

# Iberika Trail San Agustín del Guadalix 2023

15 Abril 2023

## CORTA - Orden de Llegada

### Finalizados (238)

Pto	Dor	NOMBRE y APELLIDOS	pº ABS	pº CAT	TIEMPO	CLUB	PENAL.	Control 1	Control 2	Control 3	Control 4	Control 5
1	432	Pablo GALLO BORDONS	1 ABM		0:53:51	Todovertical V+			0:19:34	0:23:15	0:33:11	0:41:42
2	470	Pedro RUIGOMEZ LOBATO	2 ABM		0:55:38	Azucena Diaz Running Club		0:14:21	0:20:41	0:24:29	0:34:25	0:42:58
3	650	Raul TARACENA DE LAS HERAS	3 ABM		0:56:16	Independiente		0:14:13	0:20:29	0:24:03	0:34:18	0:43:24
4	668	Sergio ORTEGA CAMARERO	4 ABM		0:56:46	T-trail T-center		0:14:51	0:21:09	0:24:33	0:34:52	0:43:57
5	425	Juan Carlos SANTOS SERRANO	5 ABM	1 VAM	0:57:36	Individual		0:14:27	0:20:37	0:24:27	0:35:10	0:44:18
6	628	Santiago BALLESTERO COGOLLOS	6 ABM	2 VAM	0:59:00	Individual		0:14:39	0:21:04	0:24:58	0:35:45	0:45:45
7	514	Miguel MENDOZA IGLESIAS	7 ABM	3 VAM	0:59:16	Individual		0:15:15	0:21:52	0:25:37	0:36:36	0:46:12
8	475	Jose Angel NAVAS QUINTERO	8 ABM	1 VBM	0:59:50	Castillo De La Mota		0:14:59	0:21:34	0:25:38	0:36:39	0:46:10
9	549	Daniel COLLANTES LOA	9 ABM	1 CDM	1:01:17	A.a Mostoles		0:14:54	0:21:31	0:26:29	0:38:46	0:48:02
10	402	Domingo VERA LOPEZ	10 ABM	4 VAM	1:01:53	Individual		0:16:02	0:22:52	0:27:10	0:38:41	0:48:11
11	667	Borja YLLERA	11 ABM	2 CDM	1:02:27	Individual		0:14:57	0:21:33	0:25:35	0:37:26	0:48:03
12	512	Eduardo HEBRERO GOMEZ	12 ABM	2 VBM	1:02:55	Individual		0:15:37	0:22:39	0:27:05	0:38:56	0:48:50
13	671	Antonio GONZÁLEZ MAHILLO	13 ABM	5 VAM	1:03:00	Todovertical V+		0:15:39	0:22:32	0:26:56	0:38:27	0:48:44
14	663	Andres LOPEZ VALERO	14 ABM	6 VAM	1:03:22	Evolution Real Training		0:16:33	0:23:39	0:28:14	0:40:08	0:49:56
15	541	Jose Antonio RODRIGUEZ QUERENCIA	15 ABM	7 VAM	1:03:27	Trailcantos		0:15:22	0:22:35	0:27:31	0:40:23	0:49:58
16	445	Juan Manuel PRADO CAPILLA	16 ABM	8 VAM	1:03:43	Enphorma Triatlon San Agustin		0:15:54	0:23:06	0:27:36	0:39:07	0:49:40
17	583	Hugo BAENA JIMENEZ	17 ABM	9 VAM	1:03:51	Cronos Villaviciosa		0:15:56	0:22:55	0:27:22	0:39:15	0:49:44
