

# CARRERA ALTO SIL v7.5.3 - SANTA CRUZ DEL SIL

14 Marzo 2015

## Orden De Llegada

### CLASIFICADOS (403)

Pto	Dor	NOMBRE y APELLIDOS	pº CAT.	pº sCat.	Local	TIEMPO CLUB	EL MURO	PARAMO DEL SIL	LA CAMPONA	PRIMOUT	LA BRAÑA	PICO NEGRO	LA COLLADA	
1	44	Alfredo GIL GARCIA	1	ABM		<b>2:50:35</b>	LA SPORTIVA	0:31:36	0:50:26	1:36:27	1:51:04	2:09:04	2:28:25	2:34:19
2	492	Zaid AIT MALEK	2	ABM		<b>2:54:55</b>	BUFF PRO TEAM	0:31:08	0:49:07	1:37:58	1:52:54	2:10:59	2:31:20	2:37:21
3	1	Fernando ARCA CASAL	3	ABM	1 VAM	<b>3:00:37</b>	CDM XESTEIRAS	0:32:39	0:51:43	1:39:38	1:55:10	2:13:08	2:34:31	2:41:14
4	144	Efren SEGUNDO QUESADA	4	ABM		<b>3:02:03</b>	CD ARISTA							
5	63	Manuel SANCHEZCAPITAN ARROYO	5	ABM		<b>3:04:40</b>	MAMMUT	0:32:42		1:39:56	1:55:10	2:13:56	2:38:02	2:45:06
6	455	Santi OBAYA FERNANDEZ	6	ABM	2 VAM	<b>3:12:00</b>	TEAM RACE LAND	0:34:44	0:55:26	1:46:11	2:03:10	2:22:11	2:44:30	2:51:45
7	388	Oscar@ ALVAREZ CALERO	7	ABM	SI	<b>3:13:01</b>	CDM ALTO SIL	0:35:47	0:56:22	1:47:58	2:04:52	2:24:53	2:46:46	2:53:45
8	249	Jorge Luis ALVAREZ RODRIGUEZ	8	ABM		<b>3:13:23</b>	INDIVIDUAL	0:34:15	0:56:13	1:46:07	2:04:13	2:24:44	2:46:45	2:53:59
9	94	Carlos CHAMORRO GARCIA	9	ABM		<b>3:14:55</b>	CLUB HOCKEY ALCALA	0:35:08	0:55:55	1:46:58	2:03:12	2:22:49	2:46:53	2:54:33
10	236	Jesus Raul MARTINEZ VILLAVERDE	10	ABM	3 VAM	<b>3:15:12</b>	CMXESTEIRAS	0:36:05	0:56:54	1:49:28	2:06:11	2:25:37	2:48:38	2:55:26
11	350	Martin LESTON AGULLEIRO	11	ABM		<b>3:18:12</b>	AD JARNACHAS	0:36:39	0:58:38	1:53:40	2:10:18	2:30:00	2:52:42	2:59:32
12	146	Enrique MARTIN MONTORO	12	ABM		<b>3:18:38</b>	TIERRA TRAGAME	0:37:04	0:58:37	1:52:03	2:09:12	2:29:19	2:51:13	2:58:45
13	2	Jordi FERNANDEZ BOLTA	13	ABM		<b>3:20:46</b>	VIZCARESLOS CASTRONES	0:33:05		1:47:30	2:05:23	2:27:20	2:50:48	2:58:31
14	218	Javier DOMINGUEZ BOLAÑOS	14	ABM		<b>3:21:48</b>	INDIVIDUAL	0:36:22	0:58:33	1:52:59	2:11:01	2:32:00	2:54:24	3:01:29
15	337	Manuel Alejandro LAGO RIOS	15	ABM	4 VAM	<b>3:21:53</b>	ASOCIACION DEPORTIVA CAR	0:39:09	0:59:58	1:54:55	2:11:18	2:31:25	2:55:45	3:02:50
16	453	Samuel OBAYA FERNANDEZ	16	ABM		<b>3:24:03</b>	TEAM RACE LAND	0:36:43	0:58:08	1:52:38	2:09:49	2:30:53	2:53:30	3:01:27
17	257	Jose CALLEJA ALVAREZ	17	ABM	5 VAM	<b>3:24:07</b>	LUDO AVENTURA	0:38:42	1:00:14	1:55:38	2:12:22	2:31:55	2:55:11	3:01:46
18	313	Leopoldo BALBAS GUTIERREZ	18	ABM		<b>3:24:09</b>	LA BRAÑA	0:38:27	1:01:05	1:55:27	2:13:35	2:34:37	2:57:40	3:04:59
19	323	Luis Alfonso MARTINEZ MUELA	19	ABM		<b>3:24:12</b>	INDIVIDUAL	0:37:02	0:58:07	1:53:01	2:10:03	2:30:33	2:54:12	3:01:05
20	377	Oihana KORTAZAR ARANZETA	1	ABF		<b>3:24:19</b>	BURUMENDI	0:37:36	0:58:55	1:52:36	2:10:04	2:31:18	2:55:22	3:02:48
21	3	Jose Alberto GONZALEZ CARPINTERO	20	ABM	6 VAM	<b>3:24:42</b>	LEON TRAIL	0:39:12	1:00:23	1:55:08	2:12:13	2:32:12	2:56:35	3:03:58
22	128	David RODRIGO HERRERO	21	ABM		<b>3:25:11</b>	TODO VERTICAL	0:37:24	0:59:50	1:55:51	2:13:53	2:34:33	2:58:00	3:05:54
23	215	Javier FERNANDEZ PASCUAL	22	ABM		<b>3:26:12</b>	CDCUMBRES DE LEON	0:37:41	0:58:56	1:53:29	2:10:25	2:31:16	2:57:43	3:05:31
24	473	Sergio ALVAREZ HERRERO	23	ABM	SI	<b>3:26:14</b>	CDM ALTO SIL	0:37:08	0:59:40	1:56:13	2:14:11	2:34:38	2:57:51	3:05:36
25	5	Tono ABAL NARTALLO	24	ABM	7 VAM	<b>3:26:38</b>	CDM XESTEIRAS	0:36:11	0:57:02	1:51:22	2:08:37	2:30:06	2:53:16	3:05:53
26	472	Sergio PENSADO TASENDE	25	ABM		<b>3:26:52</b>	CMXESTEIRAS	0:38:32	1:00:41	2:00:10	2:17:10	2:37:16	3:01:42	3:08:10
27	74	Antonio TOUCEDO ESTEVEZ	26	ABM		<b>3:28:14</b>	AD A FORMA BUDIÑOTRIL	0:38:59	1:01:22	1:55:55	2:14:10	2:35:10	3:00:20	3:08:06
28	387	Oscar LUGRIS BETETA	27	ABM	8 VAM	<b>3:28:16</b>	INDIVIDUAL	0:38:45	1:01:06	1:55:50	2:13:53	2:35:24	2:59:02	3:06:40
29	413	Raul ALVAREZ MARTINEZ	28	ABM		<b>3:30:04</b>	TRASPIES TRAIL	0:37:30	0:59:36	1:57:01	2:15:08	2:36:33	3:01:37	3:08:56
30	4	Pablo ALONSO ALVAREZ	29	ABM	SI	<b>3:30:43</b>	CDM ALTO SIL	0:36:51	0:58:53	1:55:28	2:13:36	2:35:00	2:59:58	3:08:09
31	329	Manuel MARAN SANCHEZ	30	ABM	9 VAM	<b>3:32:10</b>	AD JARNACHAS	0:39:01	1:01:00	2:00:06	2:17:27	2:39:21	3:05:01	3:12:11
32	439	Ruben DIAZ FRANCO	31	ABM		<b>3:32:59</b>	NOSPORTLIMIT	0:37:56	1:00:10	1:58:19	2:17:10	2:39:07	3:04:29	3:11:25
33	469	Sergio ALONSO LOPEZ	32	ABM		<b>3:33:02</b>	FISIORAMA	0:39:13	1:00:43	1:57:46	2:16:14	2:37:19	3:03:30	3:11:11
34	411	Ramon RODRIGUEZ GONZALEZ	33	ABM	10 VAM	<b>3:33:32</b>	KORPOREARENTEIRO TRAIL	0:39:03	1:01:40	1:58:28	2:16:56	2:38:30	3:03:49	3:11:34
35	309	Julio Cesar MARTINO PEREZ	34	ABM	11 VAM	<b>3:34:06</b>	EQUIPO VALDEON	0:38:43	1:01:43	1:59:51	2:19:18	2:41:47	3:05:30	3:13:26

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### CLASIFICADOS (403)

