



# CARRERA ALTO SIL v 6.4.2

16 Marzo 2014

## Subida a Pico Negro

### ABSOLUTA FEMENINA (21)

Pto	Dor	NOMBRE APELLIDOS	CAT	CLUB	La Braña	Pico Negro	TIEMPO
1	279	Ana CONDE CASAL	ABF	ZORTXIETAKOAK-GAIKAR	2:25:27	2:47:33	0:22:06
2	21	Leire FERNANDEZ ABETE	ABF	INDEPENDIENTE	2:33:39	2:57:36	0:23:57
3	106	Sonia BOTANA GONZALEZ	VAF	RIBEIRA SACRA	3:08:49	3:37:26	0:28:37
4	316	María MARCOS ESCUDERO	ABF	INTELLIGENT INTERVAL	2:57:33	3:26:43	0:29:10
5	22	María Luisa GARCIA RAFAEL	ABF	TODOVERTICAL V+	3:03:41	3:33:01	0:29:20
6	389	Ana PAZ BERMUDEZ	ABF	TOVERTICAL	3:08:03	3:37:28	0:29:25
7	464	Estelita SANTIN FERNANDEZ	VAF	ESTRELLA GALICIA - TRASTIENDA	3:00:48	3:31:04	0:30:16
8	23	Sonia ELGUETA RODRIGUEZ	ABF	TIERRA TRAGAME - TRAILXTREM_I	3:18:17	3:49:38	0:31:21
9	386	Desire PARAJON BERROS	ABF	AVIENTU CENTENO	3:22:11	3:53:45	0:31:34
10	44	Begoña SANCHEZ DOMINGUEZ	VAF	DEP. ELEM. LAPIAZ	3:12:51	3:45:13	0:32:22
11	20	Raquel MAESTRE TABERNERO	ABF	SELECCION DE CASTILLA Y LEON	3:07:57	3:40:40	0:32:43
12	344	Patricia MEDINA DE JUAN	ABF	SALAMANCA RAIDS & TRAILS RUN	3:35:26	4:08:57	0:33:31
13	485	Susana TIMON SANCHEZ	VAF	SALAMANCA RAIDS & TRAILS RUN	3:32:27	4:06:39	0:34:12
14	258	Helena GONZALEZ TAPIA	ABF	AVIENTU CENTENO_INACTIVO	3:25:53	4:00:23	0:34:30
15	66	Paloma GUTIERREZ ALGOVIA	VAF	CERROMALEJO TRAIL	3:52:50	4:27:31	0:34:41
16	269	Marian GUTIERREZ VAZQUEZ	ABF	TIERRA TRAGAME	3:31:44	4:06:45	0:35:01
17	431	Irene RODRIGUEZ BLANCO	ABF	INDEPENDIENTE	4:03:07	4:40:11	0:37:04
18	308	Marta LORENZO BARROSO	ABF	INDIVIDUAL	3:36:08	4:14:58	0:38:50
19	458	Ruth SANCHEZ ESCUADRA	ABF	INDIVIDUAL	4:17:53	4:59:04	0:41:11
20	41	Margarita AGUIN TRELLES	VAF	ATLETISMO RIA DE AROUSA	4:06:41	4:50:47	0:44:06
	74	Patricia ALVARO BAYON	ABF	G.M. LA ACEBEDA			n.p.

### ABSOLUTA MASCULINA (372)

Pto	Dor	NOMBRE APELLIDOS	CAT	CLUB	La Braña	Pico Negro	TIEMPO
1	87	Oscar BAEZA LOPEZ	ABM	G.M. LA ACEBEDA (SELECC. DE C	2:35:25	2:53:53	0:18:28
2	330	Manuel MERILLAS MOLEDO	ABM	TEAM MAMMUT	2:11:19	2:30:26	0:19:07
3	42	Zaid AIT MALEK	ABM	MEDIA LEGUA BAENA	2:09:08	2:29:07	0:19:59
4	113	Raul CAMARA PEREZ	ABM	NEW BALANCE TEAM	2:16:55	2:37:36	0:20:41
5	371	Santi OBAYA FERNANDEZ	VAM	AVIENTU CENTENO	2:17:33	2:38:22	0:20:49
6	455	Manuel SANCHEZ CAPITAN ARROYO	ABM	PENYA MUR I CASTELL_INACTIVO	2:16:02	2:37:04	0:21:02
7	1	Fernando ARCA CASAL	VAM	CDM XESTEIRAS	2:18:22	2:39:57	0:21:35
8	383	Saul PADUA	VAM	COLOMBIA	2:28:36	2:50:23	0:21:47
9	2	Jordi FERNANDEZ BOLTA	ABM	VIZCARES-LOS CASTRONES	2:25:22	2:47:54	0:22:32
10	300	Mariano LLANEZA ABELLA	ABM	G.M. FARIÑENTU	2:32:33	2:55:06	0:22:33
11	83	Felipe ARTIGUE RODRIGUEZ	ABM	SELECCION DE CASTILLA Y LEON	2:28:50	2:51:54	0:23:04
12	278	Felipe IGLESIAS RODRIGUEZ	ABM	C.M. LA ESCALERILLA	2:32:51	2:56:21	0:23:30
13	142	Carlos CHAMORRO GARCIA	ABM	CLUB HOCKEY ALCALA	2:26:39	2:50:11	0:23:32
14	348	Pablo MERINO FUERTES	ABM	CUMBRES DE LEON	2:40:44	3:04:28	0:23:44
15	343	Ruben MEDIAVILLA VALLINAS	ABM	CLUB ATLETISMO FISIORAMA	2:25:20	2:49:30	0:24:10
16	118	David CALLEJA MERINO	ABM	TRAIL BIERZO COMARCA	2:35:18	2:59:28	0:24:10
17	31	Julio ALVAREZ ESTEVEZ	ABM	INDIVIDUAL	2:50:20	3:14:35	0:24:15
18	487	Ivan TORRES MARIN	ABM	TIERRA TRAGAME	2:32:30	2:57:03	0:24:33
19	75	Francisco ARCILLA ALLER	ABM	INDIVIDUAL	2:33:36	2:58:14	0:24:38
20	28	Oscar ALVAREZ CALERO	ABM	CDM ALTO SIL	2:33:38	2:58:20	0:24:42
21	95	Oriol BARRERA FERNANDEZ	ABM	SALAMANCA RAIDS & TRAILS RUN	2:27:01	2:51:46	0:24:45
22	262	Ramon GONZALEZ GUTIERREZ	VAM	AVIENTU CENTENO	2:28:33	2:53:23	0:24:50
23	292	Manuel Alejandro LAGO RIOS	VAM	AMIGOS DA MONTANHA	2:41:15	3:06:11	0:24:56
24	297	Martin LESTON AGULLEIRO	ABM	CORVOS BRANCOS	2:52:42	3:17:43	0:25:01
25	4	Salvador CALVO REDONDO	VBM	TECNICA	2:36:50	3:02:05	0:25:15
26	483	Sergio Luis TEJERO MADRIGAL	ABM	CLUB ALCARREÑO DE MONTAÑA	2:39:15	3:04:35	0:25:20
27	9	Jose Alberto GONZALEZ CARPINTERO	VAM	LEON TRAIL	2:40:35	3:06:08	0:25:33
28	6	Celso ALONSO NUÑEZ	VAM	C.M. RIBEIRA SACRA VIA XVIII	3:40:15	4:05:48	0:25:33
29	88	Ismael MUÑOZ MUÑOZ	ABM	INDEPENDIENTE	2:45:41	3:11:15	0:25:34
30	328	Luis Enrique MARTINEZ COMESAÑA	ABM	CUMBRES GALLEGAS	2:36:53	3:02:29	0:25:36
31	250	Andres GOMEZ COBO	ABM	CD LA ESCALERILLA	2:50:59	3:16:44	0:25:45
32	86	Ivan BAELO FERNANDEZ	ABM	ENPHORMA TRIATLON SAN AGUSTI	2:48:22	3:14:11	0:25:49
33	331	Jorge MARTINEZ HERNADEZ	ABM	BANDOLEROS DE GUADARRAMA	2:52:04	3:17:54	0:25:50
34	274	Alberto HERNANDO TAPIA	ABM	SALAMANCA RAIDS & TRAILS RUN	2:41:13	3:07:08	0:25:55
35	165	David DIEGO PINTO	ABM	RAIDLIGHT TEAM	3:04:48	3:30:47	0:25:59
36	313	Luis Carlos MACIAS PEREZ	VAM	INDEPENDIENTE	2:48:29	3:14:29	0:26:00
37	370	Samuel OBAYA FERNANDEZ	ABM	AVIENTU CENTENO	2:35:59	3:02:00	0:26:01



