:00	0:29:03
9	411	Kathy RODRIGUEZ CASTRO	ABF	CDM ALTO SIL	2:53:34	3:22:59	0:29:25
10	219	Natalia PENDAS FRANCO	ABF	TRIBUTRIL	3:08:14	3:38:27	0:30:13
11	473	Laura DIONISIO GONZALEZ	ABF	SENDERISMO JOVEN MADRID	3:24:37	3:55:14	0:30:37
12	494	Natalia PIRES AMOEDO	ABF	INDIVIDUAL	3:16:51	3:48:59	0:32:08
13	372	Alison THOMAS	VBFB	ERYRI HARRIERS	3:32:29	4:04:51	0:32:22
14	38	Ana MORAN PEREIRA	VAF	RADIKAL BIERZO	3:32:55	4:05:38	0:32:43
15	193	Priscila SUAREZ MENDEZ	ABF	MARATHON RUNNING SHOPJARNACH	3:42:40	4:15:32	0:32:52
16	495	Emily WOOD	VAF	WELSH ATHLETICS	3:28:21	4:01:19	0:32:58
17	191	Ana LAFITA BAILO	VAF	OS ANDARINES	3:51:29	4:25:43	0:34:14
18	320	María Jesus DEVESA FERREIRO	VAF	CLUB MONTEPENARUBIA RUNNING LU	3:51:09	4:25:55	0:34:46
19	196	Silvia FERNANDEZ AGUADO	ABF	CLUB MONTEPENARUBIA RUNNING LU	3:51:02	4:25:57	0:34:55
20	203	Veronica PEREZ MORENO	ABF	MEDIATICS RUNNING	3:45:48	4:20:58	0:35:10
21	420	Dora RIBEIRO GOMEZ	VAF	INDEPENDIENTE	3:53:58	4:30:13	0:36:15
22	18	Victoria CEBREIRO LOPEZ	ABF	RADIKAL BIERZO TEAM	3:32:59	4:09:40	0:36:41
23	326	Alicia VAZQUEZ ALVAREZ	ABF	INDIVIDUAL	3:52:34	4:30:43	0:38:09
24	124	Susana FERNANDEZ RODRIGUEZ	VAF	ASTURPIE TRAIL TEAM	4:16:51	4:55:13	0:38:22
25	251	Mª Del Carmen SUAREZ CORUJO	VBFB	AVIENTU SOLORUNNERS	4:02:39	4:41:19	0:38:40
26	342	Helena CARBAJOSA COBALEDA	ABF	INDEPENDIENTE	3:55:27	4:34:51	0:39:24
27	123	Marian LOPEZ MAZUELA	ABF	INDIVIDUAL	4:21:15	5:01:07	0:39:52
28	268	Vicky VEGA MORERA	VBFB	INDEPENDIENTE	4:21:29	5:04:14	0:42:45
29	267	Minerva VOCES OLEGO	VAF	INTELLIGENT INTERVAL PONFERRAD	4:45:36	5:35:33	0:49:57
	299	Esther BELLO ESCLARIN	VAF	CD RELIEVE			n.p.

ABSOLUTA MASCULINA (389)

Pto	Dor	NOMBRE APELLIDOS	CAT	CLUB	LA BRAÑA	PICO NEGRO	TIEMPO
1	12	Manuel MERILLAS MOLEDO	ABM	MAMMUT PRO TEAM	2:13:51	2:31:21	0:17:30
2	521	Aritz EGEA CACERES	ABM	EUSKAL SELEKZIOA TERNUA INOV	2:08:33	2:26:56	0:18:23
3	470	Alfredo GIL GARCIA	ABM	INDEPENDIENTE	2:09:05	2:28:00	0:18:55
4	454	Zach MILLER	ABM	NIKE TRAIL	2:11:03	2:30:06	0:19:03
5	468	Julen MARTINEZ DE ESTIBARIZ	ABM	SESTAO ALPINO GRAFSESTAO	2:18:44	2:38:26	0:19:42
6	405	Ismail RAZGA	ABM	SESTAO ALPINO GRAFSESTAO	2:09:01	2:29:10	0:20:09
7	403	Javier TRIGUERO ATIENZA	VAM	TODOVERTICAL V	2:21:47	2:42:21	0:20:34
8	401	Daniel REMON SEÑORAN	ABM	TIERRA TRAGAME	2:20:46	2:41:22	0:20:36
9	387	Alvaro GARCIA HERNANDEZ	ABM	SALAMANCA RAIDS TRAILS RUNNERS	2:17:58	2:38:56	0:20:58
10	451	David DAVID QUELHAS	ABM	COIMBRA TRAIL RUNNING ARMADA P	2:22:59	2:44:18	0:21:19
11	428	Pedro PINILLAS CARRO	ABM	CDM ALTO SIL	2:28:09	2:49:46	0:21:37
12	374	Vicente REDONDO ALARCON	ABM	CACUENCADOLOMIA	2:18:39	2:40:17	0:21:38
13	2	Fernando ARCA CASAL	VAM	CDM XESTEIRAS	2:20:44	2:42:23	0:21:39
14	63	Manuel SANCHEZCAPITAN ARROYO	ABM	CLUB TIERRA TRAGAME	2:20:45	2:42:25	0:21:40
15	399	Victor DIEZ	ABM	TEAM LAND	2:24:56	2:46:40	0:21:44
16	152	Ramon MUIÑOSCOTELO	ABM	AD JARNACHAS	2:22:13	2:44:05	0:21:52
17	501	Samuel OBAYA FERNANDEZ	ABM	TEAM RACE LAND	2:28:11	2:50:29	0:22:18
18	443	Eder SUSANO	ABM	INDIVIDUAL	2:30:02	2:52:21	0:22:19
19	496	Santi OBAYA FERNANDEZ	VAM	TEAM RACE LAND	2:29:38	2:52:10	0:22:32
20	178	Martin LESTON AGULLEIRO	ABM	AD JARNACHAS	2:30:43	2:53:23	0:22:40
21	101	Francisco ALVAREZ ALONSO	VAM	CANGAS DE ONIS ATLETISMO	2:33:33	2:56:13	0:22:40
22	317	Mariano LLANEZA BELLA	VAM	LOS URRIELES	2:28:15	2:50:58	0:22:43
23	3	Jordi FERNANDEZ BOLTA	ABM	GM VIZCARESLOS CASTRONES	2:28:07	2:50:56	0:22:49
24	232	Adolfo DIAZ ROMAN	ABM	AMOC ULTRATRIL COMILLAS	2:33:31	2:56:21	0:22:50
25	390	Sergio ALVAREZ HERRERO	ABM	CDM ALTO SIL	2:32:26	2:55:17	0:22:51
26	37	Oscar DIAZ CERVIÑO	ABM	AD JARNACHAS	2:33:21	2:56:19	0:22:58
27	465	Jose Carlos MACEDO PEREIRA	VAM	DESNIVEL POSITIVO	2:37:26	3:01:05	0:23:39
28	93	Matthew ROBERTS	ABM	CALDER VALLEY FELL RUNNERS	2:22:09	2:45:56	0:23:47

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Pto	Dor	NOMBRE APELLIDOS	CAT	CLUB	LA BRAÑA	PICO NEGRO	TIEMPO
29	137	Manuel PEROZO MOSQUERO	VBM	ADS EXTREMADURA NATURAL	2:34:54	2:58:42	0:23:48
