

# XXIX CROSS DE LOS TRES REFUGIOS

19 Mayo 2019

## Tres Refugios - Orden De Llegada

Inscripciones online [YouEvent.es](http://YouEvent.es)

### Finalizados

Pto	Dor	NOMBRE y APELLIDOS	pº ABS	pº CAT	TIEMPO	CLUB	PENAL.	META	MALICIOSA	CANTO COCHINO	CHARCA VERDE	PTE. MANCHEGO	BOLA DEL MUNDO
1	2	Noel BURGOS GOMEZ	1 ABM		3:01:25	CLUB ALPINO MADRILEÑO		3:01:25	0:37:53		1:28:48	2:10:24	2:45:18
2	3	Antonio ALCALDE SANCHEZ	2 ABM		3:01:25	CLUB ALPINO MADRILEÑO		3:01:25	0:37:52		1:28:51	2:10:27	2:45:16
3	395	Andres POLLEDO PANDO	3 ABM		3:11:24	TRIATLON CLUB LAS ENCINAS DE B		3:11:24	0:38:42	1:18:32	1:31:38	2:15:55	2:54:22
4	343	Hector GUERRA GARCIA	4 ABM	1 VAM	3:11:27	INDIVIDUAL		3:11:27	0:38:01	1:18:34	1:31:36	2:15:43	2:54:20
5	216	Carlos GALERA DIEZ	5 ABM	2 VAM	3:12:22	RSEA PEÑALARA		3:12:22	0:37:56	1:20:38	1:33:56	2:18:06	2:54:53
6	250	Jesus CANO SIMON	6 ABM		3:23:52	INDEPENDIENTE		3:23:52	0:42:42	1:25:12	1:40:17	2:26:21	3:06:35
7	225	Alberto SANCHEZ PANIAGUA	7 ABM		3:24:22	AGO TEAM LOS LOCOS DEL CERRO		3:24:22	0:42:18	1:25:09	1:40:09	2:27:53	3:08:11
8	169	Francisco MARTINEZ FERNANDEZ	8 ABM	3 VAM	3:28:36	ALALPARDO RUNNING TEAM		3:28:36	0:42:58	1:32:59	1:47:39	2:35:34	3:12:35
9	203	Sergio DE LA VIA IZQUIERDO	9 ABM	4 VAM	3:32:27	CDETODOVERTICAL		3:32:27	0:42:00	1:25:05	1:40:04	2:30:09	3:14:19
10	211	Raul QUILEZ	10 ABM	5 VAM	3:32:57	TODOVERTICAL V		3:32:57	0:42:39	1:26:35	1:41:53	2:33:06	3:16:32
11	31	Javier DOMINGUEZ CALLE	11 ABM	6 VAM	3:33:15	INDEPENDIENTE		3:33:15	0:43:36	1:26:36	1:41:51	2:32:49	3:17:10
12	27	Sergio PEREZ ESTEBAN	12 ABM	7 VAM	3:33:33	TIERRA TRAGAME		3:33:33					
13	242	Daniel RECUERO DELGADO	13 ABM		3:33:48	CD GUADATRIL		3:33:48	0:41:59	1:25:57	1:44:30	2:35:22	3:17:08
14	249	Alejandro GALIANO SALAZAR	14 ABM	8 VAM	3:37:55	ALKAYATA RIDERS		3:37:55	0:45:17	1:31:42	1:47:05	2:37:08	3:19:05
15	246	Pedro ALZAGA PEÑA	15 ABM	9 VAM	3:39:30	CLUB MONTAÑA ALTOLLANO		3:39:30	0:42:07	1:25:52	1:44:32	2:35:01	3:20:09
16	353	Juan Ramon ALBERCA DIEZ	16 ABM		3:40:20	INDIVIDUAL		3:40:20	0:45:33	1:33:22	1:48:19	2:39:39	3:23:30
17	205	Jose Antonio SANTANA GARCIA	17 ABM		3:40:54	ALALPARDO RUNNING TEAM		3:40:54	0:46:03	1:33:49	1:49:25	2:40:53	3:24:35
18	55	Daniel SIMON GRACIA	18 ABM	10 VAM	3:40:55	ALALPARDO RUNNIG TEAM		3:40:55	0:46:04	1:33:52	1:49:21	2:40:50	3:24:37
19	156	Emmanuel LECRIVAIN	19 ABM	11 VAM	3:40:58	ALALPARDO RUNNING TEAM		3:40:58	0:45:25	1:33:19	1:48:24	2:40:26	3:24:42
20	74	Diego DUQUE ZUMAJO	20 ABM		3:41:22	MAJALSNA		3:41:22	0:42:03	1:28:31	1:43:19	2:34:02	3:18:35
21	109	Jaime OLIVARES PEREIRA	21 ABM	12 VAM	3:43:57	TIERRA TRAGAME BANDOLEROS DE G		3:43:57	0:45:40	1:33:04	1:48:32	2:42:03	3:27:03
22	99	Jose Luis GRANIZO GALA	22 ABM	1 VBM	3:44:00	TODOVERTICAL V		3:44:00	0:45:41	1:36:23	1:52:44	2:43:50	3:26:26
23	53	Soraya GOMEZ NAVARRO	1 ABF		3:44:15	CDM REQUIEBROS Y TROCHAS TRAIL		3:44:15	0:48:00	1:35:52	1:52:05	2:44:30	3:27:15
24	126	Ivan CARRALON DOMINGUEZ	23 ABM		3:45:24	INDEPENDIENTE		3:45:24	0:45:01	1:33:01	1:47:41	2:38:44	3:25:41
25	16	Angel DE LA MORENA FRUTOS	24 ABM	13 VAM	3:46:49	CLUB PEDRIZA DEL MANZANARES		3:46:49	0:45:06	1:33:07	1:49:11	2:42:13	3:27:34
26	397	Fernando MARTINEZ GUTIERREZ	25 ABM		3:49:20	CLUB LAS ENCINAS DE BOADILLA		3:49:20					
27	62	Miguel Angel GALAN MORENO	26 ABM	2 VBM	3:49:39	TIERRA TRAGAME COMANDO GUADARR		3:49:39	0:47:10	1:37:53	1:53:58	2:45:49	3:31:53
28	41	Raul NUÑEZ PEREZ	27 ABM	14 VAM	3:49:52	TRAIL RUNNING SIERRA		3:49:52	0:45:07	1:36:02	1:51:10	2:44:51	3:30:27
29	308	Jesus AGUILAR CANTADOR	28 ABM		3:50:17	CEPSA TRAILRUNNING		3:50:17	0:45:28	1:33:08	1:48:34	2:42:06	3:30:14
30	94	Jordi PEÑAS PADILLA	29 ABM	15 VAM	3:50:38	TIERRA TRAGAME		3:50:38	0:46:57	1:34:12	1:50:56	2:44:25	3:31:43
31	1	Cristina SANTURINO FONTECHA	2 ABF		3:50:41	RSEA PEÑALARA		3:50:41	0:48:29	1:37:59	1:53:26	2:45:45	3:31:49
32	261	Guillermo GALLEGO PICON	30 ABM	16 VAM	3:52:45	LOS ÑUS		3:52:45	0:48:43				
33	326	Ivan CONDADO CONDE	31 ABM	17 VAM	3:53:39	ALKAYATA RIDERS		3:53:39	0:47:06	1:35:18	1:52:10	2:47:30	3:33:50