18	547	Mariano GONZALEZ PEDRAZA	18 ABM	3 VBM	1:04:01	Trailcantos		0:15:49	0:22:51	0:27:09	0:39:09	0:49:49
19	566	Carlos DURAN FERNANDEZ	19 ABM	10 VAM	1:04:09	Individual		0:16:07	0:23:27	0:27:53	0:39:42	0:49:54
20	450	Jose Carlos CORREDERA RUBIO	20 ABM	11 VAM	1:04:10	Enphorma Triatlon San Agustin		0:15:44	0:22:43	0:27:08	0:39:28	0:49:59
21	586	Daniel RUEDA DUFORT	21 ABM		1:04:21	Individual		0:16:11	0:23:33	0:27:54	0:39:38	0:49:47
22	584	Ruben ORTEGA GUELL	22 ABM		1:05:02	Independiente		0:15:59	0:23:30	0:27:56	0:40:04	0:50:19
23	539	Ruben MORALES CAPON	23 ABM	12 VAM	1:05:05	Trailcantos		0:16:16	0:23:34	0:28:07	0:40:32	0:50:54
24	471	Victor Manuel CABAÑAS TORIBIO	24 ABM	13 VAM	1:05:10	24dopotdhkyd		0:16:28	0:23:38	0:28:09	0:40:21	0:50:49
25	639	Ruben RODRIGUEZ	25 ABM		1:05:17	Individual		0:16:01	0:23:20	0:28:06	0:40:16	0:50:51
26	636	Victor Manuel TELLEZ DOVAL	26 ABM		1:05:22	Individual		0:15:46	0:22:47	0:29:52	0:41:24	0:51:32
27	562	Agustin LANCHA GONZALEZ	27 ABM	4 VBM	1:05:32	Fondistas Toledanos		0:16:56	0:23:57	0:28:13	0:40:01	0:50:57
28	644	Manuel Angel GOMEZ HERNANDEZ	28 ABM	5 VBM	1:05:37	Individual		0:15:47	0:23:01	0:27:40	0:40:27	0:51:20
29	527	Pablo MARTINEZ MARTINEZ	29 ABM	14 VAM	1:05:42	Individual		0:16:38	0:23:41	0:28:11	0:40:25	0:51:04
30	431	Idafe REYES VILLALBA	30 ABM		1:06:00	Independiente		0:17:20	0:24:39	0:28:42	0:40:44	0:51:34
31	543	Elisabeth MORENO LORENZO	1 ABF	1 VAF	1:06:35	Trailcantos		0:17:03	0:24:28	0:29:03	0:41:14	0:51:59
32	500	Javier ALONSO CABRILLO	31 ABM	15 VAM	1:06:40	Club Triatlon 28300 Aranjuez		0:16:10	0:23:24	0:27:47	0:40:19	0:51:36
33	568	Alfonso MORENO GARCIA	32 ABM	16 VAM	1:06:55	Enphorma Triatlon San Agustin		0:16:54	0:24:21	0:28:41	0:41:12	0:52:31
34	554	Ruben CANDEL LOPEZ	33 ABM		1:07:05	Adidas Runners Madrid		0:16:51	0:24:23	0:29:09	0:41:33	0:52:21
35	449	Alejandro LOBO CALBACHO	34 ABM		1:07:23	Individual		0:16:18	0:23:36	0:28:08	0:40:52	0:52:02