30	245	Amador PRIEDE FERNANDEZ	ABM	PEÑA SANTA	2:35:17	2:59:05	0:23:48
31	77	Ruben SECO FERNANDEZ	ABM	AME BESTARRUZA	2:36:27	3:00:21	0:23:54
32	460	Carlos BARDANCA FUENTES	ABM	CLUB DE MONTAÑA XESTEIRAS	2:25:40	2:49:41	0:24:01
33	482	Miguel VILABOY FILGUEIRAS	ABM	CLUB MONTAÑA O CAXADO	2:35:35	2:59:37	0:24:02
34	172	Fernando RODRIGUEZ SANTIN	ABM	INDEPENDIENTE	2:28:51	2:52:54	0:24:03
35	4	Jose Alberto GONZALEZ CARPINTERO	VAM	TODOVERTICAL V LEON TRAIL	2:36:13	3:00:20	0:24:07
36	461	Javier DOMINGUEZ BOLAÑOS	ABM	ESCUELA PUBLICA	2:33:35	2:57:44	0:24:09
37	224	Javier DOMINGUEZ CALLE	VAM	LAS CABRERASRYT	2:34:30	2:58:39	0:24:09
38	263	Eulogio BELLO ALVAREZ	VAM	INTERVAL	2:28:45	2:53:01	0:24:16
39	190	Felix ALONSO GARCIA	VBM	LOS BOINAS NEGRAS DEL ESPINAR	2:40:30	3:04:51	0:24:21
40	116	Julio Cesar MARTINO PEREZ	VAM	EQUIPO VALDEON	2:37:48	3:02:10	0:24:22
41	43	Ricardo GIL DOPAZO	VAM	CDM XESTEIRAS	2:48:20	3:12:54	0:24:34
42	230	Sergio PENSADO TASENDE	ABM	CMXESTEIRAS	2:38:30	3:03:10	0:24:40
43	215	Luis Carlos MACIAS PEREZ	VAM	MIGUELAÑEZ GENTE DULCE	2:35:28	3:00:18	0:24:50
44	321	Pablo VIOTA MORENO	VAM	TRAIL TEAM YANIRO	2:31:25	2:56:18	0:24:53
45	129	Iñaki HORMAETXE EGUREN	ABM	ERDELLA MT	2:40:08	3:05:01	0:24:53
46	246	Aitor BARANDIKA	ABM	GOIKOGANE MENDI TALDEA	2:41:44	3:06:37	0:24:53
47	373	Ugaitz AGIRREGOMEZKORTA	ABM	LAGUN ONAK MB	2:42:01	3:06:58	0:24:57
48	6	Celso ALONSO NUÑEZ	VAM	TEAM BOTILLOS DEL BIERZO	2:47:14	3:12:14	0:25:00
49	209	Antonio AGULLO CANDA	VAM	INDEPENDIENTE	2:37:43	3:02:52	0:25:09
50	270	Jose Joaquin GONZALEZ ANDRES	VAM	SALAMANCA RAIDS TRAILS RUNNERS	2:31:17	2:56:36	0:25:19
51	306	Ivan BARREIRO PEREZ	ABM	ARTMENTEIRAEPUNTO	2:38:26	3:03:45	0:25:19
52	125	Manuel GONZALEZ ARIAS	ABM	ASOCIACION DEPORTIVA MOAL	2:39:50	3:05:14	0:25:24
53	168	Alvaro JIMENEZ ALVAREZ	ABM	NOSOLOCUERDA	2:34:56	3:00:23	0:25:27
54	488	Artur COSTA	ABM	DESNIVEL POSITIVO	2:48:33	3:14:00	0:25:27
55	102	Santiago MEZQUITA FERNANDEZ	VAM	CONFIDENTIA ALISTE CORRE	2:37:08	3:02:36	0:25:28
56	149	Ivan DE LA CRUZ HERRERO	ABM	INDEPENDIENTE	2:46:16	3:11:46	0:25:30
57	486	Julio CASTELLS ARNAL	VAM	ENPHORMA TRIATLON SAN AGUSTIN	2:46:41	3:12:11	0:25:30
58	365	Agustin CRESPO FERREIROA	ABM	GTR GALAICO TRAIL	2:47:44	3:13:18	0:25:34
59	19	Daniel FERNANDEZ PEREIRAS	ABM	GTR GALAICO TRAIL RUN	2:42:04	3:07:39	0:25:35
60	464	Unai PORTUONDO MONTES	ABM	INDEPENDIENTE	2:45:37	3:11:15	0:25:38
61	509	Rafael GARCIA PEREZ	VAM	TIERRA TRAGAME	2:53:08	3:18:47	0:25:39
62	500	Pedro CONDE	VAM	CORREMOSPT	2:56:21	3:22:02	0:25:41
63	424	Borja ALONSO CARRO	ABM	INDIVIDUAL	2:39:45	3:05:27	0:25:42
64	466	Salvador CALVO REDONDO	VBM	TECNICAAVVA	2:37:57	3:03:44	0:25:47
65	40	David REDONDO PEREZ	ABM	CLUB DE MONTAÑA CUMBRES DE LE	2:39:12	3:04:59	0:25:47
66	166	Jose Javier TARAVILLA CANALES	ABM	RUNNING PRIEGO CEMPRI	2:44:37	3:10:29	0:25:52
67	520	Jorge SOLE CORVILLO	VAM	CDM ALTO SIL	2:53:43	3:19:37	0:25:54
68	471	Jose Ramon VENCELLES GARCIA	ABM	AVIENTU SOLORUNNERS	2:57:08	3:23:03	0:25:55
69	107	Alberto GARCIA RAMOS	VAM	TEAM OBAYA	2:50:14	3:16:12	0:25:58
70	347	Ivan GANTES DE DIEGO	ABM	CAFES TOSCAF GMEA	2:45:53	3:12:03	0:26:10
71	477	Alejandro PIRIZ MATO	VAM	ALCARRIATREKKING	2:39:43	3:05:54	0:26:11
72	113	Ivan MONTES LOMBAO	ABM	NDORFINA SPORT	2:37:33	3:03:46	0:26:13
73	423	Jose Antonio SANTANA GARCIA	ABM	CLUB DE MONTAÑA MOYACTIVA	2:38:35	3:04:49	0:26:14
74	396	Javier TERAN CONTRERAS	VAM	ENPHORMA MONTAÑA	2:53:41	3:20:01	0:26:20
75	16	Borja Manuel LAMAS LAGE	ABM	BESTARRUZA TRINITY TRAIL	2:41:13	3:07:34	0:26:21
76	487	Maximo SIRGO RODRIGUEZ	VAM	CLUB AVIENTU SOLORUNNER	2:44:31	3:10:53	0:26:22
77	5	Pablo ALONSO ALVAREZ	VAM	CDM ALTO SIL	2:36:20	3:02:48	0:26:28
78	265	Manu DIAZ VAZQUEZ	VAM	CAFES TOSCAF GMEA	2:53:24	3:19:52	0:26:28
79	353	Jose Angel DIAZ BAUTISTA	ABM	CLUB ATLETISMO SADA	2:48:42	3:15:12	0:26:30
80	425	Jose Manuel CALVO ALVAREZ	VAM	TEAM BOTILLOS DEL BIERZO	2:48:12	3:14:50	0:26:38
81	329	Hugo DE LA VEGA LOPEZ	ABM	INDEPENDIENTE	2:48:29	3:15:08	0:26:39