Pto	Dor	NOMBRE y APELLIDOS	pº CAT.	pº sCat.	Local	TIEMPO CLUB	EL MURO	PARAMO DEL SIL	LA CAMPONA	PRIMOUT	LA BRAÑA	PICO NEGRO	LA COLLADA	
36	277	Jose Manuel RODRIGUEZ SALAZAR	35	ABM		<b>3:34:31</b>	CLUB ATLEMISMO LEON	0:37:52	0:59:15	1:55:03	2:12:13	2:33:54	3:02:58	3:11:17
37	35	Alejandro PIRIZ MATO	36	ABM	12 VAM	<b>3:34:40</b>	INDIVIDUAL	0:39:30	1:02:28	1:56:24	2:16:19	2:39:18	3:04:09	3:11:54
38	213	Javier DOMINGUEZ CALLE	37	ABM	13 VAM	<b>3:34:46</b>	INDIVIDUAL	0:38:23	1:00:42	1:56:18	2:14:48	2:37:00	3:01:51	3:09:13
39	138	Diego GASCUEÑA LOPEZ	38	ABM		<b>3:34:52</b>	INDEPENDIENTE	0:39:07	1:02:30	1:59:55	2:19:19	2:41:45	3:06:47	3:14:03
40	400	Pedro PINILLAS CARRO	39	ABM	SI	<b>3:35:12</b>	PARAMO DEL SIL	0:40:49	1:03:40	2:03:51	2:21:54	2:43:30	3:07:19	3:14:27
41	58	Andres GOMEZ COBO	40	ABM		<b>3:35:36</b>	ADEMCO	0:35:52	0:58:58	1:57:16	2:17:08	2:40:51	3:04:50	3:13:07
42	33	Alberto FERNANDEZ PESQUERA	41	ABM	14 VAM	<b>3:35:55</b>	GM ENSIDESA GIJON	0:40:43	1:04:01	2:01:09	2:20:05	2:43:01	3:07:34	3:15:14
43	475	Severino SANTOVEÑA GARCIA	42	ABM	15 VAM	<b>3:37:22</b>	GM PICU DUBIL	0:40:18	1:03:36	2:03:55	2:21:50	2:43:37	3:08:35	3:16:11
44	52	Amador PRIEDE FERNANDEZ	43	ABM		<b>3:37:51</b>	GDMONTAÑA PEÑA SANTA	0:36:46	0:57:29	1:53:10	2:10:36	2:31:53	2:57:14	3:08:44
45	11	Jose Carlos RODRIGUEZ TERRON	44	ABM	16 VAM	<b>3:38:27</b>	INTELLIGENT INTERVAL	0:41:08	1:03:23	2:01:50	2:20:01	2:42:30	3:09:14	3:17:16
46	160	Fernando RODRIGUEZ SANTIN	45	ABM		<b>3:38:31</b>	INTELLIGENT INTERVAL PONFERRAD	0:40:51	1:03:21	2:01:51	2:19:59	2:42:32	3:09:16	3:17:18
47	105	Cesar AGUADO DORADO	46	ABM	17 VAM	<b>3:38:37</b>	TIERRA TRAGAME	0:40:53	1:03:39	2:04:51	2:23:05	2:45:44	3:10:45	3:18:11
48	392	Pablo LOPEZ CALAZA	47	ABM	18 VAM	<b>3:38:41</b>	AME BESTARRUZA	0:39:21	1:00:50	1:58:12	2:16:58	2:39:04	3:08:28	3:16:24
49	66	Angel GONZALEZ RIVERO	48	ABM		<b>3:39:17</b>	ATLETISMO LEON	0:39:14	1:01:12	2:03:10	2:20:50	2:43:52	3:10:52	3:18:39
50	220	Javier SAN MIGUEL BODELON	49	ABM	19 VAM	<b>3:39:33</b>	BIERZO TODO DEPORTE	0:39:40	1:02:19	2:00:16	2:19:29	2:41:49	3:08:12	3:16:17
51	381	Omar GRANDIO GARCIA	50	ABM		<b>3:40:20</b>	INDIVIDUAL	0:39:16	1:01:27	2:02:19	2:21:10	2:43:30	3:09:19	3:17:26
52	6	Celso ALONSO NUÑEZ	51	ABM	20 VAM	<b>3:40:37</b>	TRIATLON BIERZO	0:39:17	1:02:30	2:00:22	2:19:56	2:42:56	3:07:02	3:16:00
53	171	Francisco Adolfo DEL CANTO PEREZ	52	ABM	21 VAM	<b>3:40:43</b>	NUNCA CORRERAS SOLO	0:38:41	0:59:51	2:02:25	2:20:35	2:42:56	3:11:32	3:19:18
54	139	Diego NAVAS SOLORZANO	53	ABM		<b>3:40:48</b>	INDIVIDUAL	0:38:54	1:02:35	2:02:01	2:21:19	2:43:36	3:09:50	3:17:54
55	197	Iñigo BAQUEDANO ABAUNZA	54	ABM		<b>3:41:04</b>	INDIVIDUAL	0:38:16	1:00:11	1:57:52	2:16:44	2:38:51	3:05:25	3:14:07
56	443	Ruben SECO FERNANDEZ	55	ABM		<b>3:41:34</b>	AME BESTARRUZA	0:37:38	1:00:08	2:02:28	2:22:17	2:46:54	3:12:18	3:20:16
57	306	Julio ALVAREZ ESTEVEZ	56	ABM		<b>3:41:36</b>	INDEPENDIENTE	0:39:25	1:02:31	2:02:23	2:22:29	2:45:45	3:10:30	3:19:03
58	402	Pedro Ignacio CUEVAS JUAN	57	ABM		<b>3:43:16</b>	LEON TRAIL INTELLIGENT	0:38:47	1:00:32	1:58:36	2:20:03	2:46:35	3:13:12	3:21:16
59	412	Raul FERNANDEZ QUINTANILLA	58	ABM		<b>3:43:44</b>	TRAILXTREM TEAM							
60	353	Maximo SIRGO RODRIGUEZ	59	ABM	22 VAM	<b>3:44:05</b>	AVIENTU SOLORUNNER	0:40:47	1:04:48	2:05:28	2:23:54	2:47:58	3:14:34	3:22:12
61	190	Hugo DE LA VEGA LOPEZ	60	ABM		<b>3:44:24</b>	INDEPENDIENTE	0:42:03	1:05:24	2:05:57	2:26:10	2:48:40	3:15:52	3:23:14
62	281	Jose Manuel GARCIA SANTOS	61	ABM	23 VAM	<b>3:44:43</b>	DUBRA TEAM	0:42:01	1:04:37	2:06:29	2:26:12	2:48:43	3:15:59	3:23:32
63	267	Jose Francisco GUTIERREZ PIÑERA	62	ABM	24 VAM	<b>3:44:57</b>	YANIRO	0:32:41		1:43:06	1:59:46	2:20:24	2:45:12	2:54:40
64	130	David DE LA VARGA LUCAS	63	ABM		<b>3:45:35</b>	ULE CHORCO	0:39:06	1:00:46	2:00:14	2:19:37	2:42:38	3:14:25	3:22:31
65	226	Jesus ZAPICO RICAURTE	64	ABM		<b>3:46:34</b>	GM REINOASTUR	0:43:57	1:08:16	2:10:29	2:29:26	2:51:37	3:17:07	3:24:52
66	320	Luis DOMINGUEZ PEREZ	65	ABM		<b>3:46:39</b>	PICU DUBIL	0:40:32	1:03:29	2:04:06	2:22:41	2:45:29	3:14:13	3:23:04
67	415	Raul RODRIGUEZ SEOANE	66	ABM		<b>3:46:52</b>	CAFES TOSCAF GMEA	0:42:10	1:07:09	2:07:07	2:26:23	2:48:47	3:15:38	3:24:28
68	299	Juan Luis LLAMAS ALVAREZ	67	ABM	1 VBM	<b>3:46:56</b>	CLUB ATLETISMO LEON	0:42:24	1:07:52	2:06:59	2:27:04	2:51:30	3:16:53	3:24:50
69	241	Jorge SOLE CORVILLO	68	ABM	25 VAM	<b>3:47:15</b>	CDM ALTO SIL	0:41:05	1:05:20	2:03:54	2:25:03	2:48:23	3:15:40	3:24:17
70	266	Jose Enrique TORRES ARIAS	69	ABM		<b>3:47:26</b>	TIERRA TRAGAME	0:40:00	1:03:27	2:01:35	2:20:43	2:43:43	3:11:20	3:22:40

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## Orden De Llegada

### CLASIFICADOS (403)

Pto	Dor	NOMBRE y APELLIDOS	pº CAT.	pº sCat.	Local	TIEMPO CLUB	EL MURO	PARAMO DEL SIL	LA CAMPONA	PRIMOUT	LA BRAÑA	PICO NEGRO	LA COLLADA	
71	172	Francisco Gonzal GARCIA LEON	70	ABM		3:47:29	TEAM SPORT SPIRIT	0:39:56	1:03:52	2:04:37	2:23:55	2:47:59	3:15:08	3:23:18
72	61	Andres MARTIN MARTIN	71	ABM		3:48:16	AVIENTU SOLO RUNNERS	0:40:38	1:04:45	2:03:53	2:22:36	2:45:42	3:14:04	3:22:59
73	120	David REDONDO PEREZ	72	ABM		3:48:35	CLUB ATLETISMO LEON	0:43:13	1:08:22	2:10:10	2:30:40	2:54:34	3:20:45	3:28:51
74	341	Marcos FERNANDEZ GONZALEZ	73	ABM		3:48:49	INDIVIDUAL	0:39:32	1:03:03	2:04:19	2:24:58	2:50:02	3:16:58	3:25:19
75	408	Rafael GARCIA PEREZ	74	ABM	26 VAM	3:49:53	BUSCAME EN LA CIMA	0:43:23	1:08:00	2:06:16	2:27:57	2:51:48	3:18:43	3:26:51
76	221	Javier MARTIN MENDEZ	75	ABM		3:49:59	INDIVIDUAL	0:43:44	1:07:33	2:09:41	2:29:23	2:52:18	3:17:32	3:26:25
77	466	Sergio NATAL VICENTE	76	ABM		3:50:31	CUMBRES DE LEON	0:38:12	1:00:26	2:03:21		2:47:18	3:17:37	3:26:32
78	84	Avelino FLECHA TASCAN	77	ABM	2 VBM	3:50:43	CM VILLALFEIDE	0:41:12	1:05:10	2:07:04	2:28:03	2:52:03	3:20:10	3:28:22
79	134	Diego COTERA GONZALO	78	ABM		3:51:06	COTERAES	0:46:40	1:09:36	2:10:09	2:30:38	2:54:37	3:20:44	3:29:11
80	294	Juan Carlos MARTUL HERNANDEZ	79	ABM	27 VAM	3:51:38	CLUB DE MONTAÑA XESTEIRAS	0:43:12	1:07:51	2:10:07	2:30:46	2:54:20	3:21:33	3:29:25
81	76	Antonio GONZALEZ FERNANDEZ	80	ABM	3 VBM	3:52:52	INDIVIDUAL	0:42:34	1:07:30	2:09:33	2:29:17	2:53:07	3:20:30	3:29:00
82	295	Juan Carlos PARRA CARAMES	81	ABM	28 VAM	3:52:57	INDEPENDIENTE	0:43:25	1:07:29	2:11:02	2:31:05	2:54:41	3:21:29	3:29:17
83	292	Juan BULNES SANCHEZ	82	ABM	29 VAM	3:53:19	GM PICU PIENZU	0:45:06	1:10:07	2:13:26	2:33:59	2:58:17	3:23:59	3:32:26
84	435	Ruben JAÑEZ FERNANDEZ	83	ABM	4 VBM	3:53:25	CHEVONEY	0:41:21	1:05:11	2:09:10	2:28:59	2:53:11	3:21:47	3:29:21
85	437	Ruben LARIA SAN MARTIN	84	ABM		3:53:39	GM PICU PIENZU	0:47:05	1:11:03	2:19:21	2:38:34	3:00:15	3:26:00	3:32:56
86	366	Miguel Angel POZO LUENGO	85	ABM		3:53:54	INDIVIDUAL	0:42:47	1:07:16	2:11:30	2:31:19	2:54:48	3:22:45	3:31:09
87	210	Javier CAUREL CARRERA	86	ABM		3:54:27	MASTERGYM	0:40:28	1:04:32	2:10:37	2:31:20	2:54:43	3:23:58	3:32:09
88	438	Ruben GUARIN PEREZ	87	ABM		3:54:39	AD JARNACHAS	0:42:26	1:07:40	2:12:32	2:32:59	2:57:30	3:22:55	3:32:24
89	93	Carlos DEL RIO UNZAGA	88	ABM	5 VBM	3:55:21	BANDOLEROS DEL GUADARRAMA	0:44:40	1:09:46	2:13:11	2:33:07	2:56:35	3:24:05	3:32:21
90	361	Miguel VARA GARCIA	89	ABM		3:55:48	INDIVIDUAL	0:43:06	1:07:54	2:12:15	2:33:01	2:56:30	3:24:25	3:32:58
91	316	Luciano Lucky GARRIDO BUJAN	90	ABM	30 VAM	3:55:55	CDM ALTO SIL	0:41:03	1:05:53	2:11:25	2:32:05	2:56:50	3:24:41	3:32:45
92	382	Omar DIEZ PEREZ	91	ABM		3:56:00	CDM ALTO SIL	0:41:47	1:05:38	2:10:35	2:30:56	2:57:01	3:24:37	3:32:43
93	19	Adolfo PARRAS SOTO	92	ABM	31 VAM	3:56:44	SSREYES CLINICASMENORCA TRAIL	0:41:37	1:05:19	2:07:50	2:28:47	2:52:43	3:24:29	3:33:20
94	379	Omar ALVAREZ GUTIERREZ	93	ABM		3:56:50	CENADOR RUA NOVA RUNNING	0:45:11	1:09:09	2:13:00	2:33:47	2:58:24	3:25:26	3:33:50
95	478	Susana ALVAREZ CRESPO	2	ABF	1 VAF	3:57:12	PILOÑA DEPORTE	0:48:18	1:13:36	2:17:41	2:37:09	3:01:01	3:27:29	3:35:02
96	491	Anibal SANCHEZ GONZALEZ	94	ABM		3:57:19	CORALIN BOXING	0:48:05	1:12:52	2:16:36	2:35:15	2:58:16	3:26:50	3:34:30
97	145	Emilio ENRRRIQUEZ RODRIGUEZ	95	ABM	32 VAM	3:57:25	INDIVIDUAL	0:44:26	1:09:46	2:12:09	2:32:42	2:57:12	3:24:47	3:33:36
98	237	Joaquin ALVAREZ MIRANDA	96	ABM		3:58:17	INDEPENDIENTE	0:44:07	1:08:30	2:11:55	2:32:41	2:57:04	3:25:32	3:34:22
99	424	Roberto GONZALO PEREZ	97	ABM		3:58:28	GM ENSIDESA GIJON	0:44:54	1:10:27	2:17:28	2:40:13	3:04:33	3:27:31	3:37:38
100	457	Santiago PALACIO FERNANDEZ	98	ABM	33 VAM	3:58:40	TEAM SPORT SPIRIT	0:42:38	1:08:35	2:13:59	2:35:14	2:59:07	3:26:07	3:34:32
101	319	Luis LOPEZ DE VEGA	99	ABM		3:58:47	CLUB VERTICAL SUPAERO	0:40:57	1:04:09	2:10:28	2:31:56	2:57:03	3:26:26	3:35:26
102	297	Juan Jose PEREZ MANSILLA	100	ABM		3:58:53	INTELLIGENTINTERVAL PONFERRADA	0:43:48	1:07:07	2:11:05	2:30:22	2:56:52	3:24:13	3:33:49
103	225	Lorenzo VERA SAN ROMAN	101	ABM	34 VAM	3:58:55	INDIVIDUAL	0:44:56	1:11:04	2:14:03	2:34:37	2:58:46	3:25:33	3:34:04
104	179	Francisco Javier MARNOTES RODRIGUEZ	102	ABM		3:58:56	CLUB ALPINO MANZANEDA	0:40:58	1:05:31	2:10:56	2:31:54	2:57:27	3:26:28	3:34:51