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### Finalizados (238)

Pto	Dor	NOMBRE y APELLIDOS	pº ABS	pº CAT	TIEMPO	CLUB	PENAL.	Control 1	Control 2	Control 3	Control 4	Control 5
36	535	Miguel UCLES BERMEJO	35 ABM		1:07:28	Individual		0:15:42	0:22:28	0:30:21	0:43:07	0:53:15
37	595	Gonzalo ALVAREZ ROMAN	36 ABM	17 VAM	1:07:39	Individual		0:17:01	0:24:26	0:29:19	0:41:44	0:52:34
38	572	Iñigo ARREGUI FERNANDEZ	37 ABM		1:07:47	Individual		0:17:51	0:25:05	0:29:30	0:41:55	0:52:45
39	570	Evelio GIL CARDADOR	38 ABM		1:08:18	Evolution Real Training		0:16:59	0:24:38	0:29:06	0:41:57	0:53:16
40	545	Javier PELLUZ MUÑOZ	39 ABM		1:08:27	Individual		0:19:17	0:26:35	0:31:22	0:43:55	0:54:14
41	634	Juan Carlos RAMOS ALONSO	40 ABM		1:08:50	Independiente		0:17:10	0:24:44	0:29:13	0:42:34	0:53:34
42	645	Miguel PEÑALBA MOLDES	41 ABM	6 VBM	1:08:54	Cde Triatlon San Sebastian De		0:16:36	0:24:14	0:29:07	0:42:13	0:53:27
43	437	Oscar MARAÑON SANCHEZ	42 ABM	7 VBM	1:08:58	Independiente		0:18:12	0:25:47	0:30:33	0:43:18	0:54:09
44	661	Joan FIGUEROA BENAVIDES	43 ABM		1:09:42	T-trail T-center		0:17:18	0:25:01	0:29:10	0:42:16	0:54:12
45	467	Alejandro BRAVO FERNANDEZ	44 ABM	18 VAM	1:09:51	Individual		0:17:34	0:25:17	0:30:20	0:43:57	0:55:05
46	494	Arturo DOMERCQ ALCAIDE	45 ABM	19 VAM	1:09:54	Club Corredores		0:19:15	0:26:45	0:31:17	0:43:52	0:54:51
47	479	Alfredo FERNANDEZ GARCIA	46 ABM	20 VAM	1:10:01	Individual		0:17:30	0:25:12	0:29:58	0:43:10	0:54:34
48	458	Francisco Javier MATARRANZ	47 ABM		1:10:06	Individual		0:18:15	0:26:12	0:31:20	0:44:26	0:55:20
49	596	Rodrigo CALVO PASCUAL	48 ABM		1:10:10	Individual		0:17:59	0:25:53	0:30:37	0:43:26	0:54:44
50	657	Daniel MONTERO BRAGADO	49 ABM		1:10:53	Individual		0:18:04	0:25:49	0:30:58	0:44:24	0:55:25
51	524	Mario PASTOR MARTIN	50 ABM	21 VAM	1:11:27	Individual		0:19:00	0:26:33	0:31:06	0:43:50	0:55:27
52	521	Daniel GUTIERREZ COLINA	51 ABM		1:11:30	Individual		0:17:42	0:25:32	0:30:46	0:44:01	0:55:34
53	653	Eva TEMPLADO MILLAN	2 ABF	2 VAF	1:11:47	Individual		0:18:28	0:26:18	0:31:10	0:44:36	0:56:00
54	588	Enrique RODERO ALBA	52 ABM	22 VAM	1:11:50	Individual		0:18:07	0:25:46	0:30:32	0:43:54	0:56:04
55	620	Carlos GONZALEZ JIMENEZ	53 ABM	23 VAM	1:12:12	Individual		0:16:46	0:24:42	0:29:28	0:43:38	0:56:26
56	631	Roberto GARCIA ROSADO	54 ABM		1:12:23	Enphorma Triatlon San Agustin		0:17:06	0:24:54	0:29:47	0:43:32	0:56:13
57	616	Jorge RENGEL MORONTA	55 ABM		1:12:38	Individual		0:18:33	0:26:20	0:31:00	0:44:33	0:56:38
58	436	Francisco VILELA SANCHEZ	56 ABM	8 VBM	1:12:48	Club Corredores		0:17:56	0:25:58	0:30:52	0:44:17	0:56:44
59	555	Cristian MARTIN MOLINA-PRADOS	57 ABM		1:13:11	Individual		0:17:46	0:25:56	0:31:04	0:44:49	0:56:57
60	577	Eduardo ESTEVEZ MARTIN	58 ABM	9 VBM	1:13:18	Activa.t Sports		0:18:47	0:26:32	0:31:29	0:44:47	0:57:01
61	578	Alberto FERNANDEZ JIMENEZ	59 ABM	24 VAM	1:13:39	Individual		0:17:17	0:25:02	0:30:17	0:44:52	0:55:48
62	444	Raul LOPEZ BENITO	60 ABM		1:14:37	Individual		0:17:44	0:25:27	0:30:35	0:45:05	0:57:36
63	626	Daniel Leslie MARTINEZ	61 ABM	25 VAM	1:14:40	Tronchajaras		0:19:33	0:28:27	0:32:50	0:46:41	0:59:02
64	552	Lorenzo PITINO	62 ABM		1:14:43	T-trail T-center		0:20:11	0:28:01	0:33:50	0:48:26	0:59:58
65	622	Xavier DELALANDE	63 ABM		1:15:14	Individual		0:18:49	0:26:38	0:32:23	0:46:32	0:58:02
66	624	Pablo PELLUZ MAS	64 ABM	26 VAM	1:15:20	Individual		0:19:01	0:26:54	0:33:13	0:47:31	0:59:05
67	623	Enrique PELLUZ MAS	65 ABM		1:15:23	Individual		0:19:06	0:26:53	0:33:11	0:47:33	0:59:08
68	423	Jacobo NIETO CAMPUZANO	66 ABM	27 VAM	1:15:27	Independiente		0:20:07	0:28:25	0:32:57	0:46:58	0:59:10
69	417	Pedro GRANERO MORALES	67 ABM		1:15:38	Individual		0:21:11	0:28:58	0:34:03	0:48:57	1:00:27
70	478	Hector BARRUECO GONZALEZ	68 ABM		1:15:50	Cd Zamora Corre-adarsa		0:19:08	0:27:32	0:33:07	0:48:35	1:00:29