82	282	Javichin PEREZ BOUZA	VAM	CLUB MONTAÑA FERROL	2:54:46	3:21:27	0:26:41
83	508	Carlos CHAMORRO GARCIA	ABM	HOCKEY ALCALA	2:34:48	3:01:44	0:26:56
84	350	Angel GONZALEZ RIVERO	ABM	ATLETISMO LEON	2:43:18	3:10:14	0:26:56
85	474	Roberto SANZ LAZARO	ABM	CARNICERIA OCEJON SIGENZA	2:56:34	3:23:30	0:26:56
86	517	Benigno ALVAREZ MERA	VAM	CDM ALTO SIL	2:47:05	3:14:03	0:26:58
87	217	Deibi CHALANA TEIGA	ABM	INTELLIGENT INTERVAL RUNNERS	2:55:45	3:22:52	0:27:07
88	150	Jose Manuel POUSA FERNANDEZ	VBM	RUNNING SPORT TRAIL	2:56:19	3:23:27	0:27:08
89	275	Javier SAN MIGUEL BODELON	VAM	TEAM BOTILLOS DEL BIERZO	2:32:34	2:59:43	0:27:09

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ABSOLUTA MASCULINA (389)

Pto	Dor	NOMBRE APELLIDOS	CAT	CLUB	LA BRAÑA	PICO NEGRO	TIEMPO
90	112	Sergio NATAL VICENTE	ABM	CUMBRES DE LEON	2:49:55	3:17:06	0:27:11
91	453	Adrian OLIVARES CONEJERO	ABM	CA DOLOMIA CUENCA	2:44:40	3:11:55	0:27:15
92	238	Raul MARTINEZ ACERO	VAM	CLUB ATLETISMO BALMORI	2:53:28	3:20:43	0:27:15
93	128	Miguel DORADO VIEITEZ	VAM	TRINORTHNOGASA	2:47:21	3:14:44	0:27:23
94	239	Pablo ALVAREZ GONZALEZ	VAM	BIERZO FITNESS CENTER MAMBAGY	2:50:31	3:17:59	0:27:28
95	27	Raul ALVAREZ MARTINEZ	VAM	TRASPIES TRAIL	2:42:14	3:09:43	0:27:29
96	69	Jorge FERNANDEZ ARIAS	ABM	KALENTADAS TRAILRUNNING	2:56:58	3:24:29	0:27:31
97	222	Jonathan MOORE	VAM	ERYRI HARRIERS	2:41:37	3:09:09	0:27:32
98	388	Miguel Angel YUSTE BLAZQUEZ	VBM	CLUB ABULENSE DE MONTAÑA ALMA	2:56:32	3:24:07	0:27:35
99	207	Javier MEZQUITA FERNANDEZ	ABM	CONFIDENTIA ALISTE CORRE	2:51:58	3:19:34	0:27:36
100	483	Juan Carlos MARTUL HERNANDEZ	VBM	CLUB DE MONTAÑA XESTEIRAS	2:56:16	3:23:52	0:27:36
101	302	Isaac RAMOS ARCONADA	VAM	CERRATO TRAIL RUNNING	3:04:35	3:32:15	0:27:40
102	23	Armando RODRIGUEZ DIEZ	VAM	MTBRUNNERS LEON	3:05:18	3:32:58	0:27:40
103	402	Cesar CANALES HORTELANO	VAM	TODOVERTICAL V	2:58:06	3:25:54	0:27:48
104	151	Miguel VARA GARCIA	ABM	AVITRAIL DEPORTES ALFONSO	2:56:30	3:24:26	0:27:56
105	370	Mario LOZANO FERNANDEZ	ABM	GAE CLUB NEVADA LOZAN TEAM	3:24:05	3:52:02	0:27:57
106	20	Ivan BAELO FERNANDEZ	ABM	ENPHORMA	3:03:43	3:31:41	0:27:58
107	179	Felix Jose GARCIA FERNANDEZ	VBM	CD ESPORTATE BIKILIA	2:51:46	3:19:49	0:28:03
108	225	Daniel MATA CABALLERO	ABM	CONFIDENTIA ALISTE CORRE	2:55:41	3:23:44	0:28:03
109	132	Mario RODRIGUEZ OTERO	ABM	ATLETISMO FONTES DO SAR	3:03:15	3:31:19	0:28:04
110	361	Pablo GUTIERREZ ASKARIZ	ABM	CLUB SOCIAL ALCOA	2:54:34	3:22:42	0:28:08
111	199	Roberto BARRIO GONZALEZ	ABM	TEAM BOTILLOS	3:01:59	3:30:12	0:28:13
112	293	Endika CABEZUDO LOPEZ	ABM	INDIVIDUAL	2:38:32	3:06:48	0:28:16
113	491	Francisco REVILLA GARCIA	VAM	GYMPEOPLE	2:59:36	3:27:59	0:28:23
114	195	Alberto DE LA CALLE GALLARDO	ABM	AMURRIO TRAIL TALDEA	3:01:46	3:30:09	0:28:23
115	381	Pablo FREIRE CASTRO	VAM	CN LANGOSTEIRA	3:02:53	3:31:18	0:28:25
116	414	Anibal SANCHEZ GONZALEZ	ABM	INDIVIDUAL	3:02:58	3:31:23	0:28:25
117	349	Noel CRAINE	VBM	ERYRI HARRIERS	2:50:53	3:19:25	0:28:32
118	111	Javier CAUREL CARRERA	ABM	RADIKAL BIERZO	2:53:23	3:21:56	0:28:33
119	426	Jose BONITO FERNANDEZ	ABM	INDIVIDUAL	2:47:39	3:16:13	0:28:34
120	502	Andre CASTRO	VAM	DESNIVEL POSITIVO	3:01:03	3:29:40	0:28:37
121	17	Jesus ZAPICO RICAURTE	ABM	GM REINOASTUR	3:01:22	3:30:06	0:28:44
122	312	Manuel Angel DE LLANO DE LA MATA	ABM	INDEPENDIENTE	3:00:29	3:29:27	0:28:58
123	140	Victor LOBATO SUAREZ	ABM	CLUB MARATON BENAVIDES	2:51:56	3:20:56	0:29:00
124	95	Ramiro PERNA IZQUIERDO	VAM	RUNNING PRIEGO CEMPRI	2:45:35	3:14:36	0:29:01
125	202	Alberto PAREDES PAREDES	ABM	INDEPENDIENTE	2:37:52	3:06:56	0:29:04
126	120	Victorino GARCIA VILLA	ABM	CUMBRES DE LEON	2:50:24	3:19:28	0:29:04
127	384	Pablo RAMOS SUAREZ	ABM	TEAM OBAYA	3:17:21	3:46:26	0:29:05
128	229	Fernando ALVAREZ GALLEG0	ABM	CM DESERT AMUNT	3:06:03	3:35:14	0:29:11
129	348	Luis Alfonso MARTINEZ MUELA	ABM	TRASIERRA TRAIL	2:38:17	3:07:30	0:29:13
130	214	Juan BULNES SANCHEZ	VAM	GM PICU PIENZU	2:53:21	3:22:37	0:29:16
131	108	David BARREIRO CADENAS	ABM	CLUB ALPINO BERCIANO	3:09:19	3:38:35	0:29:16