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### CLASIFICADOS (403)

Pto	Dor	NOMBRE y APELLIDOS	p° CAT.	p° sCat.	Local	TIEMPO CLUB	EL MURO	PARAMO DEL SIL	LA CAMPONA	PRIMOUT	LA BRAÑA	PICO NEGRO	LA COLLADA	
105	223	Javier ENRIQUEZ BLANCO	103	ABM		3:58:58	RADIKAL BIERZO	0:42:48	1:06:44	2:11:28	2:30:46	2:54:16	3:25:23	3:34:02
106	189	Henrique TELO FERNANDEZ	104	ABM		3:59:45	INDIVIDUAL	0:45:56	1:12:50	2:17:21	2:36:55	2:59:44	3:26:59	3:35:10
107	303	Julian ALONSO CORRALES	105	ABM		4:00:04	ASADOR DE ANGEL	0:43:43	1:07:32	2:14:48	2:33:54	2:57:39	3:28:58	3:37:09
108	384	Oscar FERNANDEZ TEIJEIRO	106	ABM		4:00:21	CLUB FLUVIAL DE LUGO	0:44:03	1:09:53	2:12:45	2:33:45	2:58:41	3:24:50	3:33:46
109	449	Rufino GONZALEZ ALVAREZ	107	ABM	35 VAM	4:00:53	XATOS DEL NALON	0:42:30	1:07:58	2:12:34	2:32:52	2:57:06	3:25:55	3:35:31
110	152	Eva FERNANDEZ PINTOR	3	ABF	2 VAF	4:00:55	CDEYANIRO	0:47:12	1:13:34	2:18:03	2:38:34	3:02:42	3:31:15	3:39:26
111	454	Sancho GARCIA FDEZ	108	ABM	36 VAM	4:01:01	GM PEÑA MEA	0:44:47	1:10:48	2:17:30	2:38:38	3:02:20	3:29:45	3:38:26
112	344	Maria MARCOS ESCUDERO	4	ABF		4:01:08	INTELLIGENT INTERVAL	0:43:42	1:08:43	2:12:01	2:33:13	2:59:26	3:27:47	3:37:02
113	36	Alejandro SANTOS FUENTES	109	ABM		4:01:13	CD UNIVERSIDAD DE LEON	0:42:43	1:07:01	2:12:06	2:32:29	2:57:28	3:27:08	3:36:00
114	448	Ruben Percheron ALVAREZ DEL CASTILLO	110	ABM		4:01:15	CDM ALTO SIL	0:42:33	1:05:58	2:14:12	2:32:33	2:57:36	3:27:44	3:38:11
115	357	Miguel PLAZA VALLINA	111	ABM		4:01:18	CLUB AVIENTU	0:43:31	1:06:54	2:11:54	2:30:20	2:54:31	3:23:26	3:33:04
116	117	Daniel SIMON GRACIA	112	ABM		4:01:31	ALALPARDO RUNNIG TEAM	0:41:09	1:05:34	2:12:23	2:34:34	3:00:41	3:27:25	3:36:38
117	250	Jose GARCIA BELTRAN	113	ABM		4:01:35	INDEPENDIENTE	0:46:42	1:11:16	2:16:38	2:36:21	3:00:17	3:28:40	3:36:47
118	302	Juan Ramon ESCUDERO MINGUEZ	114	ABM	37 VAM	4:02:42	TODOVERTICAL V	0:43:20	1:09:01	2:14:58	2:36:49	3:01:11	3:29:28	3:38:41
119	285	Jose Miguel ESTEBANEZ GAVELA	115	ABM	38 VAM	4:02:45	INDIVIDUAL	0:43:36	1:10:07	2:15:11	2:36:52	3:00:59	3:28:07	3:37:20
120	360	Miguel VARELA ALVAREZ	116	ABM		4:02:49	GALAICO TRAIL RUNNERS	0:48:07	1:14:38	2:18:54	2:39:35	3:04:42	3:31:05	3:39:14
121	91	Bruno CARDAMAS FREIRE	117	ABM		4:02:54	BESTARRUZA TRINITY TRAIL	0:42:08	1:06:21	2:15:52	2:35:34	3:00:56	3:32:02	3:41:22
122	336	Manuel GONZALEZ ARIAS	118	ABM		4:02:59	INDIVIDUAL	0:41:20	1:07:11	2:10:32	2:31:42	2:58:19	3:26:45	3:36:45
123	363	Miguel Angel ALVAREZ CARMONA	119	ABM		4:03:00	CLUB AVIENTU	0:47:40	1:11:40	2:18:13	2:37:35	3:01:13	3:31:16	3:39:44
124	87	Benigno ALVAREZ MERA	120	ABM	SI	4:03:03	CDM ALTO SIL	0:39:48	1:03:25	2:10:04	2:30:42	2:56:27	3:24:44	3:34:28
125	25	Aitor RODRIGUEZ RAMON	121	ABM		4:03:05	BIERZO RUNNING	0:44:11	1:08:01	2:13:24	2:32:00	2:57:29	3:28:43	3:38:23
126	349	Marta LORENZO BARROSO	5	ABF		4:03:18	TODOVERTICAL V	0:45:44	1:11:06	2:17:09	2:36:53	3:00:37	3:29:42	3:38:28
127	112	Daniel DIEZ FUENTES	122	ABM		4:03:57	TIERRA TRAGAME	0:44:14	1:10:18	2:14:33	2:35:34	3:00:44	3:29:11	3:38:43
128	420	Ricardo CARTUJO VILLAR	123	ABM	39 VAM	4:04:05	LEON CORRE	0:48:02	1:14:14	2:17:31	2:38:51	3:04:50	3:33:03	3:41:32
129	67	Angel MARTINEZ MIMOSO	124	ABM	40 VAM	4:04:45	CDM ALTO SIL	0:43:22	1:08:31	2:14:15	2:34:42	2:59:47	3:30:17	3:39:09
130	407	Rafael LEBORAN ALBERCA	125	ABM		4:06:07	TODOVERTICAL V	0:45:01	1:10:52	2:19:56	2:39:41	3:06:20	3:38:09	3:45:49
131	356	Miguel CAMACHO CASTRO	126	ABM	41 VAM	4:06:34	CAFES TOSCAF GMEA	0:45:27	1:11:52	2:18:53	2:40:08	3:04:40	3:33:01	3:41:30
132	289	Jose Ramon VENCELLES GARCIA	127	ABM		4:06:59	AVIENTU SOLORUNNERS	0:47:51	1:14:39	2:20:21	2:41:45	3:05:19	3:35:12	3:43:52
133	474	Severiano Sinson ALVAREZ MARRON	128	ABM	SI	4:07:06	CDM ALTO SIL	0:46:07	1:11:18	2:18:01	2:38:52	3:04:31	3:33:16	3:41:48
134	158	Fernando ALVAREZ MARTINEZ	129	ABM	42 VAM	4:07:33	TRAPIES	0:43:46	1:09:55	2:16:25	2:37:03	3:04:22	3:32:51	3:42:32
135	229	Jesus OBLANCA SANCHEZ	130	ABM	43 VAM	4:07:35	INDIVIDUAL	0:43:19	1:07:31	2:14:06	2:34:01	2:59:42	3:33:14	3:42:30
136	487	Victor RODRIGUEZ VEGA	131	ABM	44 VAM	4:07:39	TORTUGAS TRAIL LEON	0:43:39	1:09:52	2:17:06	2:38:48	3:03:34	3:33:31	3:42:35
137	367	Miguel Angel SUAREZ GARCIA	132	ABM	45 VAM	4:07:45	CORRIENDO X MORCIN	0:47:36	1:14:08	2:21:26	2:42:39	3:08:26	3:34:38	3:43:22
138	452	Salvador PRADAL GARCIA	133	ABM	6 VBM	4:07:54	INDIVIDUAL	0:44:16	1:10:10	2:14:21	2:36:19	3:01:09	3:29:30	3:38:49