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Pto	Dor	NOMBRE APELLIDOS	CAT	CLUB	La Braña	Pico Negro	TIEMPO
38	346	Jesus Miguel MENDEZ LOPEZ	VAM	C.D. BTT LA BADANA_INACTIVO	2:48:32	3:14:33	0:26:01
39	505	Jesus ZAPICO RICAURTE	ABM	G.M. REINOASTUR_INACTIVO	2:59:05	3:25:07	0:26:02
40	40	Cesar AGUADO DORADO	ABM	INDIVIDUAL	2:51:05	3:17:15	0:26:10
41	160	Fernando DESOUSA FERNANDEZ	ABM	AD VEGA DE ESPINAREDA	2:37:58	3:04:20	0:26:22
42	65	Raul ALVAREZ MARTINEZ	ABM	GRUPO TRAIL LEON	2:40:29	3:06:55	0:26:26
43	391	Carlos PEIXOTO	VAM	AMIGOS DA MONTANHA	2:58:33	3:25:00	0:26:27
44	326	Antonio MARTIN MARTIN	ABM	C.D. RUNGOSAY - BANDOLEROS D	2:44:52	3:11:22	0:26:30
45	115	Manuel CABALLERO MOLINA	VAM	ESTRELLA DE GALICIA - LA TRAST	2:39:26	3:06:00	0:26:34
46	135	Fernando CASTELLANOS TORRES	ABM	TOVERTICAL	2:35:32	3:02:07	0:26:35
47	8	Pablo ALONSO ALVAREZ	ABM	CDM ALTO SIL	2:42:22	3:08:57	0:26:35
48	196	Mikel FERNANDEZ GAMIZ	VAM	INDEPENDIENTE	2:36:59	3:03:37	0:26:38
49	471	Ruben SECO FERNANDEZ	ABM	BESTARRUZA TRINITY TRAIL	2:40:34	3:07:15	0:26:41
50	60	Pablo ALVAREZ GONZALEZ	ABM	INDIVIDUAL	2:40:39	3:07:26	0:26:47
51	190	Javier FERNANDEZ PASCUAL	ABM	C.D.DE MONTAÑA CUMBRES DE L	2:35:14	3:02:12	0:26:58
52	364	Jose Luis NOGALES PEREZ	ABM	CA PORCUNA	3:00:37	3:27:38	0:27:01
53	175	Javier DOMINGUEZ CALLE	VAM	TRASIERRA TRAIL	2:43:31	3:10:37	0:27:06
54	114	Avelino CAAMAÑO NIETO	ABM	PONTE TRAIL	2:51:59	3:19:16	0:27:17
55	99	Oswaldo RIVERA RODRIGUEZ	ABM	CDM ALTO SIL	2:44:57	3:12:17	0:27:20
56	37	Benigno ALVAREZ MERA	ABM	CDM ALTO SIL	2:53:58	3:21:22	0:27:24
57	62	Sergio ALVAREZ HERRERO	ABM	CDM ALTO SIL	2:38:28	3:05:55	0:27:27
58	365	Angel Manuel NUÑEZ CORREA	ABM	AVIENTU CENTENO	2:59:31	3:27:00	0:27:29
59	117	David CABRERA DUQUE	ABM	A.D. SAMBURIEL	2:44:59	3:12:32	0:27:33
60	280	Alberto IZQUIERDO SANCHEZ	VAM	INDIVIDUAL	2:54:22	3:21:58	0:27:36
61	57	Miguel Angel ALVAREZ CARMONA	ABM	AVIENTU CENTENO	3:07:44	3:35:23	0:27:39
62	71	Ludario ALVAREZ RODRIGUEZ	ABM	CDM ALTO SIL	3:00:30	3:28:14	0:27:44
63	49	Sergio ALONSO LOPEZ	ABM	RUNNING ALTO BERNESGA	2:52:24	3:20:09	0:27:45
64	244	Jose Miguel GARO MARTINEZ	ABM	INDIVIDUAL	2:50:10	3:17:56	0:27:46
65	238	Rafael GARCIA PEREZ	VAM	BUSCAME EN LA CIMA	2:56:03	3:23:51	0:27:48
66	302	Ignacio LOMBARDEO ANDRES	ABM	LAGUEYO	2:44:13	3:12:08	0:27:55
67	282	Ruben JAÑEZ FERNANDEZ	VAM	NINGUNO	2:48:35	3:16:35	0:28:00
68	55	Eugenio MARTIN ALONSO	VAM	CERROMALEJO TRAIL	3:52:49	4:20:50	0:28:01
69	59	Antonio R. ALVAREZ GARCIA	VAM	CAO	3:06:41	3:34:43	0:28:02
70	474	Jorge SOLE CORVILLO	VAM	CDM ALTO SIL	2:50:59	3:19:02	0:28:03
71	216	Cesar GALA SUJA	ABM	TIERRA TRAGAME - BANDOLEROS	2:51:04	3:19:07	0:28:03
72	34	Omar ALVAREZ GUTIERREZ	ABM	RUNNING ALTO BERNESGA	2:57:40	3:25:49	0:28:09
73	388	Cholo PAREDES PEREZ	VAM	TRAILXTREM RACE TEAM	3:01:23	3:29:34	0:28:11
74	325	Andres MARTIN MARTIN	ABM	AVIENTU CENTENO_INACTIVO	2:49:12	3:17:28	0:28:16
75	449	Esteban RUBIO BAJO	ABM	AVIENTU CENTENO_INACTIVO	2:43:47	3:12:06	0:28:19
76	189	Marcos FERNANDEZ GONZALEZ	ABM	INDIVIDUAL	2:54:36	3:23:01	0:28:25
77	352	David MIJAN MONJE	ABM	CLUB OJE VALDEPIELAGO	3:07:03	3:35:30	0:28:27
78	210	Victor FREIRE MARQUES	VAM	BESTARRUZA TRINITY TRAIL	3:08:33	3:37:00	0:28:27
79	402	Enrique PIÑEIRO GARCIA	ABM	BESTARRUZA TRINITY TRAIL	2:48:27	3:16:55	0:28:28
80	277	Jose IGLESIAS ARIAS	VBM	G.M. REINOASTUR_INACTIVO	2:56:18	3:24:47	0:28:29
81	226	Ismael GARCIA BRAVO	VAM	INDIVIDUAL	2:50:20	3:19:01	0:28:41
82	335	Juan Carlos MARTUL HERNANDEZ	VAM	CLUB DE MONTAÑA XESTEIRAS	2:59:28	3:28:10	0:28:42
83	462	Jose Antonio SANTANA GARCIA	ABM	CLUB DE MONTAÑA MOYACTIVA	2:46:01	3:14:45	0:28:44
84	178	Emilio ENRIQUEZ RODRIGUEZ	VAM	INDIVIDUAL	2:56:25	3:25:12	0:28:47
85	345	Ivan MENDEZ CAMPA	ABM	CRONOASTUR	3:11:05	3:39:53	0:28:48
86	276	Eduardo HOLANDA BLAS	VAM	TRASIERRA TRAIL	2:51:37	3:20:27	0:28:50
87	174	Javier DOMINGUEZ BOLAÑOS	ABM	INDIVIDUAL	2:52:20	3:21:10	0:28:50
88	421	Mohammed REDA ELANDALOUSSI	VAM	GRUPO TRAIL LEON	3:07:59	3:36:50	0:28:51
89	363	Diego NAVAS SOLORZANO	ABM	ESCUELA PUBLICA	2:52:19	3:21:14	0:28:55
90	109	Pepe BUENAGA GARCIA	VAM	INDEPENDIENTE	3:47:05	4:16:10	0:29:05
91	207	Jose Ignacio FONSECA GARCIA	ABM	CLUB PEÑARUBIA	2:57:08	3:26:14	0:29:06
92	179	Juan Carlos ESCRIBANO ORTEGA	VAM	TOVERTICAL	2:59:27	3:28:33	0:29:06
93	482	Ruben TEJERINA	ABM	TIERRA TRAGAME - BANDOLEROS	3:06:21	3:35:27	0:29:06
94	317	Oscar MARQUES MARBAN	ABM	AD VEGA DE ESPINAREDA	2:50:52	3:20:00	0:29:08
95	502	Carlos YANET ORTIZ	ABM	MASTERGYM	2:53:56	3:23:06	0:29:10
96	350	Anibal MIGUEL FERNANDEZ	VAM	INTERVAL NO LIMITS	2:57:32	3:26:45	0:29:13
97	430	Rusvell RODRIGUEZ ALONSO	ABM	INDIVIDUAL	2:35:21	3:04:36	0:29:15
98	266	Ruben GUARIN PEREZ	ABM	AD JARNACHAS	2:54:30	3:23:45	0:29:15