132	147	Kyke GONZALEZ MONGES	ABM	CASA FITO CHIMICHE	2:58:35	3:28:03	0:29:28
133	33	Valentin PEREZ CUADRADO	ABM	FONTE DA TRAVE	3:00:24	3:29:52	0:29:28
134	310	Rafael PERALTA MARQUEZ	ABM	GM CUMBRE LLANGREU	2:54:32	3:24:01	0:29:29
135	303	Ruben RIVERO FERNANDEZ	ABM	ARTARRAI MENDI ELKARTEA	3:00:14	3:29:45	0:29:31
136	75	Ruben RODRIGUEZ ESTEVEZ	ABM	COUTADAS TRAIL TEAM	3:09:01	3:38:32	0:29:31
137	9	Jose Carlos RODRIGUEZ TERRON	VAM	INTELLIGENT INTERVAL PONFERRAD	3:00:23	3:30:01	0:29:38
138	26	Ramon RODRIGUEZ GONZALEZ	VAM	KORPOREARENTEIRO TRAIL	2:51:52	3:21:32	0:29:40
139	247	Oscar ANDRES SUAREZ	VAM	LOTERIAS JAVIER CIÑERA	3:01:43	3:31:25	0:29:42
140	273	Juan Jose PEREZ MELIDA	VAM	ENPHORMA TRIATLON SAN AGUSTIN	2:48:37	3:18:21	0:29:44
141	41	Miguel Angel GARNELO MARTINEZ	ABM	TITANES DEL SIL	3:02:13	3:31:57	0:29:44
142	64	Alberto MORLAN OTERO	ABM	CLUB ATLETISMO SADA MONTAÑA	3:17:31	3:47:19	0:29:48
143	492	Manuel GUTIERREZ ALCALA	VAM	SENDERISMO JOVEN MADRID	3:20:29	3:50:17	0:29:48
144	66	Roberto MAGAZ VARA	ABM	TEAM BOTILLOS	3:00:27	3:30:18	0:29:51
145	42	Juan Luis SANCHEZ GONZALEZ	ABM	INDEPENDIENTE	3:25:36	3:55:27	0:29:51
146	260	Hugo GARCIA CUETO	ABM	INDIVIDUAL	3:19:09	3:49:04	0:29:55
147	164	Borja LAGO NODAR	ABM	AD JARNACHAS	3:23:55	3:53:50	0:29:55
148	308	Javier IGLESIAS SANCHEZ	ABM	SALAMANCA RAIDS TRAILS RUNNERS	3:19:07	3:49:03	0:29:56
149	135	Alfredo ALCANTARA LORENZO	VAM	COUTADAS TRAIL TEAM	3:08:59	3:38:58	0:29:59
150	32	Marcos VAZQUEZ	ABM	KALENTADASTRAILRUNNING	3:05:49	3:35:49	0:30:00

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Pto	Dor	NOMBRE APELLIDOS	CAT	CLUB	LA BRAÑA	PICO NEGRO	TIEMPO
151	176	Alejandro MARTINEZ VARELA	ABM	AD JARNACHAS	3:04:32	3:34:35	0:30:03
152	336	Javier GOMEZ PRADA	ABM	LA LEBRELA	3:08:42	3:38:45	0:30:03
153	257	Daniel PASTUR IGLESIAS	ABM	TRAIL RUNNING FONSGRADA	2:58:30	3:28:36	0:30:06
154	226	Julio ALVAREZ ESTEVEZ	ABM	RUNNING SPORT TRAIL	3:17:14	3:47:26	0:30:12
155	184	Jose Manuel VIDAL MARTINEZ	VAM	SIN RECORTES	3:08:00	3:38:14	0:30:14
156	90	Jesus Enrique REY SOUTO	VAM	CLUBE ATLETISMO BOIMORTO	3:10:28	3:40:43	0:30:15
157	377	Romeu GOUVEIA	ABM	SALOMON SUUNTO PORTUGAL	3:17:10	3:47:28	0:30:18
158	479	Diogo SOARES DA COSTA ALMEIDA	ABM	INDEPENDIENTE	3:16:54	3:47:13	0:30:19
159	22	Tito BORRAJO GRANDE	ABM	INDEPENDIENTE	3:17:11	3:47:30	0:30:19
160	205	Antonio GONZALEZ FERNANDEZ	VBM	ASOCIACION DEPORTIVA MOAL	2:53:05	3:23:25	0:30:20
161	186	Marco Antonio SAN JUAN GARCIA	VAM	GM REINOASTUR	3:19:12	3:49:32	0:30:20
162	213	Javier CASADO GARCIA	ABM	INDIVIDUAL	3:08:18	3:38:41	0:30:23
163	366	Anxo Manuel FERNANDEZ SABORIDO	ABM	TANINOS RUNNERS PONTEAREAS	2:57:44	3:28:08	0:30:24
164	48	Angel ALVARO BAYON	ABM	INDIVIDUAL	3:24:47	3:55:12	0:30:25
165	157	Adrian CAUREL SASTRE	ABM	CLUB ALPINO BERCIANO	3:16:57	3:47:24	0:30:27
166	46	Adrian BENAVIDES CABEZAS	ABM	INDIVIDUAL	3:11:55	3:42:26	0:30:31
167	62	Daniel FERNANDEZ NUÑEZ	ABM	INDIVIDUAL	3:19:13	3:49:46	0:30:33
168	341	Juan Jose ESCUREDO FERREIRO	VBM	BIERZOTODODEPORTE	3:06:01	3:36:38	0:30:37
169	435	Victor CARBAJO CARRETE	ABM	GAS NATURAL FENOSA	3:17:02	3:47:40	0:30:38
170	490	Jose Antonio MOYA ALONSO	VAM	TRAILXTREM TEAM	3:15:51	3:46:30	0:30:39
171	39	Juan Mari YANDIOLA IDIRIN	ABM	GOIKOGANE MENDI TALDEA	3:15:53	3:46:32	0:30:39
172	322	Roberto MENDEZ CUADRADO	ABM	INDIVIDUAL	2:55:42	3:26:27	0:30:45
173	418	Ruben ALVAREZ DEL CASTILLO	ABM	CLUB ALTO SIL	2:59:42	3:30:27	0:30:45
174	187	Marco VELUDO PIRES	ABM	ESCARAVELHOS TEAM	3:17:08	3:47:55	0:30:47
175	276	Alberto GONZALEZ HERRANZ	ABM	TRAILXTREM TEAM	3:03:50	3:34:41	0:30:51
176	228	Israel ROBLEDO ROBLEDO	VAM	G M LA ACEBEDA	3:19:30	3:50:24	0:30:54
177	240	Alejandro ROBLEDA CORRALES	ABM	INDIVIDUAL	3:00:41	3:31:38	0:30:57
178	94	Jose Maria ALVAREZ MORATIEL	VAM	INDIVIDUAL	3:04:49	3:35:47	0:30:58
179	248	Miguel MENDEZ DIAZ	ABM	INDIVIDUAL	3:06:22	3:37:22	0:31:00
180	221	David FERNANDEZ TABOADA	ABM	GALAICO TRAIL RUN GTR	3:31:29	4:02:30	0:31:01
181	223	Alvaro Vidal LOPEZ MANSO	VBM	CD ATLETISMO CARBONERO	3:12:30	3:43:32	0:31:02