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Pto	Dor	NOMBRE y APELLIDOS	p° CAT.	p° sCat.	Local	TIEMPO CLUB	EL MURO	PARAMO DEL SIL	LA CAMPONA	PRIMOUT	LA BRAÑA	PICO NEGRO	LA COLLADA			
139	106	Cholo PAREDES PEREZ	134	ABM	46	VAM	4:09:05	TRAILXTREM RACE TEAM	0:45:48	1:10:48	2:16:40	2:38:11	3:02:09	3:31:23	3:41:27	
140	245	Jorge QUIROS AMIEVA	135	ABM			4:09:12	TORTUGAS TRAIL LEON	0:45:21	1:11:14	2:18:27	2:40:08	3:06:43	3:35:14	3:44:28	
141	23	Adrian RAMOS SANCHEZ	136	ABM			4:09:33	ESCUELA PUBLICA	0:46:05	1:12:59	2:18:07	2:39:32	3:05:46	3:34:00	3:44:26	
142	488	Victor Manuel FREIRE MARQUES	137	ABM	47	VAM	4:09:54	BESTARRUZA TRINITY TRAIL	0:45:54	1:10:45	2:18:19	2:40:22	3:07:01	3:35:50	3:44:44	
143	125	David GARCIA SUAREZ	138	ABM			4:10:05	GENTE CORRIENTE	0:45:25	1:10:25	2:22:55	2:45:21	3:10:46	3:38:43	3:47:06	
144	458	Santiago AGULLO CANDA	139	ABM			4:10:09	INDEPENDIENTE	0:49:19	1:17:47	2:22:50	2:45:17	3:11:32	3:39:51	3:48:34	
145	372	Moises LARINCON RUBIO	140	ABM			4:10:36	INTELLIGENT INTERVAL	0:43:21	1:08:45	2:13:50	2:36:22	3:00:50	3:31:10	3:42:20	
146	317	Ludario ALVAREZ	141	ABM			4:11:02	CDM ALTO SIL	0:46:35	1:13:41	2:21:52	2:43:44	3:10:09	3:38:34	3:47:19	
147	133	David Mariano GONZALEZ GONZALEZ	142	ABM			4:11:15	AVIENTU	0:47:55	1:13:21	2:20:27	2:42:16	3:07:09	3:36:17	3:45:07	
148	335	Manuel MENDEZ GAVELA	143	ABM		SI	4:11:25	PARAMO DEL SIL	0:41:10	1:07:45	2:17:39	2:40:58	3:08:57	3:38:31	3:47:32	
149	39	Alejandro ROBLEDA CORRALES	144	ABM			4:11:45	INDIVIDUAL	0:49:27	1:14:26	2:23:16	2:44:49	3:10:17	3:40:22	3:49:00	
150	168	Fidel LEONARDO GARCIA	145	ABM		SI	4:11:55	PARAMO DEL SIL	0:41:14	1:07:48	2:17:44	2:41:01	3:09:00	3:38:30	3:47:34	
151	49	Alvaro GONZALO PEREZ	146	ABM			4:11:58	GM ENSIDESA GIJON	0:45:13	1:10:42	2:18:47	2:40:46	3:07:21	3:36:38	3:45:36	
152	103	Luciano MARRON MARTINEZ	147	ABM	7	VBM	SI	4:12:26	CDM ALTO SIL	0:44:48	1:10:52	2:18:58	2:39:53	3:05:44	3:35:37	3:45:23
153	90	Borja M, LAMAS LAGE	148	ABM			4:13:25	BESTARRUZA TRINITY TRAIL	0:45:09	1:10:47	2:18:25	2:40:16	3:07:05	3:36:34	3:46:35	
154	346	Mario FERNANDEZ ROBLEDADO	149	ABM			4:13:30	TODOVERTICAL V	0:49:51	1:17:36	2:31:42	2:53:03	3:17:16	3:42:49	3:50:38	
155	124	David BARREIRO CADENAS	150	ABM			4:14:05	CLUB ALPINO BERCIANO	0:47:26	1:13:57	2:21:56	2:43:45	3:10:08	3:39:55	3:49:16	
156	434	Ruben BLAZQUEZ RODRIGO	151	ABM			4:14:51	TODOVERTICAL V	0:45:41	1:11:07	2:17:11	2:36:58	3:00:35	3:30:34	3:42:22	
157	72	Antonio ALVAREZ GARCIA	152	ABM	8	VBM	4:15:07	CENTRO ASTURIANO DE OVIEDO	0:44:05	1:09:41	2:17:55	2:39:52	3:07:41	3:38:17	3:47:56	
158	143	Eduardo HERAS CRISTOBAL	153	ABM	48	VAM	4:15:21	INDIVIDUAL	0:46:33	1:11:18	2:20:25	2:42:06	3:09:32	3:42:38	3:51:07	
159	178	Francisco Javier GARCIA OVIEDO	154	ABM			4:15:25	INDEPENDIENTE	0:46:41	1:13:06	2:22:13	2:44:33	3:10:14	3:42:21	3:51:10	
160	410	Ramon FIDALGO VILLARINO	155	ABM			4:15:43	INDEPENDIENTE	0:47:37	1:14:24	2:25:44	2:49:14	3:14:31	3:42:55	3:51:12	
161	396	Pedro FERNANDEZ	156	ABM	49	VAM	4:16:00	CLUB ATLETISMO BENAVENTE	0:46:15	1:11:53	2:18:05	2:39:42	3:05:22	3:38:59	3:49:20	
162	482	Valentin PEREZ CUADRADO	157	ABM			4:16:03	FONTE DA TRAVE	0:46:12	1:11:07	2:21:02	2:42:28	3:08:46	3:40:24	3:49:30	
163	351	Martin PEREZ PEREZ	158	ABM			4:16:30	CDM ALTO SIL	0:45:12	1:10:44	2:19:59	2:43:10	3:08:49	3:40:14	3:49:04	
164	389	Pablo FREIRE CASTRO	159	ABM	50	VAM	4:16:42	BIERZO TODO DEPORTE	0:46:53	1:13:26	2:24:15	2:47:00	3:11:46	3:42:13	3:51:41	
165	386	Oscar MARQUES MARBAN	160	ABM			4:16:45	LA TIENDA VEGA DE ESPINAREDA	0:45:07	1:13:40	2:24:27	2:46:59	3:11:49	3:42:01	3:52:30	
166	262	Jose Antonio DIAZ ALVAREZ	161	ABM	51	VAM	4:16:52	TVITEC RUNNING	0:47:27	1:14:31	2:22:32	2:45:01	3:13:23	3:42:29	3:51:20	
167	70	Antonio CARRASCOSO RUBIO	162	ABM			4:17:42	CLUB ATLETISMO LAS ROZAS	0:44:35	1:10:33	2:19:16	2:42:16	3:09:30	3:41:24	3:51:01	
168	365	Miguel Angel GARNELO MARTINEZ	163	ABM			4:18:42	TITANES DEL SIL	0:49:11	1:16:36	2:29:06	2:52:14	3:17:50	3:47:12	3:55:35	
169	459	Santiago BUENO GAVELA	164	ABM		SI	4:19:52	INDIVIDUAL	0:41:13	1:07:47	2:17:48	2:41:02	3:09:01	3:42:23	3:52:26	
170	166	Fernando CORDERO RODRIGUEZ	165	ABM			4:19:59	GMREINOASTUR	0:46:57	1:13:39	2:27:04	2:49:33	3:15:36	3:43:43	3:53:59	
171	9	Jose Luis BLAZQUEZ HERNANDEZ	166	ABM	52	VAM	4:20:50	INDIVIDUAL	0:49:21	1:17:14	2:22:39	2:45:13	3:11:40	3:41:19	3:50:54	
172	8	Jose Manuel CRESPO RUBIO	167	ABM	53	VAM	4:20:58	INDIVIDUAL	0:48:27	1:15:34	2:24:40	2:47:02	3:11:44	3:44:12	3:54:04	
173	7	Jose RODRIGUEZ QUINTAS	168	ABM	54	VAM	4:21:37	RUNNING SPORT TRAIL		1:11:30	2:19:32	2:42:21	3:08:42	3:40:49	3:51:34	

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### CLASIFICADOS (403)

Pto	Dor	NOMBRE y APELLIDOS	pº CAT.	pº sCat.	Local	TIEMPO CLUB	EL MURO	PARAMO DEL SIL	LA CAMPONA	PRIMOUT	LA BRAÑA	PICO NEGRO	LA COLLADA	
174	301	Juan Pablo FIGUEROA FERNANDEZ	169	ABM		4:22:29	ASOCIACION DEPORTIVA CAR	0:46:20	1:12:06	2:24:55	2:49:00	3:16:20	3:49:18	3:57:50
175	169	Francisco AGULLO CANDA	170	ABM		4:23:01	VILATUXETRAIL	0:47:42	1:17:51	2:25:57	2:49:21	3:17:46	3:48:56	3:57:52
176	157	Felix Jose GARCIA FERNANDEZ	171	ABM	9 VBM	4:23:21	SM GRUPO COVADONGA	0:51:07	1:18:44	2:29:24	2:53:23	3:21:24	3:50:51	3:59:47
177	47	Alfredo POLIN NUÑEZ	172	ABM		4:23:34	INDIVIDUAL	0:46:26	1:12:18	2:20:52	2:42:54	3:13:07	3:45:18	3:55:39
178	131	David DE LA FUENTE	173	ABM		4:23:49	CENTRO ASTURIANO DE OVIEDO	0:49:23	1:16:00	2:27:36	2:50:52	3:17:40	3:47:03	3:56:37
179	123	David PEREZ DE LA VARGA	174	ABM		4:23:51	MTB RUNNERS LEON	0:45:51	1:11:15	2:22:30	2:45:23	3:11:40	3:43:04	3:53:18
180	208	Jaime GARCIA PUENTE	175	ABM		4:24:06	CM LOS REJOS	0:44:59	1:10:53	2:19:54	2:40:11	3:06:13	3:38:07	3:50:49
181	116	Daniel ORJALES PIÑEIRO	176	ABM		4:24:14	BESTARRUZA TRINITY TRAIL	0:46:51	1:13:43	2:22:00	2:45:08	3:12:47	3:42:59	3:53:23
182	96	Carlos CORDERO RODRIGUEZ	177	ABM		4:24:31	GMREINOASTUR	0:47:07	1:13:39	2:27:08	2:49:55	3:16:46	3:47:11	3:57:43
183	30	Alberto RODRIGUEZ GONZALEZ	178	ABM		4:24:36	GM REINOASTUR	0:48:34	1:14:18	2:27:32	2:49:57	3:16:47	3:47:06	3:57:44
184	308	Julio Alberto MENDEZ SANTAS	179	ABM		4:24:42	VIA XVIII MACEDA	0:45:29	1:12:56	2:24:09	2:49:09	3:17:32	3:49:59	3:59:15
185	260	Jose Antonio CARBALLO POSE	180	ABM		4:24:44	VIA XVIII MACEDA	0:45:31	1:12:54	2:23:03	2:49:07	3:17:33	3:49:57	3:59:13
186	282	Jose Maria ARRIBAS MORENO	181	ABM		4:24:46	RUNNING SPORT TRAIL	0:52:03	1:20:03	2:30:15	2:54:11	3:20:54	3:50:36	3:59:49
187	200	Ismael MUÑOZ MUÑOZ	182	ABM		4:24:59	ASADOR DE ANGEL	0:42:20	1:09:31	2:23:29	2:47:52	3:17:47	3:47:14	3:57:01
188	321	Luis RAMOS VALE	183	ABM		4:25:17	CLUB CAIMANES BETANZOS	0:44:42	1:10:36	2:20:33	2:44:11	3:13:53	3:45:39	3:56:45
189	417	Ricardo GIL DOPAZO	184	ABM	55 VAM	4:25:45	CLUB DE MONTAÑA XESTEIRAS	0:47:47	1:14:59	2:26:00	2:50:04	3:16:57	3:48:51	3:57:54
190	422	Roberto DIEGUEZ GONZALEZ	185	ABM		4:26:47	GRUPO TRAIL LEON	0:42:41	1:07:02	2:13:57	2:39:20	3:10:27	3:45:08	3:56:23
191	159	Fernando LOPEZ MENENDEZ	186	ABM		4:26:49	LANGREO TRAIL TEAM	0:47:57	1:13:26	2:25:10	2:49:24	3:16:27	3:49:22	3:59:46
192	463	Sergio CHANA	187	ABM		4:26:53	INDIVIDUAL	0:45:04	1:10:49	2:21:55	2:44:31	3:11:36	3:45:21	3:56:24
193	41	Alejandro LABRA GONZALEZ	188	ABM		4:27:29	GM PICU PIENZU	0:48:01	1:13:52	2:25:05	2:47:24	3:15:47	3:49:26	3:59:38
194	430	Rogelio PACIOS YAÑEZ	189	ABM	10 VBM	4:27:31	RUTAS DEL BIERZO	0:48:32	1:15:29	2:27:17	2:52:25	3:18:18	3:52:28	4:01:38
195	22	Adrian BENAVIDES CABEZAS	190	ABM		4:27:32	INDIVIDUAL	0:47:52	1:14:19	2:27:11	2:50:50	3:18:20	3:50:49	4:00:03
196	85	Avelino CAAMAÑO NIETO	191	ABM		4:27:55	PONTE TRAIL	0:46:38	1:16:51	2:28:15	2:51:38	3:18:46	3:44:33	4:00:10
197	212	Javier DEL FERRERO	192	ABM		4:28:16	INDIVIDUAL	0:44:20	1:11:35	2:21:39	2:47:19	3:15:56	3:46:57	3:58:25
198	280	Jose Manuel PEDROSA MAYO	193	ABM		4:28:18	PONTE TRAIL	0:49:08	1:17:18	2:28:21	2:51:36	3:18:42	3:49:54	4:00:15
199	216	Javier IGLESIAS SANCHEZ	194	ABM		4:28:21	CLUB SALAMANCA RAIDS	0:52:20	1:21:06	2:29:04	2:52:13	3:19:50	3:50:47	4:00:00
200	31	Alberto SANDOVAL BURON	195	ABM		4:28:41	CLUB DEPORTIVO DE MONTAÑA VALD	0:47:32	1:15:45	2:27:07	2:50:46	3:17:38	3:49:23	3:59:25
201	115	Daniel FIDALGO DIAZ	196	ABM		4:28:42	GM PEÑA MEA	0:47:43	1:14:23	2:26:44	2:51:17	3:20:12	3:54:01	4:03:12
202	224	Javier BLANCO GUARDADO	197	ABM		4:28:45	DUBRA TEAM	0:47:50	1:14:26	2:26:39	2:49:35	3:17:41	3:48:59	3:59:17
203	234	Jesus Ignacio GARCIA GAO	198	ABM		4:28:47	PICOS XTREME SPORT	0:47:34	1:15:17	2:28:38	2:51:45	3:19:11	3:50:13	3:59:42
204	65	Angel GUERRERO BLANCO	199	ABM	56 VAM	4:29:12	LEON CORRE	0:49:17	1:16:11	2:28:02	2:51:21	3:18:06	3:49:31	3:59:57
205	276	Jose Manuel ROUCO FERNANDEZ	200	ABM	57 VAM	4:29:54	INDEPENDIENTE	0:50:45	1:18:32	2:28:32	2:52:05	3:20:52	3:53:18	4:02:13
206	233	Jesus Enrique REY SOUTO	201	ABM	58 VAM	4:30:13	INDIVIDUAL	0:50:01	1:18:04	2:30:36	2:55:10	3:23:29	3:54:34	4:04:00
207	156	Felix PARRA RODRIGUEZ	202	ABM		4:30:29	PARRA SPORT RUNNIN	0:49:33	1:17:45	2:30:27	2:55:31	3:21:42	3:53:56	4:04:24
208	38	Alejandro MARTINEZ VARELA	203	ABM		4:30:49	AD JARNACHAS	0:48:15	1:15:23	2:26:49	2:50:44	3:21:55	3:54:05	4:03:09