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Pto	Dor	NOMBRE APELLIDOS	CAT	CLUB	La Braña	Pico Negro	TIEMPO
99	309	Ronald LORITE RODRIGUEZ	ABM	CLUB ALPINO OURENSAN	3:06:42	3:36:01	0:29:19
100	81	Victor ARROGANTE HUERTAS	ABM	LOTERIAELPULPO.COM - A.D. SAM	3:03:45	3:33:07	0:29:22
101	312	Julio Alberto MENDEZ SANTAS	ABM	C.M. RIBEIRA SACRA VIA XVIII	3:01:07	3:30:30	0:29:23
102	123	Jose Antonio CARBALLO POSE	ABM	C.M. RIBEIRA SACRA VIA XVIII	3:01:09	3:30:32	0:29:23
103	97	Eulogio BELLO ALVAREZ	VAM	CDM ALTO SIL	2:31:42	3:01:06	0:29:24
104	233	Hugo GARCIA GARCIA	ABM	INDIVIDUAL	3:09:31	3:38:59	0:29:28
105	351	Iñigo MIGUEL SADIA	ABM	VALDEON	2:57:03	3:26:34	0:29:31
106	473	Jorge SERRAZINA	VBM	CA OBIDOS	3:07:20	3:36:51	0:29:31
107	10	Jose RODRIGUEZ QUINTAS	VAM	RUNNING SPORT TRAIL	3:00:57	3:30:29	0:29:32
108	410	Antonio POSADA SADIA	ABM	G.C. ENSIDESA	3:11:53	3:41:26	0:29:33
109	354	Ivan MONTES LOMBAO	ABM	RUNNER GALLAECIA	2:43:54	3:13:29	0:29:35
110	80	Jose Maria ARRIBAS MORENO	ABM	RUNNING SPORT TRAIL	3:27:58	3:57:33	0:29:35
111	230	Sancho GARCIA FERNANDEZ	ABM	G.M. PEÑA MEA	3:02:40	3:32:17	0:29:37
112	127	Laueano CARRERA ARIAS	VAM	MASTERGYM	2:52:14	3:22:12	0:29:58
113	306	German LOPEZ MARTINEZ	ABM	G.M. REINOASTUR_INACTIVO	3:03:32	3:33:32	0:30:00
114	353	Faustino MOLLEDA VIGIL	VAM	AVIENTU CENTENO	3:22:05	3:52:08	0:30:03
115	13	Jose Manuel CRESPO RUBIO	VAM	INDIVIDUAL	2:58:02	3:28:09	0:30:07
116	15	Jose Luis BLAZQUEZ HERNANDEZ	VAM	INDIVIDUAL	3:17:51	3:47:58	0:30:07
117	368	Pablo NUEVO CANEDO	ABM	INDIVIDUAL	2:59:33	3:29:44	0:30:11
118	404	Alejandro PIRIZ MATO	ABM	RAIDLIGHT TEAM	3:05:52	3:36:04	0:30:12
119	221	Jaime GARCIA PUENTE	ABM	C.M. LOS REJOS	2:54:38	3:24:52	0:30:14
120	30	Ruben ALVAREZ DEL CASTILLO	ABM	CDM ALTO SIL	3:01:37	3:31:51	0:30:14
121	204	Juan Pablo FIGUEROA FERNANDEZ	ABM	INDEPENDIENTE	3:05:20	3:35:39	0:30:19
122	265	Alvaro GONZALO PEREZ	ABM	INDIVIDUAL	2:54:28	3:24:53	0:30:25
123	198	Justo FERNANDEZ LLAMAZARES	VAM	INDEPENDIENTE	2:55:12	3:25:46	0:30:34
124	18	Jose Carlos RODRIGUEZ TERRON	VAM	AD VEGA DE ESPINAREDA	3:02:41	3:33:17	0:30:36
125	460	Roberto SANMARTINO GONZALEZ	ABM	AVIENTU CENTENO	3:20:50	3:51:26	0:30:36
126	64	Fernando ALVAREZ MARTINEZ	VAM	INDEPENDIENTE	3:10:24	3:41:01	0:30:37
127	184	Jose Miguel ESTEBANEZ GAVELA	VAM	INDIVIDUAL	3:30:05	4:00:46	0:30:41
128	186	Javier FERNANDEZ RODRIGUEZ	ABM	C.M. RIBEIRA SACRA VIA XVIII	3:02:38	3:33:20	0:30:42
129	289	Fernando LOPEZ MENENDEZ	ABM	INDIVIDUAL	3:00:32	3:31:15	0:30:43
130	69	Angel Gabriel GARCIA RODRIGUEZ	ABM	ASADOR DE ANGEL EXTREME TEA	3:08:53	3:39:38	0:30:45
131	182	Juan Jose ESCUREDO FERREIRO	VBM	UST	3:06:25	3:37:11	0:30:46
132	390	Jose Manuel PEDROSA MAYO	ABM	PONTE TRAIL	3:22:25	3:53:18	0:30:53
133	116	Gonzalo CABALLERO ALVAREZ	ABM	CLUB CORRECAMINOS ALFINDEN	3:02:09	3:33:12	0:31:03
134	231	Jose Jorge GARCIA FIDALGO	VAM	GRUPO TRAIL LEON	3:04:04	3:35:07	0:31:03
135	45	Alfredo ALCANTARA LORENZO	VAM	COUTADAS TRAIL TEAM	4:03:29	4:34:37	0:31:08
136	205	Eduardo FLECHA PEREZ	ABM	BOMBEROS VALLADOLID	2:51:01	3:22:11	0:31:10
137	104	Ruben BLAZQUEZ RODRIGO	ABM	TIERRA TRAGAME	2:46:11	3:17:23	0:31:12
138	406	Jose PLANA	ABM	INDIVIDUAL	3:31:43	4:02:58	0:31:15
139	138	Alberto CASTRO CASAL	VAM	BESTARRUZA TRINITY TRAIL	3:10:22	3:41:38	0:31:16
140	161	Georgios DIALEKTOS	ABM	INDIVIDUAL	2:42:19	3:13:40	0:31:21
141	101	Alberto BERMEJO NAVAS	ABM	CLUB ABULENSE DE MONTAÑA AL	3:21:06	3:52:31	0:31:25
142	187	Sebastian FERNANDEZ ARIAS	ABM	ASTURIAS HIMALAYA	3:20:54	3:52:22	0:31:28
143	469	Jose Oscar SARMIENTO CALLE	ABM	TORTUGAS TRAIL LEON	3:01:12	3:32:41	0:31:29
144	433	Enrique RODRIGUEZ VALENCIA	VAM	C.M. LA ESCALERILLA	3:21:55	3:53:28	0:31:33
145	247	Ricardo GIL DOPAZO	ABM	XESTEIRAS	3:00:34	3:32:08	0:31:34
146	342	Javier MAZARIAS MATEY	ABM	TIERRA TRAGAME	3:22:10	3:53:45	0:31:35
147	253	Angel GONZALEZ MARTINEZ	VAM	INDIVIDUAL	4:03:38	4:35:14	0:31:36
148	121	Francisco Javier CARBAJO BECERRO	ABM	C.D. DE MONTAÑA TELENO	3:09:09	3:40:47	0:31:38
149	201	Arturo FERNANDEZ RODRIGUEZ	ABM	LEON TRAIL	3:14:23	3:46:03	0:31:40
150	85	Alberto AVIN CRESPO	ABM	AVIENTU CENTENO	3:35:31	4:07:13	0:31:42
151	177	Javier ENRIQUEZ BLANCO	ABM	MASTER GYM	3:16:40	3:48:25	0:31:45
152	166	Roberto DIEGUEZ GONZALEZ	ABM	CLUB TRAIL LEON	3:06:48	3:38:34	0:31:46
153	170	Luis LOPEZ DE VEGA	ABM	INDIVIDUAL	3:21:46	3:53:33	0:31:47
154	134	Carlos CASTAÑON DIAZ	ABM	G.M. REINOASTUR_INACTIVO	3:07:55	3:39:45	0:31:50
155	36	Severiano ALVAREZ MARRON	ABM	CDM ALTO SIL	3:08:38	3:40:37	0:31:59
156	217	Pablo GARAYZABAL MARTINEZ DE A	ABM	INDEPENDIENTE	3:17:25	3:49:28	0:32:03
157	434	David RODRIGO HERRERO	ABM	LA PEDRIZA DEL MANZANARES	3:00:09	3:32:13	0:32:04
158	465	Alejandro SANTOS FUENTES	ABM	GRUPO TRAIL LEON	3:03:41	3:35:46	0:32:05
159	479	Pablo SUAREZ ALVAREZ	VAM	INDIVIDUAL	3:22:57	3:55:03	0:32:06