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### Finalizados (238)

Pto	Dor	NOMBRE y APELLIDOS	pº ABS	pº CAT	TIEMPO	CLUB	PENAL.	Control 1	Control 2	Control 3	Control 4	Control 5
71	537	Daniel HERVAS MARTINEZ	69	ABM	1:15:56	Individual		0:21:04	0:29:01	0:34:06	0:49:04	1:00:31
72	496	Francisco REDONDO RECIO	70	ABM	1:16:23	Individual		0:19:59	0:27:52	0:33:20	0:48:30	1:00:22
73	652	Miguel MARTIN DE FRUTOS	71	ABM	1:16:30	C.a. El Casar		0:20:14	0:28:02	0:33:52	0:48:00	1:00:07
74	648	Ruben NIELSEN MARTIN	72	ABM	1:16:35	Individual		0:18:32	0:26:48	0:33:06	0:48:04	1:00:37
75	659	Franck LAFFONT	73	ABM	1:16:40	Individual		0:19:14	0:27:34	0:32:55	0:47:23	1:00:06
76	509	Ignacio GORDILLO HIDALGO	74	ABM	1:16:44	Individual		0:19:10	0:27:44	0:32:53	0:47:16	0:59:55
77	638	Alba LAMBAS DIAZ	3	ABF	1:16:48	Individual		0:19:18	0:27:42	0:32:47	0:47:20	0:59:47
78	433	Diana ALONSO SANZ	4	ABF	1:16:51	T-trail T-center		0:18:51	0:26:36	0:33:17	0:49:05	1:00:30
79	643	Enrique BAZAGA VILLAMOR	75	ABM	1:16:59	Individual		0:17:54	0:26:25	0:33:04	0:48:42	1:00:43
80	464	Carlos Borja COLLADO CAMACHO	76	ABM	1:18:04	Individual		0:18:39	0:27:29	0:32:44	0:47:52	1:00:39
81	515	Jose Luis ARROYO LIZONDO	77	ABM	1:18:14	Individual		0:20:16	0:28:22	0:34:01	0:50:06	1:02:10
82	446	Isthar CHAVEZ GARCIA	5	ABF	1:18:29	Individual		0:18:01	0:26:16	0:33:03	0:48:28	1:00:52
83	600	Antonio GALERA	78	ABM	1:18:54	Individual		0:19:03	0:27:11	0:33:09	0:49:00	1:02:06
84	575	David AGUILAR	79	ABM	1:18:59	Dehesa De La Villa		0:19:04	0:27:36	0:33:08	0:49:02	1:02:04
85	519	Javier MONTORO CARRASCO	80	ABM	1:19:08	Individual		0:19:50	0:27:58	0:33:10	0:49:07	1:01:40
86	501	Hugo TEMPLADO ARRANZ	81	ABM	1:19:19	Club Corredores		0:17:15	0:25:19	0:32:56	0:49:41	1:01:59
87	669	Andrea DE PAZ PEREZ	6	ABF	1:19:30	Individual		0:19:22	0:27:51	0:33:58	0:49:59	1:02:13
88	419	Jose Antonio AYLLON CORDOBA	82	ABM	1:19:32	Grupo Montaña Csic		0:19:39	0:28:00	0:33:59	0:49:11	1:02:17
89	617	Carlos GARCIA ONRUBIA	83	ABM	1:19:36	Dlc Trail Team		0:18:41	0:26:51	0:32:52	0:48:32	1:01:45
90	516	Antonio GARZON LOPEZ	84	ABM	1:19:56	Sport Running Club		0:20:13	0:28:50	0:35:13	0:51:14	1:02:56
91	609	Jorge Luis SANDOVAL	85	ABM	1:19:57	Trailcantos		0:18:54	0:27:00	0:33:14	0:49:14	1:02:07
92	529	Urko PELAYO VICENTE	86	ABM	1:20:27	Individual		0:21:45	0:29:32	0:35:23	0:51:09	1:03:20
93	597	Jose Manuel ABRIL BENAVIDES	87	ABM	1:20:54	Club Corredores		0:20:57	0:29:15	0:35:21	0:51:35	1:04:02
94	469	Jorge GARCIA-SERNA GARCIA	88	ABM	1:20:57	Individual		0:18:56	0:27:27	0:33:18	0:50:27	1:03:24
95	538	Sandra TEJADO BRAVO	7	ABF	1:21:17	Individual		0:21:16	0:29:59	0:35:49	0:51:05	1:04:04
96	598	Guillermo PASCUAL SERRANO	89	ABM	1:21:20	Individual		0:20:55	0:29:17	0:35:19	0:51:32	1:04:05
97	569	Africa MUÑOZ MENENDEZ	8	ABF	1:21:33	Enphorma Triatlon San Agustin		0:20:01	0:28:29	0:34:43	0:51:16	1:04:11
98	593	Jorge BELEÑA	90	ABM	1:21:35	Evolution Real Training		0:19:28	0:28:33	0:34:00	0:50:08	1:04:24
99	666	David PRIETO DIAZ	91	ABM	1:21:41	Individual		0:18:58	0:27:49	0:33:51	0:49:57	1:03:59
100	664	Juan Jesus OCAÑA ARANZUEQUE	92	ABM	1:21:55	Individual		0:20:47	0:30:00	0:35:22	0:52:28	1:05:09
101	424	Miguel CANOVAS PASCUAL	93	ABM	1:22:18	Individual		0:21:00	0:29:40	0:35:50	0:51:25	1:04:20
102	594	Jose Manuel FERNANDEZ MARTINEZ	94	ABM	1:22:22	Go Fit Peñagrande		0:20:45	0:29:21	0:36:17	0:52:53	1:04:57
103	502	Delia LANCHO MEDINA	9	ABF	1:23:03	Club Deportivo Jerte		0:20:24	0:28:47	0:34:05	0:50:01	1:04:46
104	615	Miguel Angel GUTIERREZ CHAPINAL	95	ABM	1:23:07	Runner's De Bohoyo		0:19:46	0:28:43	0:34:49	0:51:27	1:04:51
105	415	Pedro Luis ROJAS SANCHEZ	96	ABM	1:23:13	Individual		0:20:26	0:28:56	0:35:18	0:51:59	1:05:12