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Pto	Dor	NOMBRE y APELLIDOS	pº CAT.	pº sCat.	Local	TIEMPO CLUB	EL MURO	PARAMO DEL SIL	LA CAMPONA	PRIMOUT	LA BRAÑA	PICO NEGRO	LA COLLADA		
209	20	Adolfo FERNANDEZ DOCASAR	204	ABM	59	VAM	4:31:12	RUNNING SPORT TRAIL OURENSE	0:51:39	1:19:55	2:35:24	2:59:23	3:26:26	3:56:28	4:05:52
210	204	Ivan LOMBARDIA OTERO	205	ABM			4:31:15	INDIVIDUAL	0:41:35	1:06:05	2:18:23	2:42:40	3:13:54	3:54:11	4:04:38
211	95	Carlos SAHELICES DIEZ	206	ABM	60	VAM	4:31:25	CUMBRES DE LEON	0:50:46	1:19:03	2:31:52	2:58:10	3:26:20	3:56:01	4:04:35
212	254	Jose SAMANIEGO MONTERO	207	ABM			4:31:53	INDEPENDIENTE	0:43:18	1:08:17	2:13:41	2:41:29	3:13:05	3:50:45	4:02:16
213	184	Guillermo PALACIOS RODRIGUEZ	208	ABM			4:32:02	CLUB DEPORTIVO CUETO DEL OSO	0:44:50	1:09:50	2:19:03	2:43:00	3:10:57	3:51:49	4:05:31
214	118	Daniel IGLESIAS PINTADO	209	ABM			4:32:48	ABREGO	0:51:12	1:19:13	2:31:48	2:57:14	3:24:33	3:55:58	4:06:10
215	256	Jose TUÑON RODRIGUEZ	210	ABM			4:32:58	CM OXIGENO	0:49:31	1:16:48	2:29:51	2:53:00	3:23:07	3:54:04	4:04:15
216	191	Hugo DIAZ CAMINO	211	ABM			4:33:23	ASADOR DE ANGEL CERCEDILLA	0:50:43	1:18:24	2:33:31	2:56:35	3:23:27	3:59:41	4:08:06
217	175	Francisco Javier CARBAJO BECERRO	212	ABM			4:33:28	RADIKAL BIERZO TEAM	0:47:54	1:13:54	2:24:11	2:48:21	3:17:59	3:52:42	4:03:46
218	339	Marcelino FERNANDEZ PEREZ	213	ABM	61	VAM	4:33:32	XATOS DEL NALON VALLE DE FORNE	0:51:24	1:19:00	2:33:39	2:58:14	3:26:21	3:59:33	4:08:56
219	46	Alfredo CARBAJO MARTINEZ	214	ABM			4:33:47	INDEPENDIENTE	0:45:50	1:12:58	2:25:35	2:51:12	3:23:11	3:54:32	4:04:53
220	268	Jose Francisco MARTIN SERANTES	215	ABM			4:33:50	GM REINOASTUR	0:51:16	1:20:16	2:31:34	2:55:19	3:23:16	3:54:39	4:05:15
221	14	David CLOUX GARCIA	216	ABM	62	VAM	4:33:53	INDEPENDIENTE	0:44:28	1:12:58	2:25:27	2:51:13	3:23:14	3:54:24	4:04:55
222	188	Henar PEREZ GONZALEZ	6	ABF			4:34:21	INTELLIGENT INTERVAL	0:51:23	1:18:58	2:31:03	2:56:34	3:23:26	3:54:45	4:05:07
223	401	Pedro Carlos GONZALEZ CASTRO	217	ABM			4:34:24	INTELLIGENT INTERVAL	0:51:17	1:18:58	2:31:07	2:56:29	3:23:25	3:54:47	4:05:13
224	274	Jose Manuel VIDAL MARTINEZ	218	ABM	63	VAM	4:35:00	SIN RECORTES	0:51:20	1:18:56	2:33:03	2:57:32	3:24:31	3:56:43	4:06:27
225	264	Jose Antonio POZO GONZALEZ	219	ABM			4:35:18	CUMBRES DE LEON	0:52:19	1:20:07	2:30:42	2:55:19	3:23:50	3:55:46	4:06:13
226	142	Eduardo GARCIA BUSTO	220	ABM	64	VAM	4:35:29	ASOCIACION DEPORTIVA MOAL	0:51:18	1:19:03	2:32:42	2:58:09	3:27:27	3:57:40	4:07:45
227	425	Roberto PARRILLA GARCIA	221	ABM	65	VAM	4:36:13	PEÑA MONTAÑEROS GISTREDO	0:46:18	1:12:44	2:29:14	2:54:59	3:23:20	3:57:35	4:07:40
228	170	Francisco GARCIA VEIRA	222	ABM			4:36:21	AD JARNACHAS	0:49:49	1:18:17	2:31:56	2:57:28	3:25:53	3:58:51	4:09:51
229	331	Manuel LOPEZ FELIPE	223	ABM	66	VAM	4:36:28	INDEPENDIENTE	0:50:11	1:18:06	2:31:54	2:57:24	3:25:57	3:59:31	4:08:59
230	298	Juan Luis SANCHEZ GONZALEZ	224	ABM			4:36:52	INDIVIDUAL	0:54:01	1:21:18	2:33:20	2:57:18	3:26:22	3:58:50	4:08:46
231	40	Alejandro PUENTE MARTINEZ	225	ABM			4:38:01	INDEPENDIENTE	0:46:55	1:12:56	2:18:42	2:43:06	3:11:08	3:46:47	4:01:19
232	287	Jose Oscar SARMIENTO CALLE	226	ABM			4:38:10	INDIVIDUAL	0:45:20	1:10:21	2:24:06	2:49:17	3:19:32	3:54:43	4:05:39
233	385	Oscar CARRACEDO REGUEIRA	227	ABM			4:39:40	INDEPENDIENTE	0:51:13	1:19:15	2:31:49	2:57:15	3:24:34	3:57:48	4:08:37
234	136	Diego MARTINEZ VAZQUEZ	228	ABM			4:39:50	INDEPENDIENTE							
235	194	Ignacio OTERO COMBARRO	229	ABM	67	VAM	4:40:02	INDIVIDUAL	0:50:48	1:19:11	2:32:07	2:58:13	3:26:24	4:00:29	4:10:58
236	464	Sergio GARCIA DE LA VIUDA	230	ABM			4:40:05	GYM BYM	0:42:06	1:08:04	2:24:04	2:49:13	3:21:30	3:57:04	4:07:11
237	196	Iñigo SAENZ ARGUEDAS	231	ABM	11	VBM	4:40:55	INDA MENDI	0:48:11	1:16:32	2:29:58	2:56:29	3:28:17	4:02:45	4:13:17
238	88	Benjamin PLAZA VALLINA	232	ABM			4:41:22	CLUB AVIENTU	0:52:27	1:21:05	2:37:44	3:00:57	3:30:11	4:04:47	4:15:56
239	269	Jose Ignacio GARCIA RUBIO	233	ABM	68	VAM	4:41:27	CLUB MONTAÑERO BENAVENTANO	0:54:13	1:23:39	2:39:31	3:03:38	3:31:36	4:04:56	4:14:44
240	251	Jose MARTINEZ FERNANDEZ	234	ABM	69	VAM	4:41:29	TORTUGAS TRAIL LEON	0:49:06	1:19:43	2:34:56	3:01:36	3:31:53	4:08:09	4:16:36
241	135	Diego COSTAS MARIÑO	235	ABM			4:41:30	COUTADAS TRAIL TEAM	0:53:18	1:28:47	2:41:44	3:05:19	3:36:01	4:07:01	4:15:28
242	429	Rodrigo GARCIA SEGURADO	236	ABM			4:41:35	INDEPENDIENTE	0:46:28	1:13:16	2:30:13	2:55:46	3:24:36	3:59:23	4:09:24
243	192	Hugo GARCIA GARCIA	237	ABM			4:41:40	INDIVIDUAL	0:46:25	1:13:14	2:20:13	2:55:46	3:24:29	3:52:07	4:09:22