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## Subida a Pico Negro

### ABSOLUTA MASCULINA (372)

Pto	Dor	NOMBRE APELLIDOS	CAT	CLUB	La Braña	Pico Negro	TIEMPO
160	475	Luis Eduard SOLA CONDE	VAM	HEMATOCRITO EL SOTO	3:04:16	3:36:24	0:32:08
161	67	Ruben Manuel ALVAREZ MENENDEZ	VAM	AVIENTU CENTENO	4:00:04	4:32:13	0:32:09
162	396	Pablo Cesar PEREZ MARTIN	VAM	C.M. LA ESCALERILLA	3:04:29	3:36:40	0:32:11
163	284	Dimitrios Georgi KOSTAKIS	ABM	INDIVIDUAL	3:10:05	3:42:16	0:32:11
164	349	Jaume MESTRE AMENGUAL	ABM	CLUB MUNTANYA ALCUDIA	3:12:18	3:44:29	0:32:11
165	271	Cesar GUTIERREZ MARTINEZ	ABM	CLUB MONTAÑA TELENO	3:20:52	3:53:03	0:32:11
166	484	Carlos TESTERA GONZALEZ	ABM	INDIVIDUAL	3:00:27	3:32:39	0:32:12
167	78	Fermin ARIAS MARTINEZ	VAM	CLUB MONTAÑA TELENO	3:04:30	3:36:42	0:32:12
168	154	Hugo DE LA VEGA LOPEZ	ABM	INDEPENDIENTE	3:08:31	3:40:43	0:32:12
169	408	Joan POMAR PONS	ABM	CLUB MUNTANYA ALCUDIA	3:12:14	3:44:31	0:32:17
170	273	Eduardo HERAS CRISTOBAL	ABM	INDIVIDUAL	3:06:23	3:38:43	0:32:20
171	125	Antonio CARRASCOSO RUBIO	ABM	CLUB ATLETISMO LAS ROZAS	3:11:50	3:44:12	0:32:22
172	147	Rafael CORRAL ESCRIBANO	ABM	INDIVIDUAL	3:20:46	3:53:09	0:32:23
173	169	Daniel DIEZ FUENTES	ABM	TIERRA TRAGAME	3:20:51	3:53:14	0:32:23
174	72	Christian ALVAREZ SOTO	ABM	AVIENTU CENTENO	3:35:31	4:07:58	0:32:27
175	32	Manuel ALVAREZ FERNANDEZ	ABM	INDIVIDUAL	3:08:12	3:40:40	0:32:28
176	452	David SANCHEZ PEREZ	ABM	C.D. PEÑAS DE PRADO	3:10:29	3:42:58	0:32:29
177	51	Jairo ALONSO ORTIZ	ABM	LEON CORRE	3:56:08	4:28:38	0:32:30
178	362	Sergio NATAL VICENTE	ABM	GRUPO TRAIL LEON	2:53:42	3:26:14	0:32:32
179	379	Santiago OUTEIRIÑO GALLEGO	ABM	INDIVIDUAL	3:15:11	3:47:45	0:32:34
180	360	Alfredo MUÑOZ BERZOSA	VAM	GRUPO MONTAÑA CSIC	3:22:46	3:55:21	0:32:35
181	501	Guillermo VISO ALVAREZ	ABM	CRONOASTUR	3:27:43	4:00:18	0:32:35
182	200	Mario FERNANDEZ ROBLEDO	ABM	INDIVIDUAL	3:14:30	3:47:06	0:32:36
183	467	Raul SANTOS ROMERO	ABM	SALAMANCA RAIDS & TRAILS RUN	3:11:47	3:44:24	0:32:37
184	252	Carlos GOMEZ MENDEZ	ABM	CDM ALTO SIL	3:20:30	3:53:07	0:32:37
185	298	Miguel LESTON FABEIRO	VBM	INDIVIDUAL	3:21:49	3:54:26	0:32:37
186	420	Adrian RAMOS SANCHEZ	ABM	ESCUELA PUBLICA	3:04:09	3:36:52	0:32:43
187	332	Angel MARTINEZ MMOSO	VAM	MATARROSA	3:06:22	3:39:08	0:32:46
188	58	Javier ALVAREZ DEL CASTILLO	ABM	INDIVIDUAL	3:17:16	3:50:03	0:32:47
189	235	Helios GARCIA LUIS	ABM	G.M. EL CHALANIN	3:08:30	3:41:22	0:32:52
190	94	David BARREIRO CADENAS	ABM	INDIVIDUAL	3:20:39	3:53:36	0:32:57
191	419	Javier RAMOS GONZALEZ	ABM	RACING LEON	3:11:09	3:44:07	0:32:58
192	100	Iñigo BENGUA LARRINGAN	ABM	GANGUREN M.T.	3:22:32	3:55:39	0:33:07
193	347	Miguel Angel MERA CUEVAS	VAM	INDIVIDUAL	3:41:08	4:14:17	0:33:09
194	422	Jose Miguel REDONDO ROBLEDO	VAM	G.M. PICU PIENZU	3:19:09	3:52:20	0:33:11
195	89	Gaizka BROULLON ROZAS	ABM	TRIATLON KERKUS	4:34:13	5:07:25	0:33:12
196	131	Javier CASADO GARCIA	ABM	INDIVIDUAL	3:24:32	3:57:49	0:33:17
197	202	Victor FERNANDEZ RODRIGUEZ	ABM	INDIVIDUAL	3:24:10	3:57:29	0:33:19
198	456	Samuel SANCHEZ DIAZ	ABM	SALAMANCA RAIDS & TRAILS RUN	3:03:24	3:36:53	0:33:29
199	151	Omar DIEZ PEREZ	ABM	INDIVIDUAL	3:19:24	3:52:53	0:33:29
200	245	Luciano GARRIDO BUJAN	VAM	CDM ALTO SIL	3:06:09	3:39:40	0:33:31
201	428	Adolfo RIVERO TASCÓN	ABM	INDIVIDUAL	3:17:33	3:51:05	0:33:32
202	63	Pablo ALVAREZ MAGADAN	ABM	INDEPENDIENTE	3:06:08	3:39:44	0:33:36
203	499	Miguel VIDAL RUBIERA	ABM	AVIENTU CENTENO_INACTIVO	3:11:54	3:45:43	0:33:49
204	494	Felicísimo VEGA SANTOS	VAM	LOS TOXTAOS-AMZ	3:27:55	4:01:45	0:33:50
205	453	Iñigo SAENZ ARGUEDAS	VBM	INDA MENDI	3:12:00	3:45:53	0:33:53
206	492	Pablo VAZQUEZ PEREZ	VAM	INDEPENDIENTE	3:27:46	4:01:39	0:33:53
207	481	Juan Ramon TAPIA GONZALEZ	VAM	SALAMANCA RAIDS & TRAILS RUN	3:09:46	3:43:42	0:33:56
208	181	Juan Ramon ESCUDERO MINGUEZ	VAM	TODO VERTICAL	3:25:21	3:59:17	0:33:56
209	120	Alfonso CANO SANTIAGO	ABM	INDIVIDUAL	3:18:57	3:52:55	0:33:58
210	222	Julian ALONSO CORRASLES	ABM	INDIVIDUAL	3:08:54	3:43:01	0:34:07
211	463	Victor Manuel SANTIN ALFONSO	VAM	AD VEGA DE ESPINAREDA	3:18:59	3:53:08	0:34:09
212	472	Cesar SERRANO RIVERO	ABM	C.D. LOS PONJALES	3:39:37	4:13:46	0:34:09
213	171	Rafa DIOS GONZALEZ	VAM	TANINOS	3:41:01	4:15:11	0:34:10
214	395	Gobitu PEREZ BODE	VAM	AVIENTU CENTENO	3:31:15	4:05:28	0:34:13
215	143	Raul COLLADO ALCALA	VAM	TIERRA TRAGAME	3:34:43	4:08:58	0:34:15
216	68	Joaquin ALVAREZ MIRANDA	ABM	G.M. REINOASTUR_INACTIVO	3:06:18	3:40:36	0:34:18
217	498	Jose Manuel VIDAL MARTINEZ	VAM	SIN RECORTES	3:26:06	4:00:24	0:34:18
218	311	Gaspar LUNA MANSILLA	VAM	RUNNING PARA TODOS Y JUST	3:18:36	3:52:58	0:34:22
219	446	Higinio Javier ROMO ESPESO	VBM	C.M. LA ESCALERILLA	3:40:26	4:14:51	0:34:25
220	466	Eduardo SANTOS GARCIA	ABM	INDIVIDUAL	3:27:58	4:02:27	0:34:29