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Pto	Dor	NOMBRE y APELLIDOS	pº ABS	pº CAT	TIEMPO	CLUB	PENAL.	Control 1	Control 2	Control 3	Control 4	Control 5
106	670	Almudena SANTOS ARROYO	10 ABF	1 VBF	1:23:16	Individual		0:20:18	0:28:57	0:35:17	0:51:58	1:05:23
107	434	Elvira BLANES APARICIO	11 ABF	2 VBF	1:23:18	Individual		0:21:08	0:29:54	0:35:46	0:52:05	1:05:30
108	413	Jose Antonio SARDINERO PENA	97 ABM	36 VAM	1:23:23	Independiente		0:21:19	0:29:55	0:35:54	0:51:23	1:05:18
109	544	Jose Eliseo DIAZ FERNANDEZ	98 ABM	37 VAM	1:23:29	Individual		0:22:57	0:31:54	0:37:02	0:52:14	1:05:27
110	640	Sergio JURADO MUNERA	99 ABM	38 VAM	1:23:37	Individual		0:17:48	0:27:19	0:33:16	0:52:49	1:05:41
111	658	Maria Dolores SANCHEZ FUENTES	12 ABF	8 VAF	1:23:42	Enphorma Triatlon San Agustin		0:19:13	0:28:12	0:36:27	0:53:39	1:06:08
112	581	Diego DEL VALLE PEREZ	100 ABM		1:23:44	Azucena Diaz Running Club		0:21:06	0:30:03	0:36:37	0:53:02	1:06:12
113	499	Jose Maria LORENZO BUESO	101 ABM	17 VBM	1:23:45	Running Clan		0:22:36	0:31:52	0:38:54	0:55:15	1:07:06
114	452	Juan Carlos CORBI CALERO	102 ABM	18 VBM	1:23:49	Hashimoto		0:20:59	0:30:02	0:36:25	0:52:12	1:06:04
115	611	Ana BROX BARTOLOME	13 ABF	9 VAF	1:24:06	Independiente		0:22:06	0:30:34	0:36:26	0:51:44	1:05:25
116	612	Eduardo JIMENEZ GONZALEZ	103 ABM	19 VBM	1:24:08	Individual		0:22:07	0:30:27	0:36:19	0:51:46	1:04:49
117	421	Fran GARRIDO GUZMAN	104 ABM	39 VAM	1:24:24	Individual		0:20:05	0:28:46	0:35:15	0:52:02	1:05:53
118	485	Jose SANGUINO MARTINEZ	105 ABM		1:24:27	Individual		0:20:43	0:28:54	0:34:02	0:50:10	1:04:01
119	422	Maria MERINO GOMEZ	14 ABF		1:24:38	Individual		0:20:04	0:28:45	0:35:14	0:52:01	1:05:52
120	171	Ashkan NERUSANGY	106 ABM	40 VAM	1:25:11	Individual			0:29:57	0:36:23	0:53:32	1:06:55
121	607	Ignacio AGUILAR MARTIN	107 ABM		1:25:13	Individual		0:21:29	0:30:57	0:39:05	0:55:40	1:10:33
122	546	Isabel MARTINEZ GASCO	15 ABF	10 VAF	1:25:44	Trailcantos		0:19:11	0:27:56	0:33:56	0:50:11	1:03:07
123	412	Pedro PUENTE	108 ABM	41 VAM	1:26:03	Individual		0:21:53	0:30:45	0:36:47	0:53:24	1:07:46
124	435	Juan Jose LOPEZ PAIVAR	109 ABM	42 VAM	1:26:05	Individual		0:21:57	0:30:47	0:36:46	0:53:25	1:07:45
125	476	Miguel CABRILLO GOMEZ	110 ABM	43 VAM	1:26:10	Individual		0:21:18	0:30:12	0:37:34	0:54:48	1:08:16
126	474	Jorge GARCIA LOPEZ	111 ABM	44 VAM	1:26:21	Individual		0:21:48	0:31:02	0:36:57	0:53:38	1:07:51
127	495	Juanito DE HOYOS	112 ABM		1:27:07	Individual		0:21:23	0:30:39	0:36:40	0:53:36	1:07:42
128	513	Enrique GARCIA DIAZ	113 ABM	45 VAM	1:27:26	Individual		0:21:14	0:30:25	0:36:59	0:54:42	1:08:54
129	461	Ana GONZALEZ VAZQUEZ	16 ABF	3 VBF	1:27:30	Independiente		0:22:09	0:31:15	0:37:29	0:54:10	1:07:57
130	522	Esperanza SACRISTAN OLIVERI	17 ABF		1:28:02	Individual		0:20:54	0:30:10	0:38:04	0:55:46	1:09:17
131	427	Ricardo BARBERO SIERRA	114 ABM	20 VBM	1:28:05	Individual		0:22:38	0:32:46	0:41:16	0:56:29	1:09:54
132	418	Ramon FLORES ROMO	115 ABM	46 VAM	1:28:09	Individual		0:20:20	0:29:25	0:35:53	0:53:29	1:08:00
133	665	Jose Luis ROLDAN LOPEZ	116 ABM		1:28:36	Individual		0:22:23	0:31:44	0:38:11	0:55:16	1:09:01
134	563	David HERNANDEZ BERMEJO	117 ABM	47 VAM	1:28:53	Mt3 Madrid Trail		0:22:30	0:32:13	0:40:58	0:59:08	1:11:50
135	608	Adrian MARROQUIN ALONSO	118 ABM		1:29:14	Individual		0:21:35	0:31:12	0:39:04	0:55:44	1:10:45
136	401	Juan Miguel LLORENTE GARCIA	119 ABM	21 VBM	1:29:17	Individual		0:21:10	0:31:04	0:38:04	0:55:12	1:09:59
137	506	Raul SANCHEZ GIMON	120 ABM	48 VAM	1:29:22	Individual		0:21:38	0:31:27	0:38:06	0:55:06	1:09:42
138	468	Jose Luis FERNANDEZ RODRIGUEZ	121 ABM	49 VAM	1:29:28	L@s Chic@s Del Lago		0:22:00	0:31:29	0:38:01	0:55:13	1:09:47
139	442	Maria Magdalena MOYANO DE LA CRUZ	18 ABF		1:29:33	Individual		0:21:21	0:31:07	0:39:10	0:58:20	1:10:59
140	406	Susana ALBERDI GUTIERREZ	19 ABF	11 VAF	1:29:44	Running Clan		0:22:40	0:32:07	0:39:13	0:56:12	1:10:28