182	154	Jose Miguel REDONDO ROBLEDO	VAM	GM PICU PIENZU	3:27:22	3:58:30	0:31:08
183	324	F. Javier DIAZ IBORRAS	VAM	CLUB AVIENTU	3:45:18	4:16:28	0:31:10
184	397	Ivan DOPAZO SARIEGO	VAM	CLUB TEAM OBAYA	3:17:29	3:48:45	0:31:16
185	398	Edward HARMER	VAM	INDIVIDUAL	3:07:46	3:39:03	0:31:17
186	288	Daniel FEIJOO PALLEIRO	ABM	JARNACHAS	3:05:59	3:37:19	0:31:20
187	304	Andres HIPOLITO REDONDO	VAM	INDIVIDUAL	3:05:58	3:37:26	0:31:28
188	71	Florentino DE LA VEGA SALAMANCA	VAM	INDIVIDUAL	3:06:48	3:38:20	0:31:32
189	367	Miguel NOTARIO	VAM	TRAILXTREM TEAM	3:23:00	3:54:33	0:31:33
190	434	Alberto SANCHEZ FERNANDEZ	ABM	GAS NATURAL FENOSA	3:17:25	3:49:01	0:31:36
191	307	Martin ROMERO RODRIGUEZ	ABM	AVIVA SPORT CLUB	3:17:06	3:48:47	0:31:41
192	337	Manuel Angel VAL CARRAL	ABM	INDIVIDUAL	3:03:56	3:35:42	0:31:46
193	138	Luis RODRIGUEZ NUÑEZ	VAM	CLUB ATLETISMO SADA	3:26:51	3:58:38	0:31:47
194	97	David GUILLEN DURAN	ABM	CLUB DE ATLETISMO BRIHUEGA	2:40:50	3:12:41	0:31:51
195	412	Julian RODRIGUEZ ASENSIO	VBM	CDM ALTO SIL	3:06:05	3:37:57	0:31:52
196	114	Carlos LOZANO FERNANDEZ	ABM	NEVADA PALENCIA	3:27:39	3:59:33	0:31:54
197	493	Manuel LOPEZ FELIPE	VAM	TODOVERTICAL V MONTAÑEROS ANO	3:30:27	4:02:21	0:31:54
198	139	Jaime DIEZ ENA	ABM	INDEPENDIENTE	3:19:05	3:51:04	0:31:59
199	167	Marcos PONCELAS	ABM	INDEPENDIENTE	3:28:48	4:00:47	0:31:59
200	345	Martin MARTINEZ CABEZAS	VAM	INDEPENDIENTE	3:25:51	3:57:53	0:32:02
201	235	Javier VAQUERO	VAM	ORKATZAK	3:19:17	3:51:20	0:32:03
202	85	Jorge Manuel GARCIA RODRIGUEZ	VAM	NOITEBRA	2:54:47	3:26:51	0:32:04
203	170	Jose Manuel MESIAS FERNANDEZ	VAM	INDEPENDIENTE	3:34:18	4:06:26	0:32:08
204	134	Miguel ORTIZ DOMINGUEZ	VAM	TROTADAS	3:03:34	3:35:44	0:32:10
205	98	Ignacio OTERO COMBARRO	VAM	INDIVIDUAL	3:27:27	3:59:38	0:32:11
206	180	David RODRIGUEZ FERNANDEZ	ABM	DEPORTES ML BLACK	3:35:38	4:07:50	0:32:12
207	153	Guillermo CAMPO CORTES	ABM	TRAGALPINOS	3:19:14	3:51:27	0:32:13
208	485	Dario ARES ALVAREZ	ABM	TRAILXTREM TEAM	3:32:22	4:04:45	0:32:23
209	183	Martin Emilio SARRIA HERAS	ABM	INDEPENDIENTE	3:45:52	4:18:15	0:32:23
210	68	Francisco Javier RIOS DELGADO	VAM	INDEPENDIENTE	3:42:07	4:14:32	0:32:25
211	144	Alejandro LAVEDAN MARTINEZ	ABM	GM CUMBRE LLANGREU	3:20:26	3:52:54	0:32:28

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Pto	Dor	NOMBRE APELLIDOS	CAT	CLUB	LA BRAÑA	PICO NEGRO	TIEMPO
212	427	Manuel MENDEZ GAVELA	ABM	CDM ALTO SIL	2:54:18	3:26:47	0:32:29
213	292	Alvaro GONZALEZ GOMEZ	ABM	INDEPENDIENTE	3:37:18	4:09:48	0:32:30
214	163	Salvador PRADAL GARCIA	VBM	INDEPENDIENTE	3:05:47	3:38:19	0:32:32
215	175	Carlos SAHELICES DIEZ	VBM	CUMBRES DE LEON	3:33:01	4:05:34	0:32:33
216	368	Eduardo HERAS CRISTOBAL	VAM	INDIVIDUAL	3:13:29	3:46:08	0:32:39
217	174	Ruben FERNANDEZ BERMUDEZ	VBM	INDIVIDUAL	3:21:35	3:54:14	0:32:39
218	126	Ruben OLMEDA SANZ	VAM	INDIVIDUAL	3:31:11	4:03:51	0:32:40
219	181	Ramon FLORIN MANCEBO	ABM	INDIVIDUAL	3:31:57	4:04:42	0:32:45
220	92	Christian ALVAREZ SOTO	ABM	CLUB AVIENTU	3:45:15	4:18:00	0:32:45
221	338	Luis CUERDO ARCE	ABM	INDIVIDUAL	2:55:37	3:28:23	0:32:46
222	109	Jose Antonio MUÑOZ GARCIA	VBM	RSEA PEÑALARA	3:32:58	4:05:49	0:32:51
223	47	Jose Manuel DE LA VILLA REQUEJO	VBM	INTERVAL PONFERRADA	3:32:34	4:05:27	0:32:53
224	82	Alberto ALARCON GARCIA	VAM	CLUB TRIATLON ONDARRETA ALCOR	3:29:00	4:01:56	0:32:56
225	279	David VAZQUEZ GARCIA	ABM	INDIVIDUAL	3:30:24	4:03:20	0:32:56
226	80	Senen GONZALEZ OTERO	ABM	SALCE CORRE	3:35:29	4:08:32	0:33:03
227	212	Fernando BATTANER MORENO	VAM	INDEPENDIENTE	3:41:14	4:14:23	0:33:09
228	462	Adrian RAMOS SANCHEZ	ABM	ESCUELA PUBLICA	3:40:18	4:13:30	0:33:12
229	87	Enrique GUTIERREZ VAZQUEZ	VAM	CARMARISQUEIRO	3:31:08	4:04:21	0:33:13
230	30	Roberto DIEGUEZ GONZALEZ	ABM	DANIELA TRAIL	3:05:55	3:39:09	0:33:14
231	296	Luis Angel ALVAREZ BODELON	VAM	INDEPENDIENTE	3:11:08	3:44:22	0:33:14
232	335	Vidal GAMONAL RODRIGUEZ	VAM	CACUENCADOLOMIA	3:28:13	4:01:29	0:33:16
233	459	Ramos MARIO	VBM	TOP TRAIL	4:01:43	4:35:05	0:33:22