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## Subida a Pico Negro

### ABSOLUTA MASCULINA (372)

Pto	Dor	NOMBRE APELLIDOS	CAT	CLUB	La Braña	Pico Negro	TIEMPO
221	489	Javier USED VILLUENDAS	ABM	INDIVIDUAL	3:06:38	3:41:09	0:34:31
222	158	Ddd DEL MORAL OLIVA	VAM	INDIVIDUAL	3:15:39	3:50:10	0:34:31
223	26	David CLOUX GARCIA	ABM	TRBSPORTS	3:23:52	3:58:23	0:34:31
224	459	Alberto SANCHEZ MARTIN	ABM	SALAMANCA RAIDS & TRAILS RUN	3:09:47	3:44:21	0:34:34
225	14	Juan Antonio MARQUEZ MARQUEZ	VBM	GRUPO MONTAÑA LA FRESNEDA	3:50:44	4:25:20	0:34:36
226	122	Manuel CRIADO AGUADO	VAM	INDIVIDUAL	3:52:52	4:27:31	0:34:39
227	500	Jose Antonio VINAGRERO AVILA	ABM	CLUB DE MONTAÑA OJANCO	3:21:19	3:55:59	0:34:40
228	441	Daniel RODRIGUEZ PEREZ	VAM	BIERZO TODO DEPORTE	3:25:20	4:00:04	0:34:44
229	73	Angel ALVARO BAYON	ABM	INDIVIDUAL	3:11:05	3:46:00	0:34:55
230	384	Saul Antonio PADUA RODRIGUEZ	ABM	MONTANE-EXPLORER	2:19:21	2:54:18	0:34:57
231	372	Jesus OBLANCA SANCHEZ	VAM	INDIVIDUAL	3:08:50	3:43:48	0:34:58
232	411	Jose Manuel POUSA FERNANDEZ	VBM	RUNNING SPORT TRAIL	3:13:55	3:49:01	0:35:06
233	218	Israel GARCIA DELGADO	ABM	INDIVIDUAL	3:46:24	4:21:30	0:35:06
234	397	Ruben PEREZ MARTIN	ABM	LA ESCALERILLA	3:25:15	4:00:30	0:35:15
235	246	Jose GARRIDO NUÑEZ	VAM	INDIVIDUAL	3:34:35	4:09:58	0:35:23
236	418	Pedro RAMOS CALVO	VAM	BIERZO TODO DEPORTE	3:44:02	4:19:28	0:35:26
237	256	Angel GONZALEZ RIVERO	ABM	CLUB TRAIL CUETO EL OSO	3:29:22	4:04:55	0:35:33
238	293	Borja Manuel LAMAS LAGE	ABM	INDIVIDUAL	3:42:46	4:18:23	0:35:37
239	394	Alberto PEREIRO GONZALEZ	ABM	INDIVIDUAL	4:03:31	4:39:11	0:35:40
240	375	Miguel ORTIZ DOMINGUEZ	ABM	INDIVIDUAL	3:14:58	3:50:39	0:35:41
241	439	Ramon RODRIGUEZ MEDINA	ABM	RACING LEON	3:45:32	4:21:15	0:35:43
242	11	Angel MEIRA DIEGUEZ	VBM	RUNNING SPORT TRAIL	3:22:43	3:58:27	0:35:44
243	192	Jorge FERNANDEZ ARIAS	ABM	C.D. BTT LA BADANA	3:34:17	4:10:01	0:35:44
244	236	Roberto GARCIA MARTIN	ABM	GRAN CHAMAN	3:22:31	3:58:18	0:35:47
245	447	Jesus RUBIAL SAIZ	ABM	LEON CORRE	3:33:51	4:09:38	0:35:47
246	254	Manuel GONZALEZ NOVOA	VAM	INDIVIDUAL	4:00:32	4:36:19	0:35:47
247	426	Alberto RIOBO CASTRO	ABM	BESTARRUZA TRINITY TRAIL	3:39:18	4:15:06	0:35:48
248	338	Celestino MATO PEON	ABM	PONTE TRAIL	3:44:35	4:20:24	0:35:49
249	209	Pablo FREIRE CASTRO	VAM	CLUB NAUTICO LANGOSTEIRA	3:17:41	3:53:31	0:35:50
250	133	David CASTAÑO ARRIBAS	ABM	INDEPENDIENTE	3:23:26	3:59:19	0:35:53