# Iberika Trail San Agustín del Guadalix 2023

15 Abril 2023

## CORTA - Orden de Llegada

### Finalizados (238)

Pto	Dor	NOMBRE y APELLIDOS	pº ABS	pº CAT	TIEMPO	CLUB	PENAL.	Control 1	Control 2	Control 3	Control 4	Control 5
141	629	Javier CHICO ZAMANILLO	122 ABM	50 VAM	1:29:49	Individual		0:21:25	0:31:21	0:38:46	0:57:26	1:11:47
142	491	Suzanne BAKKER	20 ABF		1:29:57	Individual		0:21:40	0:31:38	0:39:16	0:58:16	1:11:29
143	551	Yolanda GRANDE VILLANUEVA	21 ABF	12 VAF	1:30:02	T-trail T-center		0:21:59	0:31:16	0:37:10	0:54:05	1:09:20
144	561	Rosa Ana CARVAJAL PANIAGUA	22 ABF	13 VAF	1:30:08	Therion Running Club		0:21:13	0:30:14	0:37:27	0:55:03	1:10:02
145	530	Bruno Alejandro LIMA SILVA	123 ABM	51 VAM	1:30:23	Individual		0:23:12	0:32:11	0:38:48	0:55:09	1:10:30
146	511	Ignacio Jose DOMINGUEZ GONZALEZ	124 ABM	22 VBM	1:30:44	Individual		0:21:31	0:30:41	0:37:33	0:55:56	1:11:04
147	587	Alejandro SANCHEZ LAZARO	125 ABM	23 VBM	1:31:03	Individual		0:22:51	0:32:02	0:39:12	0:57:13	1:11:38
148	463	Michael STEARMAN	126 ABM	52 VAM	1:31:13	Club Corredores		0:21:26	0:31:09	0:38:10	0:58:44	1:12:32
149	621	Nicholas HAMPSHIRE	127 ABM		1:31:15	Individual		0:21:28	0:31:10	0:38:59	0:58:42	1:12:23
150	520	Javier MONTALVO GUITART	128 ABM	24 VBM	1:31:19	Activa.t Sports		0:22:34	0:32:21	0:39:54	0:58:15	1:12:30
151	486	Jaime GARCIA-MORATO REIMUNDE	129 ABM		1:31:22	Individual		0:22:19	0:32:05	0:40:52	0:58:23	1:12:17
152	589	Juan MARTIN GARCIA	130 ABM		1:31:29	Individual		0:22:04	0:31:36	0:39:01	0:58:08	1:12:14
153	590	Elena LAIN PIREZ	23 ABF	14 VAF	1:31:33	Individual		0:22:03	0:31:34	0:39:01	0:58:10	1:12:16
154	488	Julian MATEO CARO PERDOMO	131 ABM		1:31:54	Individual		0:20:31	0:30:05	0:38:07	0:56:39	1:10:50
155	473	Dalia ALONSO PEDREÑO	24 ABF	1 JNF	1:32:07	Lagartija Team		0:15:29	0:22:07	0:54:05	1:06:41	1:17:06
156	492	Alfredo BAKKER	132 ABM		1:32:12	Individual		0:21:36	0:31:37	0:39:14	0:58:18	1:11:27
157	559	Daniel SANCHEZ SAMPEDRANO	133 ABM	53 VAM	1:32:25	Individual		0:22:20	0:31:48	0:39:09	0:56:30	1:12:04
158	642	Jesus BARRIOS PEREZ	134 ABM	54 VAM	1:32:26	Individual		0:22:21	0:31:50	0:39:07	0:56:31	1:12:05
159	567	Pilar ESTRELLA PALOMARES	25 ABF	15 VAF	1:32:31	Mamifit		0:22:40	0:32:15	0:41:04	1:02:15	1:14:26
160	564	Sergio FORCELLEDO FERNANDEZ	135 ABM		1:32:34	Individual		0:22:37	0:32:14	0:41:07	1:02:17	1:14:28
161	451	Monica SANCHEZ RUBIA	26 ABF		1:32:37	Individual		0:23:03	0:32:53	0:40:54	0:59:01	1:13:52
162	556	Alejandro SANCHEZ JIMENEZ	136 ABM	55 VAM	1:33:09	Individual		0:22:42	0:32:44	0:41:37	0:59:32	1:13:47
163	523	Pablo PEREZ NEGUERUELA	137 ABM		1:33:19	Individual		0:18:37	0:28:04	0:34:48	0:52:44	1:07:49
164	443	Mario VELAZQUEZ MUÑOZ	138 ABM		1:33:28	Trailcantos		0:22:13	0:31:43	0:37:13	0:59:12	1:14:10
165	439	Sonia LOLO AIRA	27 ABF	16 VAF	1:33:32	Trailcantos		0:22:14	0:31:46	0:38:57	0:59:11	1:14:11
166	605	Oscar CAUMEL NICOLAS	139 ABM	56 VAM	1:33:35	Peña Ciclista Lute Anguita		0:22:44	0:32:58	0:41:56	1:05:05	1:17:17
167	441	Conchi SANZ FRIAS	28 ABF	4 VBF	1:33:46	Individual		0:22:26	0:32:30	0:41:11	1:00:01	1:14:08
168	440	Alfredo MARTIN GARCIA	140 ABM	25 VBM	1:33:51	Individual		0:22:24	0:32:26	0:41:14	0:59:58	1:13:56
169	536	Jesus SANCHEZ PEREZ	141 ABM		1:34:58	Individual		0:20:37	0:32:35	0:41:37	1:01:00	1:15:32
170	459	Delfi LOPEZ	29 ABF	17 VAF	1:35:15	Trailcantos		0:23:00	0:32:41	0:40:49	0:59:18	1:14:41
171	460	Adolfo ALVARO DELGADO	142 ABM	26 VBM	1:35:19	Trailcantos		0:22:53	0:32:40	0:40:47	0:59:21	1:14:34
172	447	Teresa ARANDA CALLEJA	30 ABF	18 VAF	1:35:30	Enphorma Triatlón San Agustín		0:21:50	0:31:39	0:39:20	1:00:10	1:15:05
173	534	Monica DEMETRIO MORALEDA	31 ABF	19 VAF	1:35:44	Independiente		0:22:55	0:32:48	0:41:41	1:03:58	1:17:00
174	540	Silvia MARTINEZ MARCOS	32 ABF		1:35:46	Potitos Alaparato		0:22:28	0:32:03	0:41:40	1:03:37	1:16:45
175	472	Sandra FERNANDEZ GARCIA	33 ABF	20 VAF	1:35:55	Individual		0:24:38	0:34:17	0:41:43	1:00:13	1:16:01