234	131	Jose Maria FIGUEIRIDO FERNANDEZ	VAM	COUTADAS TRAIL TEAM	4:06:28	4:39:52	0:33:24
235	463	Sergio FERNANDEZCIEZA MARCOS	ABM	MTB RUNNERS LEON	3:43:02	4:16:31	0:33:29
236	484	Alberto PEREIRO GONZALEZ	ABM	COUTADAS TRAIL TEAM	4:06:30	4:39:59	0:33:29
237	7	Jose RODRIGUEZ QUINTAS	VBM	RUNNING SPORT TRAIL	3:21:26	3:54:57	0:33:31
238	360	Luis RAMOS VALE	ABM	GALLAECIA RAID	3:33:36	4:07:09	0:33:33
239	334	Ruben PERTEJO GUTIERREZ	VAM	MTB RUNNERS LEON	3:43:03	4:16:37	0:33:34
240	433	Pablo FEITO GARCIA	ABM	GAS NATURAL FENOSA	3:30:08	4:03:44	0:33:36
241	277	Jairo RONDA ORUVE	ABM	INDIVIDUAL	3:19:03	3:52:46	0:33:43
242	351	Victor PEREZ DE LA IGLESIA	ABM	INDEPENDIENTE	3:51:32	4:25:18	0:33:46
243	343	Manuel VAZQUEZ SUAREZ	VAM	COUTADAS TRAIL TEAM	3:40:57	4:14:44	0:33:47
244	258	Alberto GARCIA ENCINAS	ABM	INDIVIDUAL	3:31:55	4:05:47	0:33:52
245	339	Cristian VILLALBA ARENAS	ABM	INDIVIDUAL	3:31:52	4:05:48	0:33:56
246	122	Jose Maria FEITO HERRANZ	ABM	ESCUELA PUBLICA	3:53:30	4:27:26	0:33:56
247	91	Cesar ALCOBA GONZALEZ	ABM	INDEPENDIENTE	3:24:08	3:58:06	0:33:58
248	283	Pablo MARTINEZ ROSIQUE	ABM	CLUB DEPORTIVO RUNTRITON	3:35:52	4:09:56	0:34:04
249	442	Ruben ALVAREZ MARRON	ABM	CDM ALTO SIL	3:40:20	4:14:25	0:34:05
250	262	Marcos BAS FERNANDEZ	ABM	INDEPENDIENTE	3:31:26	4:05:32	0:34:06
251	142	Jose Ramon FERNANDEZ LOPEZ	VAM	CLUB MONTEPENARUBIA	3:42:59	4:17:06	0:34:07
252	45	Francisco Javier NIGORRA CARO	ABM	CLUB MONTEPENARUBIA RUNNING LU	3:41:49	4:15:58	0:34:09
253	478	Agustin RISUEÑO MARTIN	VBM	JARAMUGOS Y JUMENTOS	3:35:23	4:09:36	0:34:13
254	61	Jesus OBLANCA SANCHEZ	VAM	ALE	3:05:44	3:40:02	0:34:18
255	467	Jose Pedro ALVAREZ CASADO	ABM	INDIVIDUAL	3:24:09	3:58:28	0:34:19
256	290	Roberto CALVO BARRERO	ABM	INDIVIDUAL	3:37:47	4:12:07	0:34:20
257	383	Adolfo FERNANDEZ DOCASAR	VAM	RUNNING SPORT TRAIL OURENSE	3:12:56	3:47:17	0:34:21
258	379	Fernando CORDERO RODRIGUEZ	VAM	GM REINOASTUR	3:07:27	3:41:50	0:34:23
259	83	Lorenzo MENDEZ AVELLO	ABM	CN REMEROS DEL NAVIA	3:19:54	3:54:19	0:34:25
260	325	Jaime DIEZ AREAN	VAM	MONTAÑITOS	3:28:33	4:03:01	0:34:28
261	382	Daniel FIDALGO DIAZ	ABM	GM PEÑA MEA	3:13:43	3:48:13	0:34:30
262	57	Fernando LAGO CASTRO	VAM	COUTADAS TRAIL TEAM	3:24:50	3:59:25	0:34:35
263	100	Nacho ARES DIAZ	VAM	IBIZA RUNNERS	3:53:46	4:28:32	0:34:46
264	145	Sergio POUSADA CASAL	ABM	AD JARNACHAS	3:42:38	4:17:26	0:34:48
265	96	Baldo ROMERO MARQUEZ	VBM	RSEA PEÑALARA	3:24:44	3:59:36	0:34:52
266	10	Jose Luis BLAZQUEZ HERNANDEZ	VAM	INDEPENDIENTE	3:42:50	4:17:49	0:34:59
267	99	Manuel GONZALEZ NOVOA	VAM	BOIMORTO TRAIL	3:53:23	4:28:25	0:35:02
268	185	David FERNANDEZ GAUTE	ABM	INDIVIDUAL	3:27:12	4:02:16	0:35:04
269	476	Gustavo MARTINEZ GARCIA	VAM	INDEPENDIENTE	3:29:56	4:05:02	0:35:06
270	60	Guillermo FERNANDEZ DIAZ	VAM	GTR GALAICO TRAIL RUNNERS	3:45:50	4:21:01	0:35:11
271	54	Angel GOMEZ	VAM	GTR GALAICO TRAIL RUN	3:21:05	3:56:17	0:35:12
272	446	Luis Angel ALVAREZ PASTOR	ABM	ORKTATZAK	3:58:39	4:33:54	0:35:15

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Pto	Dor	NOMBRE APELLIDOS	CAT	CLUB	LA BRAÑA	PICO NEGRO	TIEMPO
273	416	Daniel BRULL RODRIGUEZ	ABM	BUSCAME EN LA CIMA	3:33:38	4:09:02	0:35:24
274	56	Antonio Manuel VILLA TORRES	VAM	TRAILXTREM TEAM	3:38:51	4:14:16	0:35:25
275	106	Bruno CARDAMAS FREIRE	ABM	BESTARRUZA TRINITY TRAIL	2:57:57	3:33:24	0:35:27
276	133	Alejandro GOMEZ SCHMIDTKE	VBM	INDEPENDIENTE	3:30:22	4:05:50	0:35:28
277	300	Anton ALVAREZ FORMOSO	VAM	INDEPENDIENTE	3:39:01	4:14:29	0:35:28
278	291	Javier HERVA MIGUEZ	ABM	CN LANGOSTEIRA	3:32:32	4:08:02	0:35:30
279	25	Luis Angel VILLAR ESMORIS	VAM	JARNACHAS	3:42:42	4:18:12	0:35:30
280	445	David ALVAREZ PASTOR	ABM	ORKATZAK	3:58:00	4:33:35	0:35:35
281	352	David IGLESIAS PEREZ	ABM	INDEPENDIENTE	4:08:36	4:44:14	0:35:38
282	354	Rogelio BLANCO GOMEZ	ABM	INDEPENDIENTE	4:08:30	4:44:10	0:35:40
283	309	Jose Antonio BARREALES PINTO	VAM	KALENTADAS TRAIL RNUUING	3:09:49	3:45:31	0:35:42
284	301	Fernando ALVAREZ ESCANCIANO	VAM	INDIVIDUAL	3:58:02	4:33:44	0:35:42