251	303	Alejandro LOPEZ ALVAREZ	ABM	AD VEGA DE ESPINAREDA	3:32:33	4:08:26	0:35:53
252	194	Rodrigo FERNANDEZ CASTAÑO	ABM	G.M. REINOASTUR_INACTIVO	3:29:45	4:05:39	0:35:54
253	225	Salvador GARCIA BARBOSA	VAM	LEON CORRE	3:33:48	4:09:44	0:35:56
254	405	Francisco Javier PIRIZ MATO	ABM	RAIDLIGHT TEAM	3:36:07	4:12:07	0:36:00
255	427	Agustin RISUEÑO MARTIN	VAM	JARAMUGOS Y JUMENTOS	3:34:35	4:10:45	0:36:10
256	224	Jorge GARCIA ASENJO ALVAREZ	ABM	CAFES TOSCAF GMEA	3:26:09	4:02:21	0:36:12
257	264	Jorge GONZALEZ RODRIGUEZ	ABM	TIERRA TRAGAME - BANDOLEROS	3:29:44	4:05:56	0:36:12
258	157	Mirko DE MARTIN VILARIÑO	ABM	CLUBE MONTAÑEIRO DE PONTEV	3:15:04	3:51:17	0:36:13
259	137	Fernando CASTRILLO CARPINTERO	VAM	ULTRARUN	3:53:00	4:29:14	0:36:14
260	223	Francisco GARCIA VEIRA	ABM	AD JARNACHAS	4:06:45	4:43:04	0:36:19
261	35	Ruben ALVAREZ MARRON	ABM	CDM ALTO SIL	3:41:04	4:17:24	0:36:20
262	96	Cesar BARRIALES	ABM	LEON CORRE	3:42:50	4:19:10	0:36:20
263	156	Ricardo DE LUCAS RODRIGUEZ	VAM	BANDOLEROS DE GUADARRAMA	3:48:17	4:24:38	0:36:21
264	448	Francisco Jose RUBIO ALVAREZ	ABM	AD VEGA DE ESPINAREDA	3:37:33	4:13:55	0:36:22
265	93	Jose Antonio BARREALES PINTO	ABM	INDIVIDUAL	3:32:00	4:08:24	0:36:24
266	294	Moises LARIN RUBIO	ABM	INTELLIGENT INTERVAL	3:22:21	3:58:47	0:36:26
267	152	Francisco Javier DE AGUEDA BRAVO	VAM	TIERRA TRAGAME	3:35:01	4:11:29	0:36:28
268	146	Fernando CORDERO RODRIGUEZ	ABM	G.M. REINOASTUR_INACTIVO	3:17:46	3:54:23	0:36:37
269	130	Javier CARTELLE CUDILLEIRO	VAM	BESTARRUZA TRINITY TRAIL	3:35:14	4:11:52	0:36:38
270	415	Manuel QUIROGA GALLEGO	ABM	AD VEGA DE ESPINAREDA	4:06:20	4:42:58	0:36:38
271	299	Crestencio LINARES MIRANDA	VAM	AD VEGA DE ESPINAREDA	4:06:13	4:42:55	0:36:42
272	241	Alberto GARCIA RAMOS	ABM	A.D JARNACHAS	3:39:01	4:15:49	0:36:48
273	321	Andres MARTINEZ ARIAS	VAM	INDIVIDUAL	3:30:52	4:07:46	0:36:54
274	199	Raul FERNANDEZ QUINTANILLA	ABM	TRAILXTREM	3:00:50	3:37:48	0:36:58
275	128	Marcos CARRILLO PATIÑO	ABM	MOUNTAIN TEAM	3:37:35	4:14:34	0:36:59
276	369	Ruben NUEVO CANEDO	ABM	INDIVIDUAL	3:44:56	4:21:57	0:37:01
277	162	Eduardo DIAZ FERNANDEZ	ABM	INDIVIDUAL	4:17:57	4:55:04	0:37:07
278	478	Isidro SOTO FERNANDEZ	VBM	INDIVIDUAL	3:40:37	4:17:45	0:37:08
279	412	Antonio PRADO GARCIA	VAM	MARATONIANOS DE LEGANES	3:42:38	4:19:47	0:37:09
280	139	Javier CAUREL CARRERA	ABM	MASTERGYM	3:22:29	3:59:46	0:37:17
281	61	Ruben ALVAREZ GONZALEZ	ABM	CLUB MARATON BENAVIDES	4:03:03	4:40:30	0:37:27