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Pto	Dor	NOMBRE y APELLIDOS	p° CAT.	p° sCat.	Local	TIEMPO CLUB	EL MURO	PARAMO DEL SIL	LA CAMPONA	PRIMOUT	LA BRAÑA	PICO NEGRO	LA COLLADA	
244	440	Ruben GARCIA SEGURADO	238	ABM		4:41:50	INDEPENDIENTE	0:46:14	1:13:15	2:20:18	2:55:43	3:24:27	3:51:32	4:09:26
245	54	Ana MORAN PEREIRA	7	ABF	3 VAF	4:41:50	CD RADIKAL BIERZO	0:53:26	1:21:14	2:39:25	3:04:19	3:34:38	4:08:17	4:17:23
246	162	Fernando RODRIGUEZ FRAGA	239	ABM		4:42:02	GALAICO TRAIL RUNNERS	0:52:45	1:24:03	2:35:50	3:01:21	3:30:31	4:04:05	4:14:55
247	71	Antonio MORENO MENDEZ	240	ABM	70 VAM	4:42:38	CLUB AVIENTU	0:49:47	1:19:50	2:35:37	3:00:31	3:29:54	4:03:13	4:14:06
248	364	Miguel Angel MORENO MENDEZ	241	ABM		4:42:40	CORDUVA TRAIL	0:51:06	1:19:50	2:35:40	3:00:50	3:29:56	4:03:19	4:14:08
249	414	Raul SALVAT ESTEBARANZ	242	ABM		4:43:09	CDE TRIVOLUTION	0:50:20	1:19:01	2:31:24		3:26:33	3:59:48	4:10:40
250	48	Alfredo NUÑES GONZALEZ	243	ABM		4:43:13	CDM ALTO SIL	0:52:56	1:21:50	2:36:13	2:57:32	3:29:09	4:03:48	4:14:52
251	447	Ruben ALVAREZ MARRON	244	ABM	SI	4:43:43	CDM ALTO SIL	0:49:02	1:18:27	2:34:37	2:59:35	3:31:25	4:06:11	4:15:34
252	461	Saul JIMENEZ DEL CAMPO	245	ABM		4:44:04	HASTA LA CIMA NO PARES	0:49:52	1:18:26	2:36:08	3:00:35	3:30:47	4:05:50	4:18:13
253	59	Andres MARTINEZ ARIAS	246	ABM	71 VAM	4:44:24	INDIVIDUAL	0:49:15	1:17:10	2:34:16	2:57:29	3:28:30	4:03:44	4:15:48
254	359	Miguel SARDON MANCHON	247	ABM		4:45:04	MIGUEL SARDON MANCHON	0:48:28	1:17:46	2:28:55	2:53:17	3:30:15	4:03:21	4:13:45
255	92	Camilo FERNANDEZ RODRIGUEZ	248	ABM		4:45:20	INDIVIDUAL	0:44:51	1:11:50	2:30:29	2:56:10	3:26:19	4:02:12	4:14:35
256	398	Pedro ALONSO ALONSO	249	ABM	SI	4:45:23	PARAMO DEL SIL	0:44:52	1:11:50	2:30:32	2:56:07	3:26:17	4:02:26	4:14:31
257	81	Armando RODRIGUEZ DIEZ	250	ABM		4:45:39	MTBRUNNERS LEON	0:54:08	1:26:18	2:41:56	3:06:26	3:34:51	4:06:48	4:16:33
258	82	Arturo GARCIA PERTIERRA	251	ABM	72 VAM	4:45:44	INDIVIDUAL	0:53:32	1:23:04	2:38:49	3:03:32	3:34:37	4:07:27	4:17:26
259	214	Javier ESTEVEZ RAMA	252	ABM		4:45:53	INDIVIDUAL	0:51:38	1:20:35	2:35:20	3:01:17	3:31:32	4:05:31	4:15:45
260	393	Pablo ALVAREZ MAGADAN	253	ABM		4:45:56	INDIVIDUAL	0:51:36	1:20:37	2:35:18	3:01:10	3:31:29	4:05:22	4:15:37
261	255	Jose VILLAVERDE CARRERA	254	ABM		4:46:35	AD A FORMA BUDIÑOTRAIL	0:51:03	1:20:14	2:33:35	2:57:25	3:27:05	3:58:56	4:11:28
262	476	Silvia ROBLES FERNANDEZ	8	ABF		4:46:53	SOLORUNNERS	0:49:37	1:19:35	2:35:11	3:01:14	3:34:03	4:07:53	4:17:46
263	100	Carmen GARCIA CUEVAS	9	ABF	1 VBF	4:46:56	CLUB TIERRA TRAGAME	0:51:09	1:20:41	2:35:14	3:01:04	3:34:03	4:06:04	4:16:43
264	305	Julian RODRIGUEZ ASENSIO	255	ABM	12 VBM	4:47:03	CDM ALTO SIL	0:51:22	1:20:10	2:39:06	3:02:09	3:32:20	4:07:35	4:17:51
265	150	Esther HERNANDEZ PEREIRA	10	ABF		4:47:08	AVIVA SPORT CLUB	0:52:39	1:20:49	2:39:53	3:05:23	3:36:43	4:09:33	4:19:13
266	206	Ivan REDONDO VIDAL	256	ABM		4:47:11	AVIVA SPORT CLUB	0:52:30	1:20:49	2:39:50	3:05:25	3:36:38	4:08:49	4:19:06
267	53	Amalia RIONDA MUÑIZ	11	ABF		4:47:18	GM ENSIDESA GIJON	0:52:34	1:22:39	2:41:03	3:05:53	3:34:43	4:08:13	4:18:53
268	24	Agustin RISUEÑO MARTIN	257	ABM	73 VAM	4:47:22	JARAMUGOS Y JUMENTOS	0:52:28	1:22:22	2:40:46	3:06:12	3:36:49	4:08:34	4:18:27
269	199	Isidro SOTO FERNANDEZ	258	ABM	13 VBM	4:48:07	INDIVIDUAL	0:47:24	1:14:35	2:30:23	2:56:50	3:26:38	4:03:27	4:15:04
270	304	Julian SANCHEZ MARTIN	259	ABM		4:49:00	MEDIATICSRUNNIG							
271	89	Bernardo RODRIGUEZ ESTEVEZ	260	ABM	14 VBM	4:49:05	INDIVIDUAL	0:54:03	1:28:30	2:50:09	3:13:33	3:43:04	4:14:54	4:24:40
272	45	Alfredo ALCANTARA LORENZO	261	ABM	74 VAM	4:49:07	COUTADAS TRAIL TEAM	0:52:06	1:28:31	2:50:06	3:13:38	3:43:01	4:12:55	4:24:37
273	441	Ruben RODRIGUEZ ESTEVEZ	262	ABM		4:49:15	COUTADAS	0:52:31	1:28:33	2:50:08	3:13:41	3:42:59	4:13:19	4:24:39
274	340	Marcos GONZALEZ CARBALLO	263	ABM		4:49:27	LANGREO TRAIL TEAM	0:51:00	1:17:46	2:31:44	2:57:41	3:30:26	4:06:31	4:18:47
275	155	Fco Javier TORRES CRESPO	264	ABM	15 VBM	4:49:28	CLUB NAUTICO LANGOSTEIRA	0:52:29	1:21:52	2:38:39	3:04:02	3:34:35	4:08:36	4:20:00
276	185	Gustavo MARTINEZ GARCIA	265	ABM		4:49:30	INDEPENDIENTE	0:51:33	1:21:11	2:36:47	3:01:44	3:32:37	4:07:22	4:18:31
277	165	Fernando LAGO CASTRO	266	ABM	75 VAM	4:49:35	COUTADAS TRAIL TEAM	0:53:51	1:29:01	2:50:13	3:13:54	3:42:59	4:15:10	4:24:52
278	238	Joaquin GARCIA FERNANDEZ	267	ABM	76 VAM	4:49:39	INDIVIDUAL	0:54:14	1:23:05	2:39:23	3:03:51	3:35:24	4:09:06	4:19:19



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279	113	Daniel SEOANE CASTRO	268	ABM		4:49:40								
280	362	Miguel ARAGONES BARCO	269	ABM		4:50:27	0:55:25	1:27:37	2:41:51	3:08:25	3:36:51	4:08:32	4:20:10	
281	110	Cristina MIRANDA CASTAÑON	12	ABF		4:50:37	0:51:28	1:21:01	2:39:12	3:04:20	3:36:36	4:09:27	4:20:49	
282	374	Noel RODRIGUEZ DIAZ	270	ABM		4:50:39	0:51:42	1:21:03	2:39:11	3:05:16	3:36:35	4:08:47	4:20:50	
283	342	Marcos MARTIN PEREZ	271	ABM	77	VAM	4:50:42	0:48:59	1:19:42	2:35:02	3:01:39	3:31:49	4:09:47	4:21:08
284	201	Ivan MARTINEZ DE CAMPOS ESCAS	272	ABM	78	VAM	4:50:54	0:55:06	1:30:36	2:46:26	3:09:50	3:40:15	4:14:00	4:24:00
285	126	David PORTILLO MACEDA	273	ABM		4:51:08	0:53:29	1:22:39	2:41:22	3:07:42	3:40:27	4:14:04	4:24:09	
286	343	Maria PAYNO PALLARES	13	ABF		4:51:26	0:54:52	1:25:23	2:45:05	3:10:08	3:40:12	4:13:56	4:24:26	
287	173	Francisco Javier DIAZ IBORRAS	274	ABM	79	VAM	4:52:20	0:55:24	1:27:03	2:41:49	3:07:58	3:40:20	4:12:22	4:24:22
288	107	Christian ALVAREZ SOTO	275	ABM		4:52:27	0:55:27	1:27:05	2:41:47	3:07:58	3:40:22	4:12:26	4:24:28	
289	470	Sergio ALVAREZ CAMPELO	276	ABM		4:53:10	0:52:17	1:22:34	2:43:09	3:06:27	3:36:53	4:13:33	4:25:43	
290	195	Ino MARTINEZ LOPEZ	277	ABM		4:53:23	0:50:41	1:19:45	2:39:16	3:05:05	3:36:04	4:12:15	4:23:32	
291	211	Javier HERRERA ANTONAYA	278	ABM		4:53:36	0:51:10	1:20:51	2:35:04	3:01:06	3:34:06	4:09:24	4:22:12	
292	347	Mario FENTE SOUSA	279	ABM		4:55:44	0:53:53	1:24:07	2:43:21	3:08:29	3:38:34	4:14:08	4:24:34	
293	108	Concepcion POMBO GARRIDO	14	ABF		4:55:47	0:54:56	1:25:46	2:43:35	3:08:47	3:39:28	4:15:03	4:25:23	
294	328	Manuel GONZALEZ NOVOA	280	ABM	80	VAM	4:55:53	0:50:56	1:19:37	2:36:48	3:03:37	3:34:49	4:10:51	4:22:39
295	141	Eduardo ROBLEDO ABRIL	281	ABM		4:56:18	0:55:17	1:26:46	2:43:19	3:11:59	3:41:54	4:17:48	4:27:25	
296	15	Carlos ALFONSO ALVAREZ	282	ABM	16	VBM	4:56:50	0:56:56	1:27:34	2:49:59	3:17:43	3:46:01	4:20:29	4:30:23
297	311	Laura DIONISIO GONZALEZ	15	ABF		4:57:04	0:52:42	1:22:01	2:37:00	3:03:58	3:39:20	4:12:30	4:24:42	
298	127	David RAPOSO CALERO	283	ABM		4:57:07	0:52:47	1:21:20	2:36:56	3:04:37	3:39:23	4:14:02	4:24:49	
299	442	Ruben PERTEJO GUTIERREZ	284	ABM		4:57:13	0:54:39	1:27:12	2:52:07	3:15:35	3:44:20	4:17:10	4:27:21	
300	43	Alfonso BELLIDO GONZALEZ	285	ABM	81	VAM	4:57:20	0:48:51	1:16:02	2:30:22	2:57:18	3:28:23	4:07:09	4:21:04
301	395	Pablo Manuel ESCOBIO OVIES	286	ABM		4:57:31	0:49:57	1:17:37	2:31:46	2:58:02	3:30:26	4:06:43	4:18:48	
302	293	Juan COTO SOLIS	287	ABM		4:58:27	0:54:18	1:24:53	2:43:38	3:11:22	3:44:58	4:19:07	4:30:10	
303	462	Senen GONZALEZ OTERO	288	ABM		4:58:55	0:52:21	1:23:47	2:43:00	3:10:04	3:40:29	4:14:10	4:26:01	
304	252	Jose PICANTE LOPEZ	289	ABM		4:59:07	0:54:47	1:24:05	2:38:51	3:04:58	3:39:25	4:15:07	4:26:14	
305	279	Jose Manuel MORAN VAQUERO	290	ABM		4:59:13	0:50:50	1:19:05	2:33:54	3:01:24	3:34:07	4:08:52	4:24:25	
306	222	Javier TELMO MIRANDA	291	ABM	82	VAM	4:59:18	0:51:27	1:19:33	2:38:27	3:04:03	3:36:41	4:14:50	4:25:37
307	332	Manuel BARBEITO QUEIJEIRO	292	ABM		4:59:36	0:50:57	1:19:41	2:41:16	3:08:03	3:38:01	4:14:56	4:25:45	
308	428	Rocio NAREDO ROJO	16	ABF		4:59:47	0:56:59	1:28:07	2:52:03	3:15:34	3:44:18	4:22:03	4:32:08	
309	79	Antonio Manuel VILLA TORRES	293	ABM	83	VAM	4:59:50	0:55:32	1:27:26	2:48:12	3:15:18	3:44:54	4:20:18	4:32:09
310	394	Pablo Cesar PEREZ MARTIN	294	ABM	84	VAM	4:59:54	0:54:54	1:24:48	2:43:32	3:09:19	3:41:49	4:18:05	4:29:43
311	436	Ruben PEREZ MARTIN	295	ABM		4:59:55	0:55:36	1:24:50	2:43:34	3:09:02	3:41:52	4:18:11	4:29:45	
312	290	Jose Ramon RODRIGO HERRERO	296	ABM		5:00:06		1:23:02	2:39:58	3:05:00	3:36:27	4:10:54	4:24:45	
313	456	Santiago DUEÑA HERRERO	297	ABM	85	VAM	5:00:17	0:50:55	1:20:42	2:43:40	3:09:31	3:41:36	4:19:33	4:30:55