# Iberika Trail San Agustín del Guadalix 2023

15 Abril 2023

## CORTA - Orden de Llegada

### Finalizados (238)

Pto	Dor	NOMBRE y APELLIDOS	pº ABS	pº CAT	TIEMPO	CLUB	PENAL.	Control 1	Control 2	Control 3	Control 4	Control 5
176	649	Cristina GARCIA DEL VILLAR	34ABF	5VBF	1:37:39	Mt3 Madrid Trail		0:23:19	0:33:37	0:41:57	1:03:55	1:18:02
177	560	Valle NARANJO VALERO	35ABF	6VBF	1:37:55	Go Fit Peñagrande		0:21:33	0:31:33	0:41:38	1:05:58	1:19:28
178	662	Ainoa GARCIA MARTI	36ABF		1:38:15	Evolution Real Training		0:21:47	0:32:10	0:38:56	0:58:22	1:15:34
179	606	Carlos SCARPELLINI ROSELLO	143ABM	57VAM	1:39:04	La Balanza		0:24:17	0:34:45	0:43:24	1:05:06	1:19:33
180	405	Marta AGUSTI PALAZUELO	37ABF		1:39:08	Running Club Madrid		0:23:07	0:33:19	0:41:46	1:05:17	1:19:40
181	429	Esther LOPEZ HERNANDEZ	38ABF	21VAF	1:40:02	Laucala		0:22:31	0:32:37	0:41:08	1:04:11	1:19:30
182	428	Javier RODRIGUEZ COLLADO	144ABM	58VAM	1:40:05	Laucala		0:22:33	0:32:38	0:41:10	1:04:12	1:19:32
183	411	Iuliia OREL DERKACH	39ABF		1:41:04	Running Clan		0:24:11	0:34:10	0:41:53	1:06:33	1:20:52
184	618	Jose Luis ALCOCER SANCHEZ	145ABM	59VAM	1:42:07	Individual		0:22:58	0:33:14	0:41:44	1:06:32	1:21:57
185	619	Pablo ALONSO ALVAREZ	146ABM	60VAM	1:42:11	Individual		0:23:06	0:33:32	0:41:45	1:06:35	1:21:59
186	510	Gonzalo PEREZ-ESPEJO KRONER	147ABM	27VBM	1:42:29	Racers Legion Madrid		0:24:33	0:35:04	0:46:32	1:06:30	1:22:34
187	591	Susana VILCHES AGUIRRE	40ABF	7VBF	1:42:37	Club Corredores		0:24:09	0:34:47	0:45:06	1:07:29	1:22:01
188	408	Vanesa HALADZHOVA	41ABF		1:42:43	Running Clan		0:23:20	0:33:45	0:41:51	1:07:47	1:22:33
189	404	Marta MARTINEZ GOMEZ	42ABF	22VAF	1:43:02	Individual		0:23:22	0:33:43	0:41:59	1:07:31	1:22:26
190	477	Luis APARICIO	148ABM	61VAM	1:43:04	Individual		0:22:48	0:33:16	0:41:47	1:06:38	1:22:06
191	655	Almudena VIÑAS MAJADAS	43ABF		1:43:25	Evolution Real Training		0:19:57	0:30:21	0:40:56	1:08:33	1:23:18
192	654	Laura PERAL MARTIN	44ABF		1:43:26	Evolution Real Training		0:21:02	0:30:22	0:40:57	1:08:34	1:23:20
193	525	Rafael COBACHO CARBONERO	149ABM		1:45:05	Las Cabras Azules		0:23:01	0:33:41	0:43:22	1:08:17	1:24:09
194	407	Esperanza GARCIA ARIAS	45ABF	23VAF	1:45:09	Running Club Madrid		0:25:01	0:35:51	0:45:07	1:06:51	1:23:00
195	489	Ines CARRASCO	46ABF		1:45:14	Individual		0:23:38	0:33:54	0:43:26	1:10:33	1:25:02
196	574	Paula RODRIGUEZ	47ABF		1:46:45	Evolution Real Training		0:23:09	0:34:30	0:43:19	1:09:15	1:25:59
197	579	Vanessa PINERO TORNERO	48ABF	24VAF	1:47:05	Individual		0:26:00	0:37:02	0:46:43	1:09:32	1:25:20
198	548	Pedro PECCI BLANCO	150ABM	28VBM	1:47:11	Individual		0:23:11	0:33:48	0:41:52	1:08:30	1:25:24
199	550	Jose Luis GALARRETA RODRIGUEZ	151ABM	62VAM	1:47:13	Independiente		0:23:17	0:33:53	0:41:54	1:08:30	1:25:17
200	641	Alejandro TRIGO ROMERO	152ABM	63VAM	1:47:16	Individual		0:23:14	0:35:47	0:45:11	1:08:00	1:25:40
201	651	Begoña GOMEZ DE LA CUEVA	49ABF		1:47:21	Sweet Death		0:25:19	0:36:29	0:46:41	1:11:42	1:26:52
202	466	Jesus ALVAREZ GARCIA	153ABM	64VAM	1:47:25	Hashimoto		0:24:15	0:35:33	0:46:40	1:11:40	1:26:49
203	557	Lucia MONASTERIO PASCUAL	50ABF		1:47:27	Mamifit		0:24:12	0:35:20	0:46:35	1:09:18	1:25:19
204	558	Jaime SALAZAR DIEZ	154ABM		1:47:31	Mamifit		0:23:32	0:34:55	0:46:34	1:09:13	1:25:10
205	625	Ana ADANERO MONTERO	51ABF	8VBF	1:47:34	Individual		0:25:09	0:36:31	0:46:36	1:08:26	1:25:04
206	585	Montserrat RODRIGUEZ LOZOYA	52ABF	9VBF	1:48:08	Club Corredores		0:24:06	0:34:49	0:45:04	1:09:04	1:25:28
207	627	Luis Braulio GUACOLLANTE SIMBAÑA	155ABM	65VAM	1:48:18	Individual		0:23:25	0:34:20	0:45:10	1:11:20	1:26:23
208	604	Carolina LOURENÇO FERNANDES	53ABF		1:48:20	Individual		0:22:18	0:33:38	0:41:58	1:08:28	1:25:22
209	453	Ana Pilar FERNANDEZ ABAD	54ABF	25VAF	1:49:00	Trailcantos		0:24:44	0:36:03	0:46:50	1:10:51	1:27:03
210	454	Cesar SANZ MORICHE	156ABM	66VAM	1:49:04	Trailcantos		0:24:41	0:35:52	0:46:53	1:10:56	1:27:16