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## Subida a Pico Negro

### ABSOLUTA MASCULINA (372)

Pto	Dor	NOMBRE APELLIDOS	CAT	CLUB	La Braña	Pico Negro	TIEMPO
282	237	Francisco Javier GARCIA OVIEDO	ABM	INDIVIDUAL	3:24:50	4:02:21	0:37:31
283	493	Miguel Angel VEGA ARIAS	VAM	ULTRASPORT-TEAM	3:29:11	4:06:43	0:37:32
284	381	Adrian PEREZ DELGADO	ABM	INDIVIDUAL	3:42:52	4:20:28	0:37:36
285	228	Alberto GARCIA FERNANDEZ	VAM	AD VEGA DE ESPINAREDA	3:36:28	4:14:07	0:37:39
286	432	Jesus RODRIGUEZ PASO	VAM	INDIVIDUAL	3:45:28	4:23:11	0:37:43
287	490	Manuel VAZQUEZ SUAREZ	ABM	COUTADAS TRAIL TEAM	4:03:26	4:41:12	0:37:46
288	392	Israel PERAL GOMEZ	ABM	INDIVIDUAL	3:35:09	4:13:02	0:37:53
289	287	Jose Maria LAZARO NAVACERRADA	ABM	CLINICA MENORCA_INACTIVO	3:42:17	4:20:14	0:37:57
290	132	Carlos CASTAÑEIRAS FOLGUERAL	VBM	RUTAS DEL BIERZO	3:58:56	4:36:58	0:38:02
291	270	David GUTIERREZ GARCIA	VAM	HEMATOCRITO EL SOTO	3:33:14	4:11:23	0:38:09
292	48	Enoc ALONSO FERNANDEZ	ABM	INTELLIGENT INTERVAL	3:57:33	4:35:43	0:38:10
293	112	Jose Antonio CACERES MEDINA	VAM	GECO RUNNERS	3:44:50	4:23:02	0:38:12
294	290	Fernando LOPEZ MORENO	VAM	INDIVIDUAL	4:04:41	4:42:55	0:38:14
295	155	Jose Manuel DE LA VILLA REQUEJO	VBM	INDIVIDUAL	3:41:55	4:20:14	0:38:19
296	46	Diego ALONSO ASTORGA	ABM	INTELLIGENT INTERVAL	3:57:27	4:35:49	0:38:22
297	382	Rogelio PACIOS YAÑEZ	VBM	RUTAS DEL BIERZO	3:45:06	4:23:29	0:38:23
298	153	Jorge DE LA HUERGA MENENDEZ	VAM	INDIVIDUAL	3:33:56	4:12:22	0:38:26
299	24	Eliás ALFONSO ALVAREZ	VAM	INDIVIDUAL	3:31:06	4:09:38	0:38:32
300	185	Adolfo FERNANDEZ DOCASAR	VAM	RUNNING SPORT TRAIL	4:06:43	4:45:17	0:38:34
301	5	Tono ABAL NARTALLO	VAM	CDM XESTEIRAS	3:14:46	3:53:24	0:38:38
302	70	Alberto ALVAREZ NUÑEZ	ABM	CDE RUNNERS DE BARRIO	3:35:59	4:14:38	0:38:39
303	145	Carlos CORDERO RODRIGUEZ	ABM	G.M. REINOASTUR_INACTIVO	3:23:55	4:02:39	0:38:44
304	56	Francisco J. ALVAREZ CARBALLO	ABM	INDIVIDUAL	3:30:11	4:09:01	0:38:50
305	413	Manuel PUGA LOPEZ	VAM	INDIVIDUAL	3:44:11	4:23:17	0:39:06
306	341	David MAYORAL GARCIA	VAM	A.D. SAMBURIEL_INACTIVO	3:49:34	4:28:42	0:39:08
307	111	Hugo DIAZ CAMINO	ABM	ASADOR DE ANGEL EXTREME TEA	3:29:23	4:08:35	0:39:12
308	25	Carlos ALFONSO ALVAREZ	VBM	INDIVIDUAL	3:45:35	4:24:48	0:39:13
309	43	Manuel ALBA TASCÓN	ABM	C.D. BTT LA BADANA_INACTIVO	3:42:54	4:22:20	0:39:26
310	461	Dalmacio SANTAMARTA CABALLERO	VBM	G.M. YORDAS	4:03:18	4:42:44	0:39:26
311	457	Felipe SANCHEZ DOMINGUEZ	ABM	INDIVIDUAL	4:04:14	4:43:42	0:39:28
312	27	Eliseo GONZALEZ CERNUDA	VBM	INDEPENDIENTE	3:50:01	4:29:35	0:39:34
313	263	Senen GONZALEZ OTERO	ABM	INDIVIDUAL	3:50:43	4:30:21	0:39:38
314	243	Jose Ramon GARDUÑO MARTIN	ABM	INDIVIDUAL	3:44:07	4:23:52	0:39:45
315	203	Ramon FIDALGO VILLARINO	ABM	INDIVIDUAL	3:44:12	4:23:59	0:39:47
316	79	Alberto ARIAS MUÑIZ	ABM	INDEPENDIENTE	3:44:08	4:23:57	0:39:49
317	366	Alfredo NUÑEZ GONZALEZ	ABM	CDM ALTO SIL	3:47:35	4:27:24	0:39:49
318	334	Miguel MARTINEZ SOBERON	VAM	SOCIEDAD DEPORTIVA TORRELAV	4:08:24	4:48:15	0:39:51
319	451	Arcadio SANCHEZ FUENTES	VBM	CLUB ATLETISMO BENAVENTE	3:40:16	4:20:09	0:39:53
320	333	Borja ALONSO CORRASLES	ABM	INDIVIDUAL	3:29:17	4:09:11	0:39:54
321	232	Eduardo GARCIA FORTE	ABM	INDIVIDUAL	3:44:04	4:23:59	0:39:55
322	77	Jorge ZAZO GIL	ABM	INDIVIDUAL	3:41:50	4:22:00	0:40:10
323	356	Antonio MORENO MENDEZ	VAM	INDIVIDUAL	3:33:19	4:13:37	0:40:18
324	119	Francisco Javier CALVIÑO BLANCO	ABM	INDIVIDUAL	4:03:15	4:43:40	0:40:25
325	167	Jaime DIEZ AREAN	VAM	INDEPENDIENTE	3:57:32	4:38:01	0:40:29
326	251	Victor Antonio GOMEZ FERNANDEZ	ABM	TIERRA TRAGAME	4:00:57	4:41:41	0:40:44
327	357	Javier MORENO SANZ	ABM	NFOQUE RACE TEAM	3:28:52	4:09:40	0:40:48
328	470	Victor SARMIENTO JUAN	VAM	TELENO TRAIL	3:57:35	4:38:25	0:40:50
329	140	Adrian CAUREL SASTRE	ABM	CLUB ALPINO BERCIANO	3:28:46	4:09:46	0:41:00
330	285	Gonzalo LOPEZ GARCIA	ABM	LAS ROZUELAS	4:03:21	4:44:21	0:41:00
331	304	Jose LOPEZ GARCIA	VAM	TROTADAS BARCO	4:17:28	4:58:30	0:41:02
332	38	Luis Angel ALVAREZ PASTOR	ABM	LAUDIO MENDI TRAIL TALDEA	4:10:21	4:51:25	0:41:04
333	159	Alfredo DELGADO GUERRA	ABM	CLUBMONFIL	3:57:16	4:38:30	0:41:14
334	336	Francisco MATA COBOS	VBM	TIERRA TRAGAME	3:19:00	4:00:15	0:41:15
335	108	Andres BREZMES DE LEON	VAM	INDIVIDUAL	4:00:30	4:41:54	0:41:24
336	377	Ignacio OTERO COMBARRO	VAM	INDIVIDUAL	3:37:39	4:19:07	0:41:28
337	136	Jose Maria CASTILLA RODRIGUEZ	VBM	INDIVIDUAL	4:17:08	4:58:43	0:41:35
338	163	Francisco Javier DIAZ IBORRAS	VAM	AVIENTU CENTENO	3:36:24	4:18:13	0:41:49
339	374	Daniel ORJALES PIÑEIRO	ABM	INDIVIDUAL	3:42:44	4:24:33	0:41:49
340	359	Daniel MOURIN MOURE	ABM	INDEPENDIENTE	3:29:42	4:11:46	0:42:04
341	98	Adrian BENAVIDES CABEZAS	ABM	INDIVIDUAL	3:24:23	4:06:28	0:42:05
342	259	Alejandro GONZALEZ BERNAL	ABM	INDIVIDUAL	3:47:45	4:29:52	0:42:07