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Pto	Dor	NOMBRE y APELLIDOS	pº ABS	pº CAT	TIEMPO	CLUB	PENAL.	META	MALICIOSA	CANTO COCHINO	CHARCA VERDE	PTE. MANCHEGO	BOLA DEL MUNDO
34	382	Juan Antonio CRISTOBAL GONZALEZ	32 ABM	18 VAM	3:54:22	CLUB ATLETISMO VELILLA DE SAN		3:54:22	0:45:05	1:35:08	1:50:58	2:43:44	3:33:19
35	198	Cristina TRUJILLO GONZALEZ	3 ABF		3:56:23	LA PEDRIZA DEL MANZANARES		3:56:23	0:47:23	1:38:06	1:54:30	2:47:32	3:35:17
36	188	Alvaro SUMOZAS ARRIBAS	33 ABM		3:56:31	TIERRA TRAGAME		3:56:31	0:46:11	1:33:05	1:49:15	2:43:33	3:32:30
37	69	Sergio DE LA FUENTE PERNAS	34 ABM	19 VAM	3:56:44	TODOVERTICAL V		3:56:44	0:49:18	1:38:35	1:55:23	2:51:13	3:38:41
38	76	Rafael ZARCO DEL OLMO	35 ABM	20 VAM	3:57:12	RSEA PEÑALARA		3:57:12	0:46:06	1:35:45	1:51:36	2:47:51	3:37:39
39	351	Ignacio GARCIA DIEZ	36 ABM		3:57:40	ALALPARDO RUNNING TEAM		3:57:40	0:45:11	1:36:04	1:52:36	2:49:42	3:39:25
40	226	Oscar David DA SILVA MARTIN	37 ABM		3:59:13	CDE PERLAS TRIATLON COLMENAR V		3:59:13	0:47:17	1:38:05	1:53:52	2:51:41	3:39:46
41	48	Raul MORENO VILLEGAS	38 ABM	21 VAM	4:02:10	FMM		4:02:10	0:48:56	1:38:32	1:54:51	2:52:24	3:43:03
42	45	Jose Maria SUAREZBUSTILLO UBARRECHE	39 ABM	22 VAM	4:03:40	TODOVERTICAL V		4:03:40	0:49:37	1:42:18	1:58:46	2:56:27	3:43:33
43	195	Jorge ALVAREZ GONZALEZ	40 ABM	23 VAM	4:03:47	TODOVERTICAL V		4:03:47	0:50:56	1:40:52	1:58:19	2:55:54	3:45:37
44	232	Antonio PEREZ GONZALEZ	41 ABM		4:04:07	DENDRO COMUNIDAD TRAIL		4:04:07	0:48:25	1:39:16	1:56:24	2:54:12	3:43:52
45	451	Luis PAREDES PEREZ	42 ABM	3 VBM	4:04:23	DENDRO COMUNIDAD TRAIL		4:04:23	0:47:56	1:40:27	1:57:42	2:54:15	3:43:40
46	243	Francisco Javier TORIO IGLESIAS	43 ABM	4 VBM	4:04:28	DLC TRAIL TEAM		4:04:28	0:49:25	1:42:08	1:59:07	2:55:43	3:44:51
47	93	Jose Maria SAEZ SALAS	44 ABM	24 VAM	4:05:16	TIERRA TRAGAME		4:05:16	0:47:51	1:39:33	1:56:30	2:54:41	3:45:20
48	132	Francisco ORTEGA GARCIA	45 ABM	25 VAM	4:05:29	TIERRA TRAGAME		4:05:29	0:47:24	1:37:57	1:54:13	2:49:40	3:41:50
49	292	Alberto LUCAS RODRIGUEZ	46 ABM		4:05:40	DENDRO COMUNIDAD TRAIL		4:05:40	0:48:24	1:40:48	1:58:18	2:58:28	3:48:05
50	153	Javier DE LA CRUZ SANTAMARIA	47 ABM		4:05:43	TIERRA TRAGAME		4:05:43	0:49:58	1:41:35	1:58:38	2:55:36	3:44:14
51	37	Lucas PERALTA	48 ABM		4:05:45	TRAIL RUNNING SIERRA		4:05:45	0:51:35	1:43:58	2:00:30	2:58:39	3:47:11
52	196	Angel SILVA CILLER	49 ABM	5 VBM	4:05:48	ALALPARDO RUNNING TEAM		4:05:48	0:49:41	1:43:44	2:00:38	2:58:36	3:46:49
53	339	Juan Jose MOLINERA FERNANDEZ	50 ABM	26 VAM	4:06:06	NITRO		4:06:06					
54	357	Miguel Angel GONZALEZ ESPARRAGO	51 ABM		4:07:10	CLUB CICLISTA MAJADAHONDA		4:07:10	0:48:50	1:39:23	1:56:06	2:54:17	3:47:19
55	265	Jorge JIMENEZ CHILLON	52 ABM		4:07:24	INDIVIDUAL		4:07:24	0:48:07	1:38:37	1:56:03	2:56:22	3:48:20
56	51	Jose Luis SEKADE GUTIERREZ	53 ABM	27 VAM	4:08:52	TIERRA TRAGAME		4:08:52	0:47:09	1:39:11	1:56:02	2:54:10	3:48:43
57	237	Adrian OLIVARES CONEJERO	54 ABM		4:09:09	CA CUENCA DOLOMIA		4:09:09	0:47:13	1:34:26	1:51:56	2:56:23	3:49:48
58	155	Francisco CLAVER MISAS	55 ABM	6 VBM	4:09:15	TRAILXTREM TEAM		4:09:15	0:49:43	1:47:54	2:05:12	3:00:29	3:49:45
59	15	Alvaro CALZADO GONZALEZ	56 ABM	28 VAM	4:09:31	CDB PARIS		4:09:31	0:48:12	1:40:45	1:57:45	2:56:44	3:49:31
60	375	Javier MARTINEZ DEL PINO	57 ABM	29 VAM	4:09:45	INDIVIDUAL		4:09:45	0:49:30	1:43:55	2:01:49	3:01:03	3:50:47
61	385	Jose Luis MESEGAR LOPEZ	58 ABM	30 VAM	4:10:36	TRAIL DE PALO		4:10:36	0:46:20	1:40:28	1:57:52	2:56:30	3:47:24
62	22	Jose Luis BASALO OCHOA	59 ABM	7 VBM	4:10:56	RSE PEÑALARA		4:10:56	0:48:09	1:41:21	1:59:35	2:59:25	3:51:38
63	46	Juan Pedro FERREZ TEJEDA	60 ABM	31 VAM	4:11:00	TIERRA TRAGAME		4:11:00	0:49:37	1:41:22	2:00:08	2:59:45	3:51:08
64	44	Gustavo MARTIN SEN	61 ABM	32 VAM	4:11:05	TODOVERTICAL V		4:11:05	0:47:22	1:33:10	1:51:08	2:54:22	3:50:14
65	209	Ivan CUBERO MARTIN	62 ABM		4:11:13	LA PEDRIZA DEL MANZANARES		4:11:13	0:46:50	1:38:34	1:54:41	2:49:38	3:41:18
66	291	Raul TEMPLADO MILLAN	63 ABM	33 VAM	4:11:19	INDIVIDUAL		4:11:19	0:47:42	1:43:40	2:00:12	2:58:41	3:49:35

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67	32	Javier FENOLL REJAS	64 ABM	34 VAM	4:12:48	INDEPENDIENTE		4:12:48	0:50:12	1:41:49	1:59:12	2:56:50	3:49:08
68	446	Dani GRANADOS ORTEGA	65 ABM	35 VAM	4:12:59	ADSAMBURIEL		4:12:59	0:54:12	1:47:12	2:04:30	3:03:41	3:54:18
69	215	Jose Antonio RODRIGUEZ MARTIN	66 ABM	36 VAM	4:13:33	TODOVERTICAL V		4:13:33	0:48:35	1:39:57	1:57:39	2:58:47	3:52:30
70	452	Luis DE LOS MOZOS BAJO	67 ABM	37 VAM	4:13:37	CLUB ATLETISMO GUADARRAMA		4:13:37	0:49:15	1:44:10	2:01:07	3:01:06	3:53:31
71	289	Javier CATALAN AGUILAR	68 ABM	38 VAM	4:13:40	TITANES DE CHINCHON		4:13:40	0:48:26	1:33:21	1:50:30	2:50:58	3:45:22
72	207	Jose LOPEZ ANDRES	69 ABM	8 VBM	4:15:22	ALALPARDO RUNNING TEAM		4:15:22	0:51:42	1:47:42	2:05:09	3:05:48	3:55:19
73	174	Fernando MAYORALAS PEREZ	70 ABM	39 VAM	4:15:36	DENDRO COMUNIDAD TRAIL		4:15:36	0:53:36	1:48:38	2:06:17	3:06:16	3:55:06
74	179	Angel Manuel VAZQUEZ MARTIN	71 ABM	40 VAM	4:16:19	RSEA PEÑALARA		4:16:19	0:49:51	1:48:23	2:06:20	3:02:16	3:55:00
75	128	Sonia MARTIN VENTURA	4 ABF		4:16:23	TIERRA TRAGAME		4:16:23	0:51:39	1:43:38	2:02:33	3:04:43	3:57:23
76	170	Rafael FERNANDEZ PEREZ	72 ABM	41 VAM	4:16:36	RSEA PEÑALARA		4:16:36	0:52:59	1:51:10	2:08:41	3:05:29	3:55:11
77	161	Antonio Javier BARRON JURADO	73 ABM		4:16:57	TODOVERTICAL V		4:16:57	0:48:32	1:40:02	1:58:22	2:58:44	3:53:34
78	255	Laura PARRA MATEO	5 ABF	1 VAF	4:17:37	CLUB PERLAS TRIATLON COLMENAR		4:17:37	0:53:17	1:46:00	2:04:41	3:05:44	3:57:55
79	210	Jose Pedro LOPEZ NOGALES	74 ABM	42 VAM	4:20:35	TODO VERTICAL V		4:20:35	0:53:02	1:48:48	2:06:53	3:10:23	4:01:18
80	190	Jesus RUANO BELLIDO	75 ABM	43 VAM	4:21:04	INDEPENDIENTE		4:21:04	0:51:33	1:50:56	2:08:20	3:07:00	4:01:33
81	349	Angel LOPEZ TEJERO	76 ABM		4:21:44	ALALPARDO RUNNING TEAM		4:21:44	0:51:39	1:44:13	2:01:55	3:05:27	4:01:35
82	217	Jesus RABANAL TORRES	77 ABM	44 VAM	4:21:57	RSEA PEÑALARA		4:21:57	0:51:43	1:45:52	2:04:10	3:06:20	4:01:02
83	96	Rodrigo TORIJA SANTOS	78 ABM		4:22:26	MAJALASNA		4:22:26	0:53:22	1:50:14	2:07:13	3:06:41	3:59:58
84	350	Fernando CORRALES DE LA HAZA	79 ABM	45 VAM	4:22:58	ÑUS TRAIL RUNNING		4:22:58	0:53:00	1:50:04	2:07:58	3:10:33	4:01:38
85	244	Maria Isabel MOLINA GONZALEZ	6 ABF	2 VAF	4:23:11	DLC TT		4:23:11	0:53:16	1:49:53	2:08:19	3:11:14	4:02:16
86	368	Juan Jose GARCIA CAÑESTRO	80 ABM		4:23:19	CAD GALEON		4:23:19	0:51:52	1:46:36	2:03:59	3:04:24	4:00:14
87	24	Juan Antonio RUANO PADILLA	81 ABM		4:23:30	REBECOS		4:23:30	0:53:04	1:44:15	2:01:51	3:06:25	4:02:21
88	56	Jose Luis ESCALERA ALAEZ	82 ABM		4:24:18	MACIZOS DEL SUR		4:24:18	0:51:30	1:45:12	2:03:25	3:06:30	4:02:11
89	152	Javier DE LA CRUZ MUÑOZ	83 ABM	9 VBM	4:24:41	TIERRA TRAGAME		4:24:41	0:52:53	1:48:25	2:06:41	3:06:52	4:02:46
90	141	Alberto ALBUJAR FERRER	84 ABM		4:25:15	MAJALASNA		4:25:15	0:54:20	1:51:54	2:09:38	3:10:28	4:04:09
91	43	Diego TORRE RUIZ	85 ABM	46 VAM	4:25:38	DENDRO COMUNIDAD TRAIL		4:25:38	0:52:11	1:50:54	2:09:22	3:12:02	4:04:13
92	439	Javier HIDALGO GIL	86 ABM	47 VAM	4:25:54	TRIATLON TRAIL MINDUNDIS		4:25:54	0:55:44	1:53:21	2:11:05	3:12:30	4:03:47
93	418	Cesar CAMPOS GALLEG0	87 ABM	48 VAM	4:26:00	INDIVIDUAL		4:26:00	0:53:59	1:51:11	2:08:42	3:10:19	4:03:12
94	394	Angel HERNAZ BLAZQUEZ	88 ABM	49 VAM	4:26:23	INDIVIDUAL		4:26:23	0:55:15	1:55:26	2:14:17	3:16:37	4:07:37
95	241	Raul MORENO MAQUEDA	89 ABM	50 VAM	4:26:30	INDEPENDIENTE		4:26:30	0:51:13	1:40:12	1:59:31	3:04:46	4:03:01
96	303	Jose SANZ LOPEZ	90 ABM	10 VBM	4:26:34	INDIVIDUAL		4:26:34	0:51:48	1:42:41	2:00:01	3:03:02	4:01:51
97	311	Roberto MONTERO GARCIA	91 ABM	51 VAM	4:26:48	INDIVIDUAL		4:26:48	0:52:55	1:47:17	2:06:16	3:12:52	4:07:28
98	154	Jose Maria ALVAREZ URUEÑA	92 ABM	52 VAM	4:26:51	INDEPENDIENTE		4:26:51	0:53:39	1:52:29	2:11:47	3:13:45	4:05:57
99	407	Jorge ALBIÑANA NAVARRO	93 ABM		4:26:57	AMIGOS DE PANTACAS		4:26:57	0:48:06	1:49:15	2:06:38	3:08:35	4:04:33