# Iberika Trail San Agustín del Guadalix 2023

15 Abril 2023

## CORTA - Orden de Llegada

### Finalizados (238)

Pto	Dor	NOMBRE y APELLIDOS	pº ABS	pº CAT	TIEMPO	CLUB	PENAL.	Control 1	Control 2	Control 3	Control 4	Control 5
211	438	Francisco Javier ALVARO GOMEZ	157 ABM	29VBM	1:49:10	Trailcantos		0:24:40	0:36:33	0:46:49	1:10:58	1:27:19
212	592	Adolfo Andres GARCIA GALACHE	158 ABM		1:49:13	Individual		0:24:56	0:35:42	0:45:08	1:07:45	1:26:06
213	448	Aranzazu CONESA	55 ABF	26VAF	1:49:14	Trailcantos		0:24:45	0:35:53	0:46:51	1:10:48	1:27:04
214	573	Cristina ISABEL ABAD	56 ABF	10VBF	1:49:17	Mt3 Madrid Trail		0:23:23	0:33:46	0:44:59	1:13:18	1:28:33
215	660	Elena RONCERO AGUADO	57 ABF	27VAF	1:49:21	Club Corredores		0:23:30	0:33:50	0:45:01	1:13:20	1:28:36
216	565	Laura HERRERO GONZALEZ	58 ABF	28VAF	1:49:25	Mt3 Madrid Trail		0:23:27	0:33:52	0:45:02	1:13:22	1:28:38
217	505	Marina DEL OLMO	59 ABF		1:49:26	Individual		0:24:37	0:35:36	0:46:46	1:13:51	1:29:14
218	517	Maria ALCON RICOTE	60 ABF	29VAF	1:49:28	Individual		0:24:42	0:35:38	0:46:47	1:13:53	1:29:16
219	647	Javier MARTIN DE CASTRO	159 ABM		1:49:30	Individual		0:22:49	0:32:55	0:41:49	1:15:31	1:31:40
220	646	Javier BUENAVIDA CAMARERO	160 ABM		1:49:33	Individual		0:22:52	0:32:57	0:41:50	1:15:33	1:31:42
221	457	Mohamed Yacine BOUAYAD AGHA	161 ABM		1:49:47	Individual		0:22:12	0:31:59	0:41:39	1:09:24	1:27:28
222	456	Maria LOPEZ-HERMOSO	61 ABF		1:49:52	Individual		0:22:16	0:32:43	0:41:46	1:09:23	1:27:29
223	610	Antonio GARCIA GONZALEZ	162 ABM	67VAM	1:50:32	Las Cabras Azules		0:24:52	0:36:38	0:46:55	1:13:22	1:29:34
224	410	Veronica SCOTTI	62 ABF	30VAF	1:50:44	Running Clan		0:28:23	0:40:24	0:50:19	1:10:43	1:26:31
225	603	Veronica FERNANDEZ AFONSO	63 ABF		1:51:13	Running Clan		0:24:18	0:36:07	0:46:42	1:11:02	1:28:21
226	602	Fernando KEUROGLIAN	163 ABM		1:51:15	Running Clan			0:33:08	0:42:50	1:11:02	1:28:15
227	635	Ivan YIVOFF	164 ABM	68VAM	1:51:59	Club Ponte Las Botas		0:24:01	0:35:49	0:44:58	1:09:25	1:27:39
228	614	David GARCIA GONZALEZ	165 ABM	69VAM	1:52:07	Runner's De Bohoyo		0:22:45	0:36:04	0:46:37	1:10:31	1:28:45
229	504	Miriam RUANO BODEMER	64 ABF		1:54:54	T-trail T-center		0:24:49	0:36:58	0:50:18	1:15:03	1:32:21
230	493	Pablo GARCIA DE LA NAVARRA CAÑ	166 ABM	70VAM	1:55:06	Altafit		0:25:40	0:37:06	0:50:12	1:13:42	1:32:39
231	656	Alberto SOTO UGALDE	167 ABM	30VBM	1:56:54	Enphorma Triatlón San Agustín		0:15:17	0:22:00	1:03:45	1:21:58	1:37:35
232	532	Eva CEPERO ARANGUEZ	65 ABF		1:57:01	Individual		0:24:35	0:36:46	0:50:03	1:15:37	1:33:09
233	531	Lucia HERRERA COB	66 ABF		1:57:04	Individual		0:24:30	0:36:47	0:46:57	1:15:41	1:33:12
234	526	Maria Rosa SANCHEZ-CASCADO NOGALES	67 ABF	11VBF	1:57:44	Individual		0:25:17	0:37:08	0:50:14	1:16:54	1:33:46
235	582	Elena GRIMA AGRA	68 ABF		2:00:56	Azucena Diaz Running Club		0:26:59	0:40:22	0:51:00	1:18:34	1:37:01
236	462	Mayte BAREÑO QUINTANA	69 ABF	12VBF	2:02:16	Individual		0:27:41	0:40:40	0:52:08	1:20:11	1:38:22
237	508	Susana MARTINEZ AVILA	70 ABF	31VAF	2:04:28	Activa.t Sports		0:26:55	0:41:06	0:52:11	1:19:21	1:38:18
238	409	Viviana CONTRERAS ZURITA	71 ABF	32VAF	2:06:43	Running Clan		0:28:13	0:41:36	0:53:27	1:20:18	1:38:32