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### CLASIFICADOS (403)

Pto	Dor	NOMBRE y APELLIDOS	p° CAT.	p° sCat.	Local	TIEMPO CLUB	EL MURO	PARAMO DEL SIL	LA CAMPOÑA	PRIMOUT	LA BRAÑA	PICO NEGRO	LA COLLADA		
314	375	Noelia PINTOR IGLESIAS	17	ABF		5:00:28	INDIVIDUAL	0:56:04	1:26:28	2:48:08	3:15:43	3:45:48	4:22:10	4:32:22	
315	273	Jose Manuel DE LA VILLA REQUEJO	298	ABM	17	VBM	5:00:38	INDEPENDIENTE	0:56:03	1:28:13	2:49:07	3:16:25	3:47:23	4:19:46	4:30:57
316	176	Francisco Javier RODRIGUEZ AREOSA	299	ABM			5:01:03	INDIVIDUAL	0:53:44	1:30:23	2:48:35	3:14:48	3:43:59	4:22:36	4:33:40
317	471	Sergio POUSADA CASAL	300	ABM			5:02:03	AD JARNACHAS	0:45:46	1:13:24	2:26:08	2:51:59	3:27:33	4:04:52	4:17:40
318	29	Alberto TRAPERO CARPIO	301	ABM	86	VAM	5:03:01	INDIVIDUAL	0:49:04	1:19:45	2:34:58	3:01:42	3:32:03	4:13:55	4:27:03
319	327	Andrew CARCIE	302	ABM	87	VAM	5:03:08	INDIVIDUAL	0:53:37	1:21:58	2:38:56	3:06:39	3:41:32	4:18:55	4:32:15
320	371	Mohammed REDA ELANDALOUSSI	303	ABM	88	VAM	5:03:33	INDIVIDUAL	0:51:01	1:20:43	2:37:26	3:04:08	3:35:19	4:10:11	4:24:31
321	13	Simon ALLEN	304	ABM	89	VAM	5:03:43	RUTAS DEL BIERZO	0:52:41	1:20:54	2:42:15	3:06:14	3:40:31	4:21:25	4:33:33
322	12	Elias ALFONSO ALVAREZ	305	ABM	90	VAM	5:03:46	UST	0:54:37	1:27:36		3:17:44	3:46:06	4:23:52	4:34:02
323	483	Veronica PEREZ MORENO	18	ABF			5:03:53	MEDIATICS RUNNING	0:57:38	1:27:48	2:46:02	3:11:10	3:43:32	4:19:36	4:31:14
324	391	Pablo VAZQUEZ PEREZ	306	ABM	91	VAM	5:04:24	INDEPENDIENTE	0:51:04	1:20:39	2:37:39	3:05:52	3:42:23	4:19:04	4:31:00
325	205	Ivan BUSTO CARRETE	307	ABM			5:04:45	CLUB MONTEPENARUBIA RUNNING	0:46:01	1:12:51	2:34:44	3:01:32	3:36:46	4:11:53	4:27:08
326	272	Jose Luis ORTIZ ALONSO	308	ABM	92	VAM	5:05:06	ORKATZAK	0:53:35	1:25:26	2:43:43	3:12:24	3:44:51	4:22:08	4:32:40
327	151	Estrella ALONSO FIERRO	19	ABF	2	VBF	5:06:20	INDEPENDIENTE	0:53:31	1:25:18	2:47:03	3:13:39	3:49:53	4:24:35	4:35:30
328	368	Miguel Angel DOMINGUEZ GAGO	309	ABM			5:06:28	INDIVIDUAL	0:47:02	1:15:53	2:30:17	3:01:30	3:34:35	4:08:24	4:22:26
329	57	Ana Maria GONZALEZ GARCIA	20	ABF			5:06:46	CORRIENDO POR MORCIN	0:52:38	1:23:08	2:44:27	3:10:11	3:46:41	4:24:49	4:36:02
330	83	Aurelio GOMEZ MUÑIZ	310	ABM	93	VAM	5:08:14	INDEPENDIENTE	0:47:11	1:19:17	2:40:54	3:14:26	3:46:59	4:23:58	4:34:31
331	104	Cesar SERRANO RIVERO	311	ABM			5:08:18	INDEPENDIENTE	0:49:45	1:19:57	2:40:13	3:09:20	3:46:29	4:20:43	4:33:26
332	27	Alberto PEREIRO GONZALEZ	312	ABM			5:10:31	COUTADAS TRAIL TEAM	0:57:36	1:29:00	2:53:59	3:24:11	3:56:47	4:30:21	4:41:36
333	334	Manuel VAZQUEZ SUAREZ	313	ABM	94	VAM	5:10:32	COUTADAS TRAIL TEAM	0:57:33	1:28:59	2:53:55	3:23:10	3:56:48	4:31:51	4:41:34
334	232	Jesus Angel RUBIAL SAIZ	314	ABM			5:10:45	LEON CORRE	0:55:04	1:32:51	2:57:37	3:22:57	3:55:32	4:30:49	4:41:47
335	77	Antonio DIEZ GARCIA	315	ABM			5:10:46	CDM ALTO SIL	0:52:58	1:21:54	2:49:37	3:15:13	3:45:09	4:23:33	4:33:38
336	98	Carlos CASTAÑEIRAS FOLGUERAL	316	ABM	18	VBM	5:11:04	RUTAS DEL BIERZO	0:56:19	1:28:42	2:54:46	3:21:07	3:53:53	4:30:11	4:40:46
337	307	Julio VILLAMAÑAN GONZALEZ	317	ABM	95	VAM	5:11:07	INDIVIDUAL	0:55:18	1:27:11	2:46:13	3:15:51	3:49:34	4:27:11	4:38:56
338	28	Alberto RODRIGUEZ FLORES	318	ABM	96	VAM	5:11:28	RUN GO	0:55:31	1:27:49	2:45:51	3:11:33	3:45:41	4:24:46	4:37:15
339	73	Antonio PRADO GARCIA	319	ABM	97	VAM	5:11:45	INDEPENDIENTE	0:54:43	1:27:03	2:46:46	3:14:44	3:48:24	4:24:31	4:36:35
340	445	Ruben SOLIS CARBAJAL	320	ABM	98	VAM	5:11:59	GM REINOASTUR	0:51:41	1:21:01	2:39:09	3:09:58	3:46:24	4:19:41	4:31:42
341	109	Cristina RUIZ LORCA	21	ABF			5:12:01	GM REINOASTUR	0:50:34	1:18:13	2:39:14	3:10:02	3:46:27	4:19:39	4:31:45
342	484	Veronica MARTINEZ PARCERO	22	ABF			5:12:30	DUBRA TEAM	0:57:18	1:29:48	2:52:17	3:18:00	3:50:11	4:27:27	4:39:57
343	354	Melina MARTINEZ PARCERO	23	ABF			5:12:32	DUBRA TEAM	0:57:17	1:29:47	2:52:14	3:17:57	3:50:13	4:27:25	4:39:55
344	97	Carlos CARRASCO ITURRA	321	ABM	99	VAM	5:12:33	DUBRA TEAM	0:57:39	1:29:49	2:52:16	3:17:59	3:50:14	4:27:30	4:39:53
345	288	Jose Ramon FERNANDEZ LOPEZ	322	ABM			5:13:13	CLUB MONTEPENARUBIA RUNNING LU	0:54:16	1:24:18	2:42:21	3:10:08	3:45:44	4:21:35	4:34:29
346	444	Ruben ALVAREZ GONZALEZ	323	ABM			5:15:21	CLUB MARATON BENAVIDES	0:57:21	1:27:17	2:57:44	3:22:42	3:55:11	4:31:20	4:42:09
347	183	Gonzalo ALBA MARTIN	324	ABM	100	VAM	5:15:37	INDIVIDUAL	0:52:48	1:21:15	2:38:08	3:04:16	3:40:27	4:19:43	4:33:15

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### CLASIFICADOS (403)