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100	408	Vasili SAMAK	94	ABM	4:27:13	MACIZOS DEL SUR		4:27:13	0:52:50	1:45:20	2:03:30	3:06:24	4:05:26
101	40	Mario HERRERO GARCIA	95	ABM	4:27:54	INDEPENDIENTE		4:27:54	0:52:13	1:55:28	2:12:42	3:12:42	4:06:26
102	429	Raul POZO PUERTO	96	ABM 53 VAM	4:28:04	INDIVIDUAL		4:28:04	0:54:08	1:47:49	2:07:11	3:10:16	4:05:41
103	271	David ROMERO JUAREZ	97	ABM	4:28:06	SPORPLA		4:28:06	0:52:51	1:50:31	2:10:02	3:16:06	4:07:40
104	331	Rodrigo Daniel ORTIZ PAZ	98	ABM 54 VAM	4:28:18	CLP GALAPAGAR		4:28:18	0:51:37	1:49:24	2:08:39	3:12:24	4:07:42
105	107	Pedro Jose MARTIN GONZALEZ	99	ABM 55 VAM	4:28:31	MT MADRID TACTIKA		4:28:31	0:49:25	1:36:55	1:53:46	2:56:33	4:02:49
106	70	Thomas SCHMID SUTTER	100	ABM 11 VBM	4:29:31	INDEPENDIENTE		4:29:31	0:52:40	1:52:18	2:10:14	3:14:18	4:08:53
107	409	Julios SANCHEZ POBLADOR	101	ABM 56 VAM	4:29:36	RARAMURI TRAIL		4:29:36	0:52:44	1:44:01	2:01:45	3:05:31	4:05:28
108	384	Ernesto SINQUEMANI	102	ABM 57 VAM	4:29:39	CORRELINDES DE CEBREROS		4:29:39	0:53:19	1:51:03	2:09:09	3:10:30	4:07:16
109	14	Miguel GARRIDO ROMERO	103	ABM 58 VAM	4:29:44	VG RUNNING		4:29:44	0:53:21	1:52:46	2:11:04	3:14:41	4:07:55
110	218	Eduardo CEBALLOS HERRANZ	104	ABM 59 VAM	4:30:25	CDE PERLAS TRIATLON COLMENAR V		4:30:25	0:48:31	1:48:47	2:06:51	3:10:31	4:05:31
111	61	Lenka PRIBYLOVA	7	ABF 3 VAF	4:30:32	TIERRA TRAGAME		4:30:32	0:55:53	1:49:36	2:08:45	3:13:32	4:07:43
112	399	Jose VALLADARES DE CASO	105	ABM 60 VAM	4:30:39	CLUB LAS ENCINAS DE BOADILLA		4:30:39	0:52:42	1:45:21	2:04:03	3:11:52	4:07:52
113	401	Javier TAMAYO	106	ABM 61 VAM	4:31:49	INDIVIDUAL		4:31:49	0:53:13	1:55:46	2:14:22	3:16:03	4:07:36
114	327	Raul DIAZ ARIZMENDI	107	ABM 62 VAM	4:32:27	INDIVIDUAL		4:32:27	0:54:03	1:48:05	2:06:27	3:10:22	4:05:22
115	160	Esteban FERRERO MARTIN	108	ABM 12 VBM	4:32:47	TIERRA TRAGAME		4:32:47	0:59:16	1:56:50	2:15:19	3:20:22	4:13:07
116	275	Jorge SANTAMARIA	109	ABM 63 VAM	4:32:58	INDIVIDUAL		4:32:58	0:53:55	1:50:32	2:09:16	3:13:36	4:10:10
117	88	Miguel Angel BAENA JIMENEZ	110	ABM 64 VAM	4:33:03	TIERRA TRAGAME		4:33:03	0:53:13	1:50:20	2:09:11	3:12:58	4:09:07
118	430	Dolores MACIAS FERNANDEZ	8	ABF 4 VAF	4:33:26	AD SPRINT		4:33:26	0:54:48	1:53:26	2:11:25	3:15:18	4:13:13
119	58	Raul MENENDEZ RIESCO	111	ABM 65 VAM	4:34:27	INDEPENDIENTE		4:34:27	0:57:04	1:51:13	2:10:19	3:16:47	4:13:48
120	182	Miguel Angel DE GALDO ORTEGA	112	ABM 66 VAM	4:34:38	CLUB ATLETISMO LAS ROZAS		4:34:38	0:57:15	1:56:56	2:16:11	3:20:02	4:13:35
121	86	Maria Luisa ARRIBA SANCHEZ	9	ABF 5 VAF	4:34:43	ENTRENAPIE		4:34:43	0:57:04	1:59:05	2:18:32	3:21:33	4:14:16
122	222	Lola CHICO	10	ABF 1 VBF	4:35:27	CDE PERLAS TRIATLON COLMENAR V		4:35:27	0:57:01	1:52:25	2:12:00	3:17:30	4:15:24
123	277	Sergio PEREZ SANCHEZ	113	ABM	4:36:06	INDIVIDUAL		4:36:06	0:56:30	1:54:13	2:13:44	3:18:56	4:16:08
124	201	Israel TENA PORTILLO	114	ABM 67 VAM	4:36:15	INDEPENDIENTE		4:36:15	0:54:03	1:51:38	2:10:39	3:16:40	4:14:01
125	272	Fernando SANTOS MARTIN	115	ABM 68 VAM	4:36:36	INDIVIDUAL		4:36:36	0:50:54				4:13:32
126	144	Alberto PEREZ BERMEJO	116	ABM 69 VAM	4:36:40	CLUB ATLETISMO VELILLA DE SAN		4:36:40	0:52:56	1:50:59	2:10:06	3:15:11	4:14:51
127	396	Ana Belen MANGUDO PAREDES	11	ABF	4:37:04	MONTARACES TRAIL		4:37:04	0:56:21	1:54:33	2:13:04	3:18:15	4:15:26
128	7	Jose Luis SANTIAGO NAVARRO	117	ABM	4:37:18	CA MALAGON		4:37:18	0:53:09	1:49:26	2:08:37	3:16:45	4:15:17
129	87	Mariano GOMEZ GONZALEZ	118	ABM 70 VAM	4:37:26	NAVACERRUNNERS		4:37:26	0:55:38	1:56:51	2:15:46	3:20:13	4:14:08
130	367	Jesus MERINO	119	ABM 13 VBM	4:38:26	INDIVIDUAL		4:38:26	0:51:31	1:43:29	2:01:42	3:12:39	4:17:13
131	113	Eugenio GARCIAARANDA ROJAS	120	ABM 14 VBM	4:38:54	RSEA PEÑALARA		4:38:54	0:52:57	1:56:47	2:15:28	3:19:44	4:13:59
132	383	Jose GONZALEZ CALERO	121	ABM	4:39:01	INDIVIDUAL		4:39:01	0:54:31	1:52:26	2:11:15	3:17:34	4:15:08