285	315	Enrique MATA RUIZ	VAM	CARBULA SPORT	4:02:33	4:38:18	0:35:45
286	333	Pedro BLANCO ALVAREZ	ABM	CDM ALTO SIL	3:43:22	4:19:08	0:35:46
287	189	Jorge CANCIO FERNANDEZ	ABM	AVIVA SPORT CLUB	3:28:41	4:04:31	0:35:50
288	130	Jesus VAZQUEZ MOREIRA	ABM	INDEPENDIENTE	3:51:42	4:27:36	0:35:54
289	355	Javier TORRES CRESPO	VBM	NAUTICO LANGOSTEIRA	3:36:48	4:12:43	0:35:55
290	51	Adolfo RIVERO	ABM	LEONES A LA CARRERA	4:06:00	4:42:03	0:36:03
291	227	Fernando ALVAREZ MARTINEZ	VAM	TRAPIES	3:32:26	4:08:30	0:36:04
292	216	Sergio RODRIGUEZ VAZQUEZ	ABM	AD JARNACHAS	3:25:27	4:01:32	0:36:05
293	74	Felipe LOPEZ PEREZ	VAM	CLUB ATLETISMO SADA MONTAÑA	3:42:43	4:18:50	0:36:07
294	65	Jose Antonio GALLARDO CANITROT	VAM	KORPORE ARENTEIRO TRAL	3:54:01	4:30:10	0:36:09
295	281	Eduardo DIAZ FERNANDEZ	ABM	CLUB TRIATLON GUADALAJARA	4:16:25	4:52:38	0:36:13
296	328	Fernando Antonio RUGERO GOMAR	VBM	CD RUTAS DEL BIERZO	4:09:54	4:46:10	0:36:16
297	266	Juan Alberto VILA RABUÑAL	ABM	INDEPENDIENTE	3:25:05	4:01:22	0:36:17
298	395	Jorge AGUADO ESTEBANEZ	ABM	RADIKAL BIERZO TEAM	3:36:28	4:12:45	0:36:17
299	357	Pablo HERRERO MARTIN	VAM	CCABLOKE	3:37:54	4:14:12	0:36:18
300	436	Joaquin GARCIA FERNANDEZ	VAM	GAS NATURAL FENOSA	3:35:01	4:11:23	0:36:22
301	450	Carlos CASTAÑEIRAS FOLGUERAL	VBM	INDIVIDUAL	4:09:44	4:46:07	0:36:23
302	244	Gabriel RODRIGUEZ GARCIA	ABM	EQUIPO VALDEON	3:57:58	4:34:24	0:36:26
303	119	Julian LEON ALVAREZ	ABM	HASTA LA CIMA NO PARES	3:57:01	4:33:32	0:36:31
304	376	Gaspar LUNA MANSILLA	VAM	RUNNING PARA TODOS	3:08:25	3:45:00	0:36:35
305	241	Ruben Nembra"" SOLIS CARBAJAL	VAM	GM REINOASTUR	3:37:43	4:14:21	0:36:38
306	504	Alfonso BELLIDO GONZALEZ	VAM	CDETM PEDREZUELA	3:51:36	4:28:16	0:36:40
307	391	Carlos GOMEZ MENDEZ	ABM	CDM ALTO SIL	3:25:15	4:02:00	0:36:45
308	103	Manuel VALEBONA REFOJOS	VAM	TRINORTHNOGASA	3:18:37	3:55:24	0:36:47
309	286	Manuel OTERO GOMEZ	VAM	NOSPORLIMIT	4:00:17	4:37:09	0:36:52
310	318	Alfonso RICO ENRIQUEZ	ABM	IATM	3:49:04	4:26:06	0:37:02
311	86	Jesus RODRIGUEZ MUÑIZ	ABM	CLUB SOCIAL ALCOA	3:45:05	4:22:13	0:37:08
312	252	Jesus CAÑO GONZALEZ	ABM	MTB RUNNERS LEON	3:51:14	4:28:24	0:37:10
313	319	Jesus CERRO PIRIS	ABM	IATM	3:48:33	4:25:46	0:37:13
314	201	Tomas BAÑOS GRANADO	VAM	PEDRADAS TEAM	4:07:42	4:44:55	0:37:13
315	8	Jose Manuel CRESPO RUBIO	VAM	INDIVIDUAL	3:28:31	4:05:52	0:37:21
316	393	Fernando CASTRILLO CARPINTERO	VAM	ULTRARUN	4:02:25	4:39:47	0:37:22
317	311	Rogelio PACIOS YAÑEZ	VBM	RUTAS DEL BIERZO	3:35:56	4:13:19	0:37:23
318	162	Marcos ALBA SARIO	ABM	GM REINOASTUR	3:47:47	4:25:12	0:37:25
319	52	Victor PARRILLA MARTIN	ABM	UNION DEPORTIVA VEGETARIANA	3:55:05	4:32:33	0:37:28
320	369	Adrian PEREZ ESTEBAN	ABM	CD ATLETISMO	3:47:43	4:25:14	0:37:31
321	359	Alberto PRIETO RIESCO	VAM	CLUB DEPORTIVO DE MONTAÑA BABI	4:10:23	4:47:56	0:37:33
322	58	Ruben ALVAREZ GONZALEZ	VAM	CLUB MARATON BENAVIDES	4:14:45	4:52:24	0:37:39
323	431	Cesar GONZALEZ GONZALEZ	VAM	INDIVIDUAL	3:19:22	3:57:05	0:37:43
324	489	Diego MUÑIZ GONZALEZMANJOYA	ABM	TEAM OBAYA	3:35:35	4:13:23	0:37:48
325	323	Francisco Manuel GONZALEZ FERNANDEZ	ABM	TELENO TRAIL	4:16:01	4:53:49	0:37:48
326	284	Isidoro MARTINEZ MARTIN	VAM	CD CASA DE ASTURIAS EN LEON	3:42:55	4:20:46	0:37:51
327	233	Fabio ARES FARPON	VAM	CD RADIKAL BIERZO TEAM	3:47:55	4:25:50	0:37:55
328	79	Enrique GAYOSO LLAMAS	VAM	MTB RUNNERS LEON	3:51:16	4:29:11	0:37:55
329	155	Roberto RODRIGUEZ ALDAO	VAM	ASOCIACION DEPORTIVA JARNACHA	4:06:33	4:45:08	0:38:35
330	472	David RAPOSO CALERO	VAM	SENDERISMO JOVEN MADRID	4:16:47	4:55:22	0:38:35
331	197	Roberto BRUGOS MARTINEZ	VAM	COYANZA TRAIL	3:28:39	4:07:15	0:38:36
332	256	Roberto GARCIA FERNANDEZ	VAM	GM REINOASTUR	3:53:17	4:31:54	0:38:37
333	408	Jose Ramon RODRIGO HERRERO	VAM	INDIVIDUAL	3:47:51	4:26:32	0:38:41

CARRERA ALTO SIL V. 8.6.4

20 Marzo 2016

Subida a Pico Negro

ABSOLUTA MASCULINA (389)

Pto	Dor	NOMBRE APELLIDOS	CAT	CLUB	LA BRAÑA	PICO NEGRO	TIEMPO
334	344	Jose ACEBO LOPEZ	ABM	INTELLIGENT INTERVAL PONFERRAD	3:57:54	4:36:35	0:38:41
335	259	Christian BRION MONTEJO	VAM	INDEPENDIENTE	3:54:41	4:33:23	0:38:42