Pto	Dor	NOMBRE y APELLIDOS	pº CAT.	pº sCat.	Local	TIEMPO CLUB	EL MURO	PARAMO DEL SIL	LA CAMPONA	PRIMOUT	LA BRAÑA	PICO NEGRO	LA COLLADA		
348	198	Isidoro MARTINEZ MARTIN	325	ABM	101	VAM	5:15:55	CD CASA DE ASTURIAS EN LEON	0:53:14	1:24:41	2:43:31	3:12:06	3:45:48	4:23:37	4:37:30
349	326	Lukas PIPREK	326	ABM			5:16:46	INDIVIDUAL	0:49:13	1:17:29	2:38:33	3:05:10	3:41:19	4:27:08	4:40:43
350	450	Rut GARCIA LAZARO	24	ABF			5:19:20	CLUB ATLETISMO LAS ROZAS	0:56:46	1:30:10	2:52:09	3:19:18	3:53:46	4:32:04	4:46:05
351	433	Dorsal433 NO ASIGNADO	327	ABM			5:19:27	INDEPENDIENTE	0:56:06	1:27:40	2:52:06	3:20:55	3:55:23	4:32:08	4:44:20
352	164	Fernando CASTRILLO CARPINTERO	328	ABM	102	VAM	5:19:57	ULTRARUN	0:55:34	1:27:14	2:50:11	3:20:25	3:53:24	4:30:09	4:43:27
353	432	Roi LAMAS VALEIJE	329	ABM			5:20:03	INDIVIDUAL	0:48:44	1:15:37	2:37:13	3:05:37	3:43:14	4:29:23	4:46:34
354	426	Roberto RODRIGUEZ ALDAO	330	ABM	103	VAM	5:20:29	ASOCIACION DEPORTIVA JARNACHAS	0:52:44	1:24:32	2:50:03	3:21:50	3:58:59	4:35:53	4:47:45
355	240	Jorge ATANCE ANDRINO	331	ABM			5:21:34	AD CLUB DE MONTAÑA PEGASO	0:53:56	1:24:09	2:42:24	3:12:01	3:49:03	4:29:05	4:42:31
356	416	Raul SOLAS FERNANEZ	332	ABM			5:23:44	INDRA RUNNERS	0:47:04	1:16:13	2:37:41	3:04:00	3:42:28	4:26:48	4:44:04
357	480	Ubaldo VILA ANCA	333	ABM	104	VAM	5:25:45	INDEPENDIENTE	0:54:00	1:26:44	2:47:45	3:17:25	3:53:50	4:33:53	4:48:00
358	409	Ramon VILA ANCA	334	ABM	105	VAM	5:25:47	INDEPENDIENTE	0:53:58	1:26:37	2:47:40	3:17:11	3:53:52	4:30:02	4:48:01
359	228	Jesus CAÑO GONZALEZ	335	ABM			5:27:31	MTBRUNNERS LEON	0:56:11	1:30:13	2:59:19	3:28:52	4:03:47	4:38:16	4:52:23
360	147	Enrique GAYOSO LLAMAS	336	ABM	106	VAM	5:27:34	MTBRUNNERS LEON	0:56:10	1:30:13	2:59:21	3:28:54	4:03:48	4:41:06	4:52:25
361	244	Jorge DIEZ BARREIRO	337	ABM			5:28:30	INDIVIDUAL	0:57:29	1:30:16	2:58:07	3:25:54	4:00:05	4:42:21	4:55:38
362	283	Jose Maria FIGUEIRIDO FERNANDEZ	338	ABM	107	VAM	5:28:36	COUTADAS TRAIL TEAM	0:53:57	1:28:51	2:54:01	3:25:54	4:02:11	4:43:19	4:55:18
363	64	Angel ALVARO BAYON	339	ABM			5:28:40	INDIVIDUAL	0:56:21	1:33:12	3:00:05	3:32:20	4:05:26	4:38:56	4:53:28
364	373	Nacho ARES DIAZ	340	ABM	108	VAM	5:28:42	IBIZA RUNNERS	0:57:01	1:33:12	3:00:07	3:32:24	4:05:28	4:39:54	4:53:31
365	310	Juliocesar GONZALEZ LOPEZ	341	ABM			5:28:53	INDIVIDUAL	0:51:26	1:28:48	2:50:54	3:20:30	3:58:10	4:41:39	4:53:36
366	37	Alejandro BLANCO DE CASO	342	ABM			5:28:58	CD ALE	0:55:11	1:29:07	2:50:57	3:20:30	3:58:13	4:41:53	4:53:38
367	21	Adolfo RIVERO TASCAN	343	ABM			5:29:01	INDEPENDIENTE	0:55:02	1:29:01	2:50:55	3:18:42	3:58:11	4:42:00	4:53:35
368	324	Luis Angel ALVAREZ PASTOR	344	ABM			5:29:03	INDIVIDUAL	0:57:25	1:32:07	2:59:11	3:31:20	4:07:29	4:45:34	4:57:48
369	132	David ALVAREZ PASTOR	345	ABM			5:29:05	INDIVIDUAL	0:57:24	1:32:05	2:59:13	3:31:08	4:07:35	4:45:33	4:57:51
370	489	Victor Manuel GOMEZ LARA	346	ABM	109	VAM	5:29:10	INDIVIDUAL	0:57:13	1:31:24	2:53:51	3:23:38	3:56:34	4:35:49	4:49:26
371	378	Olvido ESTRADA MONTES	25	ABF	4	VAF	5:29:51	CLUB AVIENTU	1:00:50	1:34:19	3:01:26	3:31:20	4:07:37	4:46:03	4:57:22
372	230	Jesus LOPEZ M	347	ABM	19	VBM	5:29:56	TIERRA TRAGAME	0:55:51	1:30:45	2:57:28	3:29:53	4:05:48	4:43:59	4:57:10
373	486	Victor SARMIENTO JUAN	348	ABM	110	VAM	5:30:06	TELENO TRAIL	0:54:33	1:27:45	2:54:31	3:23:23	4:00:03	4:40:33	4:54:22
374	397	Pedro GARCIA MERAYO	349	ABM	111	VAM	5:30:18	INDIVIDUAL	0:51:31	1:21:35	2:43:30	3:12:41	3:55:06	4:32:41	4:48:27
375	405	Quirina DIAZ SEOANE	26	ABF			5:30:30	AME BESTARRUZA TRINITY TRIL	0:53:55	1:25:29	2:56:08	3:26:03	4:02:16	4:43:31	4:55:36
376	243	Jorge GOMEZ GUTIERREZ	350	ABM	20	VBM	5:33:50	CDE RUNNERS DE BARRIO	0:57:14	1:31:04	2:55:00	3:27:44	4:06:35	4:46:07	4:57:25
377	248	Jorge Juan OCHOA SUAREZ	351	ABM	112	VAM	5:33:52	INDEPENDIENTE	0:57:11	1:28:11	2:55:04	3:26:54	4:06:40	4:45:57	4:56:04
378	330	Manuel OTERO GOMEZ	352	ABM	113	VAM	5:36:19	AD FOGAR	0:58:07	1:35:53	3:12:19	3:46:01		4:55:37	5:06:25
379	16	Eliseo GONZALEZ CERNUDA	353	ABM	21	VBM	5:36:51	SMCC LA FRESNEDA	0:59:00	1:31:16	3:02:08	3:34:49	4:09:58	4:51:09	5:03:02
380	263	Jose Antonio SANCHO CANCELA	354	ABM	22	VBM	5:37:51	GUADARRAMA TRAIL	0:51:14	1:22:47	2:47:32	3:23:50	4:04:43	4:44:24	4:58:43
381	376	Nol VEGA BLANCO	355	ABM			5:38:47	INDIVIDUAL	0:56:02	1:31:57	2:49:04	3:19:45	3:55:51	4:30:17	4:41:23

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### CLASIFICADOS (403)

Pto	Dor	NOMBRE y APELLIDOS	p° CAT.	p° sCat.	Local	TIEMPO CLUB	EL MURO	PARAMO DEL SIL	LA CAMPOÑA	PRIMOUT	LA BRAÑA	PICO NEGRO	LA COLLADA		
382	177	Francisco Javier GARC	356	ABM	114	VAM	5:38:49	INDIVIDUAL	0:57:02	1:31:58	2:51:59	3:19:48	3:55:50	4:45:05	5:02:48
383	258	Jose Alberto POSTIGO PEREZ	357	ABM	115	VAM	5:39:29	INDIVIDUAL	0:54:28	1:28:24	2:55:18	3:27:33	4:07:05	4:48:06	5:00:50
384	187	Hector GARCIA GARCIA	358	ABM			5:40:02	INDIVIDUAL	0:57:49	1:32:42	3:00:27	3:31:04	4:07:20	4:52:51	5:05:02
385	186	Guzman GOMEZ RODRIGUEZ	359	ABM			5:40:42	INDIVIDUAL	1:00:11	1:36:22	3:07:41	3:35:22	4:10:13	4:53:10	5:05:18
386	163	Fernando CASANOVA CABEZAS	360	ABM	116	VAM	5:42:43	INDIVIDUAL	0:55:33	1:28:54	2:55:31	3:30:40	4:07:39	4:53:15	5:05:14
387	406	Rafael COSTAS RODRIGUEZ	361	ABM	117	VAM	5:45:08	INDIVIDUAL	0:52:25	1:26:05	2:56:50	3:25:39	4:07:27	4:52:22	5:05:49
388	259	Jose Angel CASTRO FALAGAN	362	ABM			5:46:59	INDEPENDIENTE	0:59:12	1:31:36	3:05:05	3:34:51		5:01:52	5:13:16
389	352	Mauricio VIZAN DE UÑA	363	ABM	118	VAM	5:50:53	NUNCA CORRERAS SOLO	0:55:58	1:27:33	2:53:34	3:26:54	4:08:19	4:51:13	5:07:03
390	370	Miguel Angel RODRIGUEZ POZUELO	364	ABM	23	VBM	5:50:56	NUNCA CORRERAS SOLO	1:00:06	1:32:24	3:02:48	3:31:19	4:08:25	4:53:02	5:07:07
391	355	Mercedes IGLESIAS BARATA	27	ABF			5:51:02	INDIVIDUAL	1:02:44	1:36:27	3:05:06	3:35:12	4:11:25	4:53:45	5:09:13
392	153	Eva M DOMINGUEZ ALVARO	28	ABF			5:51:05	CLINICA MENORCA	1:02:36	1:36:24	3:05:04	3:35:08	4:11:18	4:53:49	5:09:08
393	315	Lorena MONTES LORENZO	29	ABF			5:51:23	INDIVIDUAL	0:55:13	1:28:59	3:04:39	3:36:29	4:11:19	4:55:42	5:09:46
394	423	Roberto GONZALEZ SANTALLA	365	ABM			5:52:23	CD TRAILRUNNINGES	0:58:55	1:36:13	3:04:57	3:35:36		4:54:38	5:10:09
395	62	Andres FLOREZ PEREZ	366	ABM			5:52:25	CORUÑA COMARCA	0:58:57	1:36:15	3:05:00	3:35:34		4:54:41	5:10:12
396	312	Laura BLANCO PEREZ	30	ABF			5:52:28	INDEPENDIENTE	1:03:00	1:38:44	3:09:57	3:37:34		5:02:37	5:15:40
397	300	Juan Manuel CAMPOY DELGADO	367	ABM			5:56:59	CDETM PEDREZUELA	0:59:16	1:32:47	3:01:00	3:36:22	4:22:04	5:05:42	5:19:14
398	358	Miguel BERNARDO SARIEGO	368	ABM	119	VAM	5:57:03	ULE CHORCO	0:58:03	1:33:29	3:05:28	3:37:36		5:03:51	5:18:22
399	314	Lodario LERA FERNANDEZ	369	ABM	120	VAM	5:58:45	TRIMI VALLE DE FORNELA	1:00:44	1:35:51	3:04:04	3:38:50		5:03:26	5:18:27
400	217	Javier LLANO GAITERO	370	ABM	121	VAM	5:58:49	INDIVIDUAL	0:56:07	1:28:56	2:55:48	3:30:57	4:10:12	4:54:28	5:13:25
401	477	Sole YEBRA FUENTES	31	ABF	5	VAF	5:59:33	INDIVIDUAL	1:01:08	1:35:29	3:12:24	3:43:46	4:21:58	5:05:37	5:19:11
402	296	Juan Jose PRIETO BARRIENTOS	371	ABM			5:59:35	MEDIATICS RUNNING	0:59:28	1:34:24	3:12:43	3:43:51	4:21:56	5:05:28	5:19:10
403	419	Ricardo MARTINEZ MUÑOZ	372	ABM	122	VAM	6:00:44	INDIVIDUAL	1:01:46	1:37:37	3:09:03	3:38:53	4:21:40	5:05:46	5:19:54