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### Finalizados

Pto	Dor	NOMBRE y APELLIDOS	pº ABS	pº CAT	TIEMPO	CLUB	PENAL.	META	MALICIOSA	CANTO COCHINO	CHARCA VERDE	PTE. MANCHEGO	BOLA DEL MUNDO
133	381	Jesus Andres NEIRA NOVO	122 ABM	71 VAM	4:39:20	INDIVIDUAL		4:39:20	0:56:32	1:54:22	2:13:28	3:19:04	4:17:26
134	411	Manuel PORRAS BORRAJO	123 ABM	15 VBM	4:39:46	INDIVIDUAL		4:39:46	0:56:59	1:56:31	2:15:23	3:20:04	4:15:14
135	35	Juan Manuel NIETO MORENO	124 ABM	72 VAM	4:39:51	MAJALASNA		4:39:51	0:54:44	1:50:11	2:09:36	3:17:31	4:17:22
136	427	Lesmes MOLINERO	125 ABM	73 VAM	4:40:17	INDIVIDUAL		4:40:17	0:54:16	1:51:42	2:10:43	3:19:12	4:17:43
137	84	Joaquin INFIESTA MORENO	126 ABM	74 VAM	4:40:43	ENTRENAPIE		4:40:43	0:56:43	1:56:44	2:16:09	3:21:06	4:17:31
138	85	Jordi CERDAN IBÁÑEZ	127 ABM	75 VAM	4:41:11	TIERRA TRAGAME		4:41:11	0:53:50	1:53:42	2:14:04	3:21:28	4:19:28
139	67	Javier Juan MATURANA FIGUEREDO	128 ABM		4:41:14	TIERRA TRAGAME		4:41:14	0:56:24	1:59:07	2:17:25	3:22:14	4:17:50
140	100	M C	129 ABM		4:41:30	TIERRA TRAGAME		4:41:30	0:57:46	1:59:14	2:19:03	3:23:56	4:20:43
141	273	Humberto MARTA DE JAEN	130 ABM	76 VAM	4:41:35	CEPSA TRAIL RUNNING		4:41:35	0:55:40	1:54:10	2:13:26	3:21:31	4:18:35
142	172	Pedro VALERO GAYOSO	131 ABM	16 VBM	4:41:40	MT MADRID TACTIKA		4:41:40	0:56:20	1:55:54	2:14:56	3:20:17	4:16:25
143	296	Julian REDONDO COMBARROS	132 ABM	77 VAM	4:41:43	INDIVIDUAL		4:41:43	0:57:56	1:59:15	2:18:39	3:24:23	4:20:59
144	224	Dioni FERNANDEZSALINERO CORTES	133 ABM	78 VAM	4:42:09	CD EL CASTILLO DE VILLALBA LOS		4:42:09	0:57:09	1:58:46	2:19:07	3:27:23	4:20:49
145	348	Ruben LOPEZ GONZALEZ	134 ABM		4:42:36	INDIVIDUAL		4:42:36	0:55:07	1:56:41	2:16:24	3:21:45	4:20:22
146	157	Laureano OCHOA VAQUERO	135 ABM	79 VAM	4:42:52	AD SAMBURIEL		4:42:52	0:57:07	1:56:05	2:16:35	3:23:49	4:20:46
147	323	Raul JIMENEZ ALBA	136 ABM	80 VAM	4:43:16	INDIVIDUAL		4:43:16	0:54:12	1:53:19	2:11:18	3:16:12	4:17:32
148	321	Luis Miguel JIMENEZ ALBA	137 ABM	81 VAM	4:43:18	INDIVIDUAL		4:43:18	0:54:15	1:53:17	2:11:20	3:16:11	4:17:34
149	299	Miguel OLMEDILLAS ESCRIBANO	138 ABM	82 VAM	4:43:46	INDIVIDUAL		4:43:46	0:54:57	1:53:47	2:14:01	3:19:02	4:18:05
150	267	Luis Fernando MARTINEZ MUÑOZ	139 ABM	83 VAM	4:43:54	INDIVIDUAL		4:43:54	0:52:28	1:50:29	2:09:00	3:19:42	4:20:37
151	315	Hector RODRIGUEZ GONZALEZ	140 ABM	84 VAM	4:43:57	ALKAYATA RIDERS		4:43:57	0:54:06	1:51:35	2:09:48	3:15:08	4:13:44
152	319	Jose LEON GOMEZ	141 ABM	85 VAM	4:44:03	INDIVIDUAL		4:44:03	0:51:25	1:44:39	2:02:08	3:10:08	4:14:03
153	213	Adela DIAZ ROMERA	12 ABF	6 VAF	4:44:09	LA PEDRIZA DEL MANZANARES		4:44:09	0:54:24	1:49:54	2:09:33	3:20:42	4:19:39
154	423	Alfonso HERRANZ MARTIN	142 ABM	86 VAM	4:44:23	CD A TROTE BORRIQUERO		4:44:23	0:52:08	1:52:44	2:13:02	3:23:29	4:19:36
155	424	Diego MARTIN AGUADO	143 ABM		4:44:33	CD A TROTE BORRIQUERO		4:44:33	0:58:00	1:59:57	2:19:05	3:21:12	4:17:29
156	13	Jose SANCHEZ SANCHEZ	144 ABM	17 VBM	4:46:41	CRONOS VILLAVICIOSA		4:46:41	0:54:41	1:50:49	2:10:46	3:19:37	4:23:20
157	449	Julio CABRERA GARAIZAR	145 ABM		4:46:57	CLUB ATLETISMO CERVANTES		4:46:57		1:53:14	2:14:25	3:20:34	4:21:19
158	5	Jesus Manuel JIMENEZ ESTEBAN	146 ABM	18 VBM	4:47:17	TIERRA TRAGAME		4:47:17	0:56:13	1:58:39	2:17:56	3:27:14	4:26:30
159	17	Antonio FERNANDEZ GONZALEZ	147 ABM	87 VAM	4:47:21	TIERRA TRAGAME		4:47:21	0:56:13	1:58:41	2:17:58	3:26:52	4:26:31
160	359	Raul PEREZ	148 ABM		4:47:36	INDIVIDUAL		4:47:36	0:56:28	1:54:20	2:14:54	3:24:49	4:25:33
161	200	Independiente SUMOZAS FERNANDEZ DE MAR	149 ABM	19 VBM	4:48:01	INDEPENDIENTE		4:48:01	0:56:38	2:08:08	2:27:18	3:30:58	4:23:14
162	346	Pedro GARCIA RODRIGUEZ	150 ABM	88 VAM	4:48:22	INDIVIDUAL		4:48:22	0:56:57	2:00:01	2:20:43	3:28:03	4:24:42
163	115	Alejandro PAREDES CALDERON	151 ABM	89 VAM	4:48:37	TIERRA TRAGAME		4:48:37	0:58:08	2:00:32	2:19:50	3:28:12	4:26:11
164	254	Daniel CASTELLANOS JIMENEZ	152 ABM	90 VAM	4:48:44	AVIVA SPORT CLUB		4:48:44	0:56:33	1:56:59	2:15:13	3:25:04	4:25:29
165	239	Pablo RODRIGUEZ RUBIO	153 ABM		4:48:50	CDE LOS CASTILLEJOS		4:48:50	0:58:05	1:58:05	2:17:27	3:24:12	4:25:47