# CARRERA ALTO SIL v 6.4.2

16 Marzo 2014

## Subida a Pico Negro

### ABSOLUTA MASCULINA (372)

Pto	Dor	NOMBRE APELLIDOS	CAT	CLUB	La Braña	Pico Negro	TIEMPO
343	242	Gonzalo GARCIA VAZQUEZ	VAM	INDIVIDUAL	3:49:50	4:31:58	0:42:08
344	315	Manuel MARAN SANCHEZ	VAM	AD JARNACHAS	4:10:46	4:52:54	0:42:08
345	414	Roberto QUINTAS FRANCO	VBM	INDIVIDUAL	3:48:17	4:30:31	0:42:14
346	329	Jose MARTINEZ FERNANDEZ	VAM	TORTUGAS TRAIL LEON	3:47:19	4:30:03	0:42:44
347	486	Francisco Javier TORRES CRESPO	VAM	CLUB NAUTICO LANGOSTEIRA	3:45:27	4:28:17	0:42:50
348	488	Alberto TRAPERO CARPIO	ABM	TORTUGAS TRAIL LEON	3:47:21	4:30:26	0:43:05
349	307	Jose LOPEZ RIVAS	VAM	INDIVIDUAL	3:49:49	4:33:15	0:43:26
350	92	Oscar BARDON BARDON	ABM	INDIVIDUAL	4:05:01	4:48:27	0:43:26
351	215	Balbino GOMEZ OVIEDO	VAM	C.D. MONTAÑEROS VALLISOLETAN	4:14:01	4:57:39	0:43:38
352	496	Juan Carlos VICENTE LOPEZ	VAM	G.M. REINOASTUR_INACTIVO	3:25:11	4:08:52	0:43:41
353	102	Juan Luis BLANCO RAMOS	VAM	CULMEN	4:03:01	4:46:42	0:43:41
354	477	Ruben Nembra SOLIS CARBAJAL	ABM	G.M. REINOASTUR_INACTIVO	3:25:11	4:09:00	0:43:49
355	322	Abraham MARTINEZ CASTELLANO	ABM	INDIVIDUAL	4:01:12	4:45:13	0:44:01
356	436	Antonio RODRIGUEZ ALVAREZ	ABM	SAN PEDRO DE LOS ARCOS	4:14:01	4:58:08	0:44:07
357	193	Rodrigo FERNANDEZ CAMACHO	ABM	INDIVIDUAL	3:42:47	4:27:29	0:44:42
358	314	Jorge MACIEL ANDRES	VAM	CLUB MONTAÑA SERRA DO SUIDO	3:20:44	4:05:33	0:44:49
359	416	Jorge QUIROS AMIEVA	ABM	TORTUGAS TRAIL LEON	3:12:14	3:57:27	0:45:13
360	387	J. Avelino PARDO GOMEZ	VAM	EL ARRIERO MARAGATO TELENO	3:56:50	4:42:34	0:45:44
361	82	Jose Luis ARROYO VIDAL	VAM	EL ARRIERO MARAGATO TELENO	3:56:51	4:42:35	0:45:44
362	208	Jose FREIRE CASTRO	ABM	CLUB NAUTICO LANGOSTEIRA	3:22:35	4:09:04	0:46:29
363	141	Carlos Javier CENADOR CARRASCO	ABM	INDIVIDUAL	3:12:52	3:59:27	0:46:35
364	19	Simon ALLEN	VAM	INDEPENDIENTE	3:47:27	4:34:17	0:46:50
365	476	David SOLIS CARBAJAL	ABM	G.M. REINOASTUR_INACTIVO	3:17:05	4:05:25	0:48:20
366	240	Marcos GARCIA PRADO	VAM	AVIENTU CENTENO	3:41:01	4:32:12	0:51:11
367	249	Jorge GIL PANIZO	VAM	TRAILXTREM RACE TEAM	3:42:13	4:49:23	1:07:10
	107	Ivan BREA RODRIGUEZ	ABM	AMI BRIGANTIA		3:20:59	n.p.
	272	Juan Jose GUTIERREZ MARTINEZ	ABM	CLUB MONTAÑA TELENO		3:53:01	n.p.
	103	Luciano MARRON MARTINEZ	VBM	CDM ALTO SIL	3:06:50		n.p.
	144	Pablo CONDE-SALAZAR DIAZ	ABM	INDIVIDUAL			n.p.
	435	Raul RODRIGUEZ	ABM	ALALPARDO RUNNING TEAM			n.p.