336	14	Carlos ALFONSO ALVAREZ	VBM	ULTRASPORTTEAM	3:47:52	4:26:44	0:38:52
337	407	Tomas COBO DIAZCANO	VAM	BUSCAME EN LA CIMA	3:39:47	4:18:46	0:38:59
338	160	Miguel Angel VEGA ARIAS	VAM	BEER RUNNERS	3:18:57	3:58:01	0:39:04
339	280	Guillermo COELLO RODRIGUEZ	VBM	NORTH	3:41:13	4:20:17	0:39:04
340	332	Jesus Miguel UTRILLA BARROSO	VAM	INDIVIDUAL	3:54:26	4:33:30	0:39:04
341	182	Hugo GIRON CLEMENTE	ABM	INDEPENDIENTE	4:03:37	4:42:42	0:39:05
342	364	Raul DIEZ NESPRAL	ABM	INDEPENDIENTE	4:03:50	4:42:55	0:39:05
343	269	Andres MARTINEZ ARIAS	VAM	INDIVIDUAL	3:48:36	4:27:57	0:39:21
344	161	Marcos GARCIA CALLEJA	ABM	E M REINOASTUR	4:28:42	5:08:03	0:39:21
345	254	Jose Antonio POZO GONZALEZ	ABM	CUMBRES DE LEON	4:03:46	4:43:13	0:39:27
346	386	Diego GASCUEÑA LOPEZ	ABM	AVIVA	4:21:12	5:00:40	0:39:28
347	400	Manuel MARINA CONTRERAS	ABM	ENPHORMA TRIATLON SAN AGUSTIN	4:04:36	4:44:06	0:39:30
348	158	Jose GARCIA GARCIA	ABM	INDEPENDIENTE	3:43:33	4:23:16	0:39:43
349	234	Pedro GARCIA MERAYO	VAM	INDIVIDUAL	4:12:35	4:52:27	0:39:52
350	206	Alfredo LUCAS PABLO	VBM	BENICASSIM RUNNERS	4:05:18	4:45:30	0:40:12
351	327	Ubaldo VILA ANCA	VAM	INDEPENDIENTE	4:16:54	4:57:11	0:40:17
352	371	Rogelio RIVERO	ABM	LEONES A LA CARRERA	3:45:36	4:26:16	0:40:40
353	274	Marcelino FERNANDEZ PEREZ	VAM	XATOS DEL NALON	4:29:27	5:10:08	0:40:41
354	143	Antonio CARBAJO HERNANDEZ	ABM	INDIVIDUAL	3:47:29	4:28:21	0:40:52
355	59	Iago RIVAS DE LA IGLESIA	ABM	COUTADAS TRAIL TEAM	4:22:16	5:03:21	0:41:05
356	237	Angel Manuel CAAMAÑO GONZALEZ	ABM	TUMBA TOXOS TRAIL TEAM	4:37:14	5:18:25	0:41:11
357	127	Juan Jose PEREZ MANSILLA	ABM	BIERZORUNNERS MAMBA GYM	3:25:33	4:06:49	0:41:16
358	117	Ismael REDONDO VELASCO	ABM	INDEPENDIENTE	4:03:35	4:45:02	0:41:27
359	378	Carlos CORDERO RODRIGUEZ	ABM	GM REINOASTUR	3:28:26	4:10:06	0:41:40
360	439	Enrique VELASCO DELGADO	ABM	INDIVIDUAL	3:51:55	4:33:43	0:41:48
361	159	Joaquin CAÑIZARES FERRANDO	VAM	CUMBRES DE LEON	4:16:38	4:58:53	0:42:15
362	24	Antonio GUERREIRO PANTALEON	VAM	ATLETISMO RIAZOR CORUÑA	4:02:31	4:44:49	0:42:18
363	475	Manuel Jose MEIJOME SAA	ABM	GTR GALAICO TRAIL	4:29:03	5:11:32	0:42:29
364	194	Diego RUIZ CALLE	ABM	CUMBRES DE LEON	4:17:30	5:00:04	0:42:34
365	210	Jorge PUERTO GONZALEZ	VAM	INDEPENDIENTE	4:09:51	4:52:34	0:42:43
366	250	Iago LOPEZ POSSE	ABM	CLUB ATLETISMO SADA MONTAÑA	4:09:42	4:53:10	0:43:28
367	55	Higinio Lodario LERA FERNANDEZ	VAM	FORNELOS	4:29:31	5:13:22	0:43:51
368	249	Miguel VERGARA FREIRE	VAM	CLUB ATLETISMO SADA MONTAÑA	4:13:56	4:57:51	0:43:55
369	13	Simon ALLEN	VAM	RUTAS DEL BIERZO	4:23:13	5:07:29	0:44:16
370	272	Juan Jose FERNANDEZ PAZ	VAM	CLUB ATLETISMO SADA MONTAÑA	4:29:20	5:13:39	0:44:19
371	419	Miguel Angel VELASCO CORRAL	VAM	INDIVIDUAL	4:35:11	5:20:28	0:45:17
372	198	Javier REGUERA CAÑO	ABM	MEDIATICS RUNNING	4:27:45	5:13:15	0:45:30
373	362	Jorge Blanco Mar BLANCO MARTIÑO	ABM	TUMBA TOXOS TRAIL TEAM	4:37:22	5:23:02	0:45:40
374	481	Francisco Javier RODRIGUEZ AREOSA	ABM	INDEPENDIENTE	4:37:25	5:23:28	0:46:03
375	316	Carlos GARCIA ANTOLIN	VAM	INDIVIDUAL	4:26:27	5:12:40	0:46:13
376	165	Antonio PRADO GARCIA	VAM	INDEPENDIENTE	4:21:53	5:08:13	0:46:20
377	11	Elias ALFONSO ALVAREZ	VAM	ULTRASPORTTEAM	4:29:25	5:15:54	0:46:29
378	200	Juan Jose PRIETO BARRIENTOS	VAM	MEDIATICS RUNNING	4:27:48	5:14:26	0:46:38
379	118	Jose CAÑETE DIAZ	VAM	CARBULA SPORT	4:31:44	5:18:56	0:47:12
380	305	Miguel Jose NASSER PUGA	ABM	GM CUMBRE LLANGREU	4:31:03	5:19:08	0:48:05
381	444	Pedro MARRON MARTINEZ	VBM	INDIVIDUAL	4:31:39	5:23:19	0:51:40
	253	Victor Javier CANALES GOMEZ	ABM	CLUB DEPORTIVO RUNTRITON	3:35:49		n.p.
	271	Alejandro SANTOS FUENTES	ABM	CD UNIVERSIDAD DE LEON	3:38:30		n.p.
	67	Rodrigo ACINAS MENA	ABM	CD TRAGALEGUASTRAGALPINOS			n.p.
	70	Daniel SOLARES MARTINEZ	VAM	CAFES TOSCAF GMEA			n.p.
	84	Javier HIDALGO VASCO	VAM	TODOVERTICAL V			n.p.
	380	Manuel PASTOR ORTIZ	VAM	INDEPENDIENTE			n.p.
	432	Santiago CASADO MONTERO	VAM	INDIVIDUAL			n.p.
	503	Oswaldo RIVERA RODRIGUEZ	ABM	CDM ALTO SIL			n.p.