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166	240	Lluc MARTI FIBLA	154 ABM		4:48:55	CDE LOS CASTILLEJOS		4:48:55	0:58:02	1:58:06	2:17:29	3:24:06	4:25:43
167	417	Juan Jose TOMAS GARCIA	155 ABM	91 VAM	4:48:59	INDIVIDUAL		4:48:59	0:55:24	1:53:53	2:13:55	3:26:49	4:27:51
168	112	Alejandro HERRERO PEREZ	156 ABM	92 VAM	4:49:15	CDETM PEDREZUELA		4:49:15	0:59:22	2:00:03	2:20:37	3:30:41	4:26:28
169	431	Carlos LLANO FERNANDEZ	157 ABM		4:49:20	INDIVIDUAL		4:49:20	0:57:40		2:16:57	3:27:41	4:27:01
170	127	Enrique QUINTANO ALONSO	158 ABM	20 VBM	4:50:14	INDEPENDIENTE		4:50:14	0:55:29	1:52:22	2:11:45	3:20:09	4:24:46
171	448	Jose Carlos CORCOBA CELEIRO	159 ABM		4:50:19	INDIVIDUAL		4:50:19	0:56:25	1:59:55	2:18:58	3:27:36	4:25:51
172	136	Yolanda ESPINOSA	13 ABF		4:50:24	CLUB ATLETISMO LAS ROZAS		4:50:24	0:59:57	1:58:31	2:20:22	3:28:47	4:27:54
173	82	Alejandro MAGANTO SANCHO	160 ABM	93 VAM	4:50:49	ADSL		4:50:49	0:56:16	1:56:24	2:17:24	3:28:18	4:28:03
174	238	Alberto MENCHERO ASTASIO	161 ABM		4:51:07	CD GUADATRIL		4:51:07	0:57:17	1:56:57	2:17:21	3:26:54	4:26:17
175	247	Jose Manuel GUTIERREZ LOPEZ	162 ABM	21 VBM	4:51:12	GM LA ACEBEDA		4:51:12	0:57:23	2:02:54	2:23:45	3:31:59	4:30:06
176	212	Andres Manuel PLATA MOZO	163 ABM	94 VAM	4:51:23	TODOVERTICAL V		4:51:23	0:54:19	1:54:18	2:16:07	3:27:33	4:28:30
177	264	Francisco Javier GARCIA ZAMORA	164 ABM	95 VAM	4:51:40	CRONOS VILLAVICIOSA		4:51:40	0:58:06	1:56:53	2:16:27	3:28:02	4:28:49
178	73	Antonio CASTAÑEDA RODRIGUEZ	165 ABM	96 VAM	4:51:45	RYT		4:51:45	0:59:01	1:56:55	2:17:35	3:30:04	4:28:39
179	274	Israel SEGOVIA FRANCO	166 ABM		4:53:13	INDIVIDUAL		4:53:13	0:56:16	1:54:06	2:13:22	3:25:07	4:29:06
180	279	Eduardo CERRADA RUIZ	167 ABM		4:53:15	CEPSA TRAIL RUNNING		4:53:15	0:56:50	1:59:12	2:19:22	3:29:38	4:29:02
181	286	Victor MURILLO MARTIN	168 ABM		4:53:23	TRAIL RUNNING SIERRA		4:53:23	0:56:10	2:04:06	2:23:23	3:35:04	4:28:58
182	151	Gonzalo VELASCO ZABALZA	169 ABM	97 VAM	4:53:51	TIERRA TRAGAME		4:53:51	0:56:18	1:59:20	2:19:54	3:28:09	4:26:34
183	404	David GALLEGO SAMPERE	170 ABM		4:54:28	INDIVIDUAL		4:54:28	0:55:18	1:56:49	2:17:43	3:29:25	4:30:26
184	266	Jose Ignacio FERNANDEZ SORIA	171 ABM	22 VBM	4:54:43	CLP GALAPAGAR		4:54:43	0:56:54	1:59:08	2:19:44	3:28:08	4:28:35
185	280	Isabel MARTINEZ FERNANDEZ	14 ABF	7 VAF	4:54:47	CLP GALAPAGAR		4:54:47	0:56:55	1:59:09	2:19:42	3:28:05	4:28:37
186	219	Alejandro MARTINEZ ORIVE	172 ABM		4:55:33	CDE PERLAS TRIATLON COLMENAR V		4:55:33	0:56:43	1:54:47	2:14:50	3:28:19	4:33:22
187	236	Julian OCAMPOS MOLINA	173 ABM	23 VBM	4:56:08	CACUENCA DOLOMIA		4:56:08	0:58:43	2:06:12	2:27:15	3:37:51	4:32:18
188	181	Enrique SIERRA SALGADO	174 ABM	98 VAM	4:56:16	TIERRA TRAGAME		4:56:16	0:55:44	1:58:53	2:18:37	3:28:11	4:28:50
189	50	German LUCAS ARENAS	175 ABM	99 VAM	4:56:30	MAJALASNA		4:56:30	1:01:56	2:08:17	2:27:48	3:35:17	4:34:36
190	284	Raul FERNANDEZ MOYA	176 ABM	24 VBM	4:57:28	INDIVIDUAL		4:57:28	1:00:00	2:06:19	2:27:20	3:38:24	4:35:18
191	229	Raul MORAN PEREZ	177 ABM	100 VAM	4:57:53	AGO TEAM LOS LOCOS DEL CERRO		4:57:53	0:52:26	1:50:39	2:11:01	3:20:39	4:21:57
192	262	Fernando BUCETA FERNANDEZ	178 ABM	25 VBM	4:57:58	CLP GALAPAGAR		4:57:58	1:00:25	2:05:45	2:26:53	3:38:44	4:36:16
193	347	Maria Azucena GALARON TOURIÑO	15 ABF		4:58:12	TRAIL RUNNING SIERRA		4:58:12	0:59:32	2:08:26	2:28:26	3:38:11	4:34:22
194	60	Jose Manuel CALLEJA CHECA	179 ABM	26 VBM	4:58:28	TRAIL RUNNING SIERRA		4:58:28	0:59:30	2:08:19	2:28:24	3:38:15	4:34:49
195	164	Pablo MACHUCA JANINI	180 ABM	101 VAM	4:58:45	INDEPENDIENTE		4:58:45	0:57:13	1:57:27	2:18:51	3:32:16	4:34:25
196	21	James CHEESMAN	181 ABM	102 VAM	4:59:01	TIERRA TRAGAME		4:59:01	0:56:50	1:59:52	2:19:25	3:27:53	4:31:22
197	370	Jose Luis PASTOR SIERRA	182 ABM		5:00:35	INDIVIDUAL		5:00:35	0:55:37	1:56:10	2:16:16	3:21:20	4:24:48
198	369	Javier PASTOR SIERRA	183 ABM		5:00:38	INDIVIDUAL		5:00:38	0:55:36	1:56:09	2:16:14	3:21:23	4:24:16

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Pto	Dor	NOMBRE y APELLIDOS	p° ABS	p° CAT	TIEMPO	CLUB	PENAL.	META	MALICIOSA	CANTO COCHINO	CHARCA VERDE	PTE. MANCHEGO	BOLA DEL MUNDO
199	340	Carlos VILLALBA LUIS	184	ABM	5:00:42	INDIVIDUAL		5:00:42	0:57:10	2:02:35	2:23:08	3:34:15	4:36:59
200	314	Victor ALVAREZ GONZALEZ	185	ABM 103 VAM	5:00:50	ALALPARDO RUNNING TEAM		5:00:50	0:57:57	1:59:16	2:22:38	3:38:23	4:38:47
201	373	Diego ARNAIZ GARCIA	186	ABM	5:01:25	INDIVIDUAL		5:01:25	0:56:36	1:58:56	2:17:45	3:27:20	4:32:03
202	204	Javier GARCIA DE BLAS	187	ABM 104 VAM	5:01:56	RSEA PEÑALARA		5:01:56	0:54:00	1:58:59	2:18:55	3:34:26	4:37:51
203	66	Gonzalo FERNANDEZ SERRANO	188	ABM 27 VBM	5:04:15	NAVACERRUNNERS		5:04:15	0:59:09	2:02:50	2:24:38	3:37:57	4:40:34
204	329	Juan CIFUENTES OCHOA	189	ABM 105 VAM	5:04:30	CD VEREDA ALTA		5:04:30	0:58:33	2:08:12	2:28:53	3:38:53	4:37:46
205	263	Oscar CORDERO MORATO	190	ABM 106 VAM	5:05:07	ALALPARDO RUNNING TEAM		5:05:07	0:55:33	1:59:13	2:22:14	3:36:47	4:40:38
206	206	Javier GARCIA GARCIA	191	ABM 107 VAM	5:05:11	ALALPARDO RUNNING TEAM		5:05:11	0:59:07	2:03:02	2:26:01	3:37:42	4:40:41
207	162	Macarena SANTACRUZ LOPEZ	16	ABF 8 VAF	5:05:16	ALARPADO RUNING TEAM		5:05:16	0:59:09	2:01:44	2:25:57	3:37:40	4:39:33
208	338	Jose Maria BERGANZA GARCIA	192	ABM 108 VAM	5:05:21	CLP GALAPAGAR		5:05:21	0:57:02	1:59:10	2:19:41	3:33:12	4:39:29
209	403	Enrique PEREZ NIETO	193	ABM	5:06:07	INDIVIDUAL		5:06:07	0:57:19	1:57:34	2:17:32	3:27:02	4:26:25
210	77	Rogelio SANCHEZ RAMO	194	ABM 109 VAM	5:07:05	RSEA PEÑALARA		5:07:05	1:03:18	2:11:08	2:33:32	3:47:50	4:46:04
211	57	Mario CARBONELL IZQUIERDO	195	ABM 110 VAM	5:07:12	LA PEDRIZA DEL MANZANARES		5:07:12	1:00:17	2:00:50	2:21:50	3:35:12	4:42:48
212	175	Carlos MUÑOZ GONZALEZ	196	ABM 28 VBM	5:07:41	HORCAJO A FUEGO		5:07:41	1:01:40	2:06:00	2:28:21	3:42:56	4:43:53
213	426	Daniel PEREZ NAVARRO	197	ABM 111 VAM	5:07:50	INDIVIDUAL		5:07:50	0:57:41	1:57:23	2:19:45	3:32:07	4:41:05
214	300	Noelia Estefania ROJO ESTEBAN	17	ABF 9 VAF	5:08:15	INDIVIDUAL		5:08:15	1:00:42	2:08:09	2:30:28	3:44:04	4:43:47
215	425	Nacho ARSUAGA GARCIA PELAYO	198	ABM 112 VAM	5:10:12	PRO BURKINA		5:10:12	0:57:40	1:56:45	2:19:38	3:38:48	4:46:12
216	307	Marta MOTA PORTA	18	ABF 10 VAF	5:10:22	RSEA PEÑALARA		5:10:22	0:57:50	2:06:15	2:28:23	3:41:07	4:44:24
217	318	Alberto DE PABLO SORIA	199	ABM 29 VBM	5:10:26	RSEA PEÑALARA		5:10:26	0:57:52	2:06:16	2:28:14	3:41:08	4:42:34
218	386	Agustin TORRES JEREZ	200	ABM 113 VAM	5:10:57	INDIVIDUAL		5:10:57	0:57:53	1:56:19	2:19:47	3:38:20	4:42:21
219	355	Antonio GOMEZ DE LA PRIDA	201	ABM 114 VAM	5:11:15	INDIVIDUAL		5:11:15	0:58:24	2:07:19	2:29:31	3:43:22	4:45:42
220	197	Jose LOPEZ CHISVERT	202	ABM 115 VAM	5:12:38	INDEPENDIENTE		5:12:38	1:00:14	2:01:01	2:23:05	3:40:08	4:48:46
221	194	Sergio DEL CASTILLO GARCIA	203	ABM 116 VAM	5:13:55	TODOVERTICAL V		5:13:55	1:02:04	2:11:21	2:35:45	3:45:47	4:46:26
222	186	Alvaro PAREDES	204	ABM 117 VAM	5:13:57	TEAM BRAOJOS		5:13:57	0:59:41	2:02:53	2:26:42	3:45:33	4:51:40
223	20	Jaime COLLADO NOVOA	205	ABM 118 VAM	5:14:02	TODOVERTICAL V		5:14:02	0:57:46	1:55:55	2:17:38	3:40:13	4:49:18
224	193	Francisco DE LA TORRE GIRON	206	ABM 30 VBM	5:14:07	PONTE LAS BOTAS		5:14:07	1:02:01	2:11:19	2:35:37	3:45:42	4:46:21
225	75	Juan Ramon GONZALEZ PACHON	207	ABM 31 VBM	5:14:14	CDCEBE GRUMBE		5:14:14	1:00:33	2:02:12	2:24:52	3:39:51	4:47:14
226	245	Miguel Angel GARCIA LEBOREIRO	208	ABM 32 VBM	5:15:11	DLC TRAIL TEAM		5:15:11	0:59:19	2:01:16	2:22:20	3:42:17	4:50:50
227	400	Ruben MARTINEZ QUINTANA	209	ABM	5:15:25	INDIVIDUAL		5:15:25	0:55:29	2:00:09	2:21:36	3:38:42	4:46:23
228	356	Guillermo GONZALEZ LOPEZ	210	ABM	5:15:44	INDIVIDUAL		5:15:44	0:59:00	2:08:25	2:28:28	3:42:49	4:43:34
229	114	Oliver ALARCON REVUELTASAN JUAN	211	ABM	5:15:48	INDEPENDIENTE		5:15:48	0:58:58	2:08:23	2:28:29	3:42:47	4:43:55
230	421	Javier PEREZ BORREGUERO	212	ABM 119 VAM	5:16:31	CLUB ATLETISMO LAS ROZAS		5:16:31	1:00:19	2:07:28	2:33:07	3:50:30	4:53:17
231	298	Marta GONZALEZ GARCIA	19	ABF	5:16:43	LIBRE		5:16:43	1:01:16	2:10:37	2:31:59	3:45:17	4:46:54

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## Tres Refugios - Orden De Llegada

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### Finalizados

Pto	Dor	NOMBRE y APELLIDOS	pº ABS	pº CAT	TIEMPO	CLUB	PENAL.	META	MALICIOSA	CANTO COCHINO	CHARCA VERDE	PTE. MANCHEGO	BOLA DEL MUNDO
232	122	Pedro Jose GOMEZ RODRIGUEZ	213 ABM	120 VAM	5:16:57	MT MADRID TACTIKA		5:16:57	0:58:29	2:06:43	2:28:19	3:45:32	4:49:45
233	98	Daniel RUIZ MORENO	214 ABM	121 VAM	5:17:08	MT MADRID TACTIKA		5:17:08	1:01:10	2:07:06	2:28:51	3:46:56	4:49:41
234	281	Jose Miguel ABRIL DURAN	215 ABM	122 VAM	5:17:19	TRAILXTREM TEAM		5:17:19	0:58:38	2:02:41	2:23:42	3:41:01	4:52:53
235	380	Marcos FERNANDEZ PAZ	216 ABM		5:18:02	INDIVIDUAL		5:18:02	0:58:55	2:01:27	2:22:16	3:38:56	4:50:53
236	116	Javier DOMINGUEZ SUSPERREGUI	217 ABM	123 VAM	5:18:47	TITANES		5:18:47	0:56:25	2:03:30	2:27:06	3:45:01	4:55:14
237	435	Bruno CASO CABALLERO	218 ABM	124 VAM	5:19:28	CORREDORES CHIFLADOS		5:19:28	0:59:13	2:01:22	2:24:17	3:45:45	4:52:29
238	268	Miguel Angel BUSTO MARTINEZ	219 ABM	125 VAM	5:19:33	CRONOS VILLAVICIOSA		5:19:33	0:58:17	1:59:59	2:22:12	3:45:05	4:54:47
239	72	Mercedes DIAZ VALLE	20 ABF		5:19:37	INDEPENDIENTE		5:19:37	1:03:22	2:07:27	2:29:58	3:47:56	4:54:59
240	297	Laura REDONDO COMBARROS	21 ABF	11 VAF	5:19:41	INDIVIDUAL		5:19:41	0:59:16	2:07:47	2:30:26	3:44:02	4:52:00
241	287	Victor Manuel GOMEZ LARA	220 ABM	33 VBM	5:20:55	VGL TEAM CARRERA		5:20:55	1:06:07	2:15:53	2:36:50	3:51:39	4:55:29
242	278	Beatriz RODRIGUEZ TORRADO	22 ABF	12 VAF	5:21:01	VGL TEAM CARRERA		5:21:01	1:06:20	2:15:58	2:36:53	3:51:20	4:55:26
243	39	Manuel PEREZ GOMEZ	221 ABM	34 VBM	5:21:09	TIERRA TRAGAME		5:21:09	0:58:21	2:03:22	2:25:55	3:44:10	4:51:18
244	374	Luis Alberto JEREZ SIMON	222 ABM		5:22:16	CROSSMADRID		5:22:16	0:59:05	2:07:42	2:30:29	3:45:25	4:54:12
245	187	Israel ADSUAR SABATER	223 ABM	126 VAM	5:22:19	TODOVERTICAL V		5:22:19	0:58:49	2:01:20	2:23:39	3:44:07	4:54:08
246	192	Juan Pedro PRADOS PALACIO	224 ABM	35 VBM	5:22:55	RSEA PEÑALARA		5:22:55					
247	148	Pedro ABATI GOMEZ	225 ABM	127 VAM	5:24:14	TIERRA TRAGAME		5:24:14	1:02:32	2:06:18	2:30:23	3:51:11	4:58:53
248	365	Amulfo DE BARTOLOME	226 ABM	128 VAM	5:24:33	INDIVIDUAL		5:24:33	0:58:54	2:03:03	2:23:29	3:41:51	4:51:29
249	184	David DE MIGUEL GARCIA	227 ABM	129 VAM	5:24:42	MT MADRID TACTIKA		5:24:42	1:00:50	2:04:49	2:27:40	3:45:29	4:53:10
250	366	Diego SOTODOSOS PASCUAL	228 ABM		5:25:07	INDIVIDUAL		5:25:07	1:47:14	2:14:52	2:37:57	3:47:53	4:56:17
251	199	Sergio ROMERO AGUADO	229 ABM	130 VAM	5:26:05	ALALPARDO RUNNING TEAM		5:26:05	0:56:28	1:59:51	2:22:18	3:39:05	4:47:08
252	406	Pablo CABALLO BALDOMINOS	230 ABM	131 VAM	5:26:17	FOROFOS DEL RUNNING		5:26:17	0:54:58	2:00:37	2:24:10	3:47:44	4:57:31
253	178	Charo RODRIGUEZ RAMON	23 ABF	2 VBF	5:26:22	ULTRARUN		5:26:22	1:03:49	2:16:16	2:41:03	3:58:31	5:00:43
254	420	Jose Maria GARCIA JIMENEZ	231 ABM	132 VAM	5:26:35	INDIVIDUAL		5:26:35	0:59:03	2:14:44	2:35:16	3:50:21	4:57:12
255	137	Estela JAREÑO GODINO	24 ABF	13 VAF	5:27:00	CLUB ATLETISMO LAS ROZAS		5:27:00	1:05:25	2:14:43	2:37:20	3:55:59	5:02:40
256	18	Carlos GARCIA MOLINA	232 ABM	36 VBM	5:27:27	TIERRA TRAGAME		5:27:27	1:02:01	2:14:55	2:37:09	4:00:08	5:01:07
257	436	Alejandro RINCON CANO	233 ABM	133 VAM	5:27:38	CORREDORES CHIFLADOS		5:27:38	1:05:07	2:17:04	2:39:20	3:59:33	5:03:39
258	447	Maria Eugenia VELASCO MARTINEZ	25 ABF	14 VAF	5:28:48	INDIVIDUAL		5:28:48	1:04:28	2:14:59	2:36:43	3:53:43	5:00:41
259	166	Angel SANCHEZ DIAZ	234 ABM	134 VAM	5:28:56	INDEPENDIENTE		5:28:56	1:02:56	2:15:02	2:37:15	3:53:33	4:58:48
260	312	Roberto SERRANO DIEGUEZ	235 ABM	135 VAM	5:29:04	RYT		5:29:04	1:02:07	2:15:00	2:37:14	3:53:37	4:58:27
261	419	Tomas FRAGA EDROSA	236 ABM	136 VAM	5:29:34	CLUB ATLETISMO LAS ROZAS		5:29:34	1:05:09	2:14:34	2:35:31	3:51:17	4:59:26
262	345	Fernando ZAMORA MARCOS	237 ABM	137 VAM	5:30:06	INDIVIDUAL		5:30:06	1:01:56	2:15:20	2:35:35	3:51:21	5:00:35
263	276	Santiago TEBAR CASAS	238 ABM	138 VAM	5:30:11	INDIVIDUAL		5:30:11	1:01:49	2:15:23	2:35:25	3:50:57	5:00:33
264	362	Cristina SANCHEZ PEREZ	26 ABF		5:30:50	RUN AND RUN		5:30:50	1:02:48	2:12:56	2:35:49	3:52:59	5:04:34



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### Finalizados

Pto	Dor	NOMBRE y APELLIDOS	pº ABS	pº CAT	TIEMPO	CLUB	PENAL.	META	MALICIOSA	CANTO COCHINO	CHARCA VERDE	PTE. MANCHEGO	BOLA DEL MUNDO
265	443	Jesus MONTORO VITORES	239 ABM	139 VAM	5:31:15	AD SAMBURIEL		5:31:15	1:00:49	2:17:36	2:40:15	3:59:17	5:05:31
266	428	Cristina ELOLA GONZALEZ	27 ABF	15 VAF	5:32:20	INDIVIDUAL		5:32:20	1:02:45	2:16:17	2:39:31	3:58:49	5:05:33
267	313	Sergio GALEANO BARRADO	240 ABM		5:32:33	INDIVIDUAL		5:32:33	1:00:21	2:10:39	2:31:51	3:47:41	5:02:10
268	288	Diana DUNAYEVSKA	28 ABF		5:32:38	INDIVIDUAL		5:32:38	1:05:00	2:15:03	2:38:28	4:00:01	5:08:31
269	125	Alvaro ALVAREZ GANSO	241 ABM		5:32:40	INDEPENDIENTE		5:32:40	1:05:03	2:15:01	2:38:22	4:00:04	5:08:38
270	90	Oscar FEIJOO MARAÑES	242 ABM	140 VAM	5:33:02	NAVACERRUNNERS		5:33:02	1:04:42	2:14:55	2:37:13	4:00:49	5:08:08
271	101	Pilar CARRETERO SERRANO	29 ABF		5:33:21	TODOVERTICAL V		5:33:21	1:03:48	2:15:13	2:37:51	4:00:06	5:08:41
272	364	Juan REMEDIOS SANCHEZ	243 ABM		5:35:00	INDIVIDUAL		5:35:00	0:58:58	2:09:48	2:33:44	3:55:07	5:04:57
273	334	Fernando RAMOS VILLAJOS	244 ABM	141 VAM	5:35:03	INDIVIDUAL		5:35:03	0:58:47	2:09:49	2:31:16	3:51:00	5:07:03
274	54	Amanda Sofia ROJO ESTEBAN	30 ABF	16 VAF	5:36:12	INDEPENDIENTE		5:36:12	1:05:53	2:18:34	2:41:44	4:05:43	5:11:33
275	235	Miguel Angel LOPEZ RUBIO	245 ABM	142 VAM	5:37:33	CLUB DE MONTAÑA NAVATRIL		5:37:33	1:00:22	2:13:27	2:36:04	3:59:57	5:07:55
276	352	Antonio MARTINEZ RODRIGUEZ	246 ABM	37 VBM	5:39:51	INDIVIDUAL		5:39:51	1:03:42	2:15:51	2:39:38	4:02:14	5:08:19
277	185	Lourdes SANCHEZ MARTIN	31 ABF	3 VBF	5:40:05	INDEPENDIENTE		5:40:05	1:04:21	2:14:48	2:36:31	3:53:41	5:08:33
278	412	Jose FOLGADO SEGURA	247 ABM	38 VBM	5:40:12	CLUB ATLETISMO LAS ROZAS		5:40:12	1:04:21	2:15:05	2:36:29	3:53:40	5:08:36
279	189	Javier CAMPO LILLO	248 ABM	143 VAM	5:40:16	LA PEDRIZA DEL MANZANARES		5:40:16	0:59:53	2:15:12	2:37:55	3:57:35	5:08:00
280	335	Rodrigo CUESTA RUIFERNANDEZ	249 ABM	144 VAM	5:40:31	INDIVIDUAL		5:40:31	1:02:13	2:17:30	2:39:53	4:02:55	5:13:20
281	97	Pedro RAMIRO PARADELA	250 ABM	39 VBM	5:40:36	PINTO ATROCHE		5:40:36	1:04:04	2:14:49	2:39:14	4:01:14	5:08:57
282	333	Adrian QUINTANA MIGUELEZ	251 ABM		5:40:42	INDIVIDUAL		5:40:42	1:04:03	2:14:50	2:39:19	4:01:15	5:08:58
283	290	Mario CASTRILLO MARTINEZ	252 ABM	145 VAM	5:40:54	INDIVIDUAL		5:40:54	1:05:16	2:19:10	2:39:40	4:00:03	5:09:04
284	305	Luis CARDENAS VIGIL	253 ABM	146 VAM	5:41:20	INDIVIDUAL		5:41:20	1:03:02	2:13:29	2:36:01	3:56:10	5:08:17
285	302	Angel ARRANZ CENTENO	254 ABM	147 VAM	5:41:23	INDIVIDUAL		5:41:23	1:02:57	2:15:22	2:36:48	3:57:43	5:10:05
286	376	Raul GOMEZ VALERO	255 ABM	148 VAM	5:41:27	INDIVIDUAL		5:41:27	1:04:34	2:19:06	2:42:41	4:02:49	5:12:36
287	4	Yago MENENDEZ DE LA VEGA	256 ABM		5:45:26	CLUB TODO VERTICAL V		5:45:26	1:03:18	2:09:45	2:33:55	3:56:55	5:13:37
288	316	Pedro FERNANDEZ CONTRERAS	257 ABM		5:46:37	INDIVIDUAL		5:46:37	1:02:20	2:01:23	2:22:42	3:39:14	4:59:21
289	253	Juan RUBI GONZALO	258 ABM	149 VAM	5:46:50	AVIVA SPORT CLUB		5:46:50	1:06:48	2:19:35	2:44:35	4:05:11	5:15:15
290	344	Jose Luis NUÑEZ MINGUEZ	259 ABM	150 VAM	5:48:19	INDIVIDUAL		5:48:19	1:02:42	2:13:38	2:36:41	3:59:52	5:15:56
291	379	Miguel Angel FERRIOL ARROM	260 ABM	151 VAM	5:48:23	INDIVIDUAL		5:48:23	1:02:13	2:13:37	2:36:34	3:59:48	5:12:25
292	103	Maria Gema GARCIA ORTIZ	32 ABF	17 VAF	5:48:27	INDEPENDIENTE		5:48:27	1:07:02	2:18:10	2:43:26	4:08:37	5:20:02
293	378	Juan Jose IZQUIERDO GARCIA	261 ABM	152 VAM	5:48:35	LOS JUANJOS		5:48:35	1:09:07	2:19:54	2:47:04	4:11:28	5:20:11
294	336	Salvador CASTILLA ESCRIBANO	262 ABM	153 VAM	5:48:43	ROSALES RUN		5:48:43	1:02:48	2:15:50	2:40:52	4:02:16	5:17:04
295	422	Israel BARROSO CAMACHO	263 ABM	154 VAM	5:48:53	INDIVIDUAL		5:48:53	0:59:12	2:08:02	2:34:51	3:57:20	5:10:27
296	342	Rafael ALETTA	264 ABM	155 VAM	5:50:23	INDIVIDUAL		5:50:23	1:00:04	2:08:20	2:28:31	3:47:43	5:05:15
297	410	Jose Javier RUIZ MARUGAB	265 ABM		5:50:27	INDIVIDUAL		5:50:27	1:00:15	2:08:21	2:28:37	3:51:15	5:02:56

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### Finalizados

Pto	Dor	NOMBRE y APELLIDOS	p° ABS	p° CAT	TIEMPO	CLUB	PENAL.	META	MALICIOSA	CANTO COCHINO	CHARCA VERDE	PTE. MANCHEGO	BOLA DEL MUNDO
298	415	Jose Manuel FRANCES	266	ABM	5:52:01	INDIVIDUAL		5:52:01	1:06:16	2:16:27	2:41:11	4:04:12	5:17:07
299	398	Manuel HIGUERAS PERALES	267	ABM 156 VAM	5:52:19	INDIVIDUAL		5:52:19	1:01:07	2:08:15	2:29:03	3:56:30	5:17:43
300	30	Fernando RIERA BERENGUER	268	ABM 40 VBM	5:53:40	CDE LOS CORZOS MONTAÑEROS		5:53:40	1:03:59	2:18:03	2:40:43	4:07:18	5:24:09
301	220	Rafael RODRIGUEZ CUBILLO	269	ABM 41 VBM	5:54:53	RSEA PEÑALARA		5:54:53		2:19:03	2:42:09	4:08:39	5:23:30
302	295	Jose CATASUS LAFORET	270	ABM 42 VBM	5:55:13	INDIVIDUAL		5:55:13	1:03:36	2:19:05	2:48:22	4:13:47	5:25:56
303	325	Eduardo HOYAS	271	ABM 43 VBM	5:55:16	INDIVIDUAL		5:55:16	1:03:37	2:19:34	2:48:24	4:13:49	5:25:54
304	270	Carlos QUEIRUGA ZABALLOS	272	ABM 157 VAM	5:57:05	RUNNERS TORREJON		5:57:05	1:04:52	2:19:39	2:45:36	4:18:09	5:27:27

### Fuera de Control

Pto	Dor	NOMBRE y APELLIDOS	p° ABS	p° CAT	TIEMPO	CLUB	PENAL.	META	MALICIOSA	CANTO COCHINO	CHARCA VERDE	PTE. MANCHEGO	BOLA DEL MUNDO
	12	Jesus SIMAL PANADERO	ABM	VBM	6:04:33	CRONOS VILLAVICIOSA		6:04:33	1:04:39	2:14:58	2:42:16	4:17:08	5:31:08
	11	Jesus CORTIJO	ABM	VAM	6:08:14	CRONOS VILLAVICIOSA		6:08:14	1:04:47	2:18:43	2:47:16	4:23:15	5:37:13
	330	Mercedes GUTIERREZ GARCIA	ABF	VAF	6:08:17	CLP GALAPAGAR		6:08:17	1:04:14	2:18:53	2:42:22	4:11:54	5:33:34
	328	Ignacio Javier MORENO BLANCO	ABM	VBM	6:08:21	CLP GALAPAGAR		6:08:21	1:04:14	2:18:56	2:42:31	4:11:56	5:33:38
	282	Lorena JIMENEZ LEON	ABF		6:08:24	CLP GALAPAGAR		6:08:24	1:04:25	2:19:00	2:42:38	4:12:20	5:33:43
	402	Juan PEÑA DE LA VEGA	ABM	VAM	6:08:45	INDIVIDUAL		6:08:45	1:04:18	2:15:14	2:38:17	4:12:06	5:31:35
	65	Felix BAY FUENTES	ABM	VBM	6:08:49	NAVACERRUNNERS		6:08:49	1:04:40	2:14:57	2:38:42	4:13:40	5:26:51
	437	Frank Enrique SANCHEZ DURADES	ABM	VBM	6:10:11	INDIVIDUAL		6:10:11	1:04:32	2:19:08	2:41:21	4:15:12	

### Descalificados

Pto	Dor	NOMBRE y APELLIDOS	p° ABS	p° CAT	TIEMPO	CLUB	PENAL.	META	MALICIOSA	CANTO COCHINO	CHARCA VERDE	PTE. MANCHEGO	BOLA DEL MUNDO
	444	Pedro SANCHEZ BLANCO	ABM			TRAIL RUNNING SIERRA							
		no pasa control de de salida											

### Retirados

Pto	Dor	NOMBRE y APELLIDOS	p° ABS	p° CAT	TIEMPO	CLUB	PENAL.	META	MALICIOSA	CANTO COCHINO	CHARCA VERDE	PTE. MANCHEGO	BOLA DEL MUNDO
	26	Pablo SANTIAGO PEREZ	ABM	VAM		TODOVERTICAL V			0:44:58	1:31:43	1:47:17	2:49:04	
	214	Marta LORENZO BARROSO	ABF	VAF		TODOVERTICAL V			0:55:27	1:53:09	2:14:00	3:26:45	
	337	Elena CABALLERO FORCEN	ABF	VAF		ALKAYATA RIDERS			0:57:20	2:01:58	2:22:06	3:44:38	
	167	Alvaro FRIAS MORENO	ABM			INDEPENDIENTE			1:03:06	2:14:53	2:38:05	4:07:36	
	372	Jote MAZA AYMAT	ABM	VBM		EÑE ULTRAFONDO			1:01:45	2:16:24	2:40:47	4:11:58	
	33	Jose Carlos MUÑOZ PEDRAZ	ABM	VAM		INDEPENDIENTE			1:01:32	2:13:35	2:42:11	4:12:14	
	416	Javier TOMAS VELASCO	ABM	VAM		BURKINA FASO			1:04:48	2:16:38	2:41:09	4:12:27	
	332	Jose Manuel MARTIN ANCHELERGUES	ABM	VBM		INDIVIDUAL			0:58:51	2:02:16	3:00:48		
	9	Berta RUIZ	ABF	VAF		TODOVERTICAL V			1:01:59	2:15:04			

# XXIX CROSS DE LOS TRES REFUGIOS

19 Mayo 2019

## Tres Refugios - Orden De Llegada

Inscripciones online [YouEvent.es](http://YouEvent.es)

### Retirados

Pto	Dor	NOMBRE y APELLIDOS	pº ABS	pº CAT	TIEMPO	CLUB	PENAL.	META	MALICIOSA	CANTO COCHINO	CHARCA VERDE	PTE. MANCHEGO	BOLA DEL MUNDO
341		Rafael RIZQUEZ VELARDIEZ	ABM	VAM		INDIVIDUAL			1:00:25	2:16:28			
441		Yesica Reina CALLEJA	ABF			ALALPARDO RUNNING TEAM			1:04:45	2:21:27			
120		Belen RODRIGUEZ DOÑATE	ABF			RSEA PEÑALARA			0:51:22				
434		Igor GIL ALEJOS	ABM			CLUB LAS ENCINAS DE BOADILLA			0:55:57				
283		Patrick SCHOCH	ABM	VAM		INDIVIDUAL			1:00:30				
102		Alfonso BELLIDO GONZALEZ	ABM	VBM		TIERRA TRAGAME			1:00:46				
389		Jose CIDONCHA GOMEZ	ABM			INDIVIDUAL			1:00:55				
432		Manuel ARCAS BELLAS	ABM	VAM		INDIVIDUAL			1:01:08				
360		Jose Luis PEREZ PEÑA	ABM	VAM		EL POSTE			1:01:54				
63		Ricardo SOTO VALCARCE	ABM	VAM		INDEPENDIENTE			1:03:11				
177		Gregorio RODRIGUEZ HERNANDO	ABM	VBM		ULTRARUN			1:04:35				
208		Jesus CRUZ JIMENEZ	ABM	VAM		ALALPARDO RUNNING TEAM			1:05:17				
145		Javier DE LA MUELA	ABM			TIERRA TRAGAME			1:05:21				
163		Miguel NAVARRO MARTINEZ	ABM	VAM		CLUB TIERRA TRAGAME			1:05:40				
91		Oscar ZUÑIGA GARCIA	ABM	VAM		ALALPARDO RUNNING TEAM			1:06:01				
135		Jose Manuel NODAR IGLESIAS	ABM	VAM		ALALPARDO RUNNING TEAM			1:06:04				
147		Cristina GURUCHARRI	ABF			TIERRA TRAGAME			1:06:26				
71		Jaime GONZALEZ ALMARAZ	ABM	VAM		CURRAS TEAM			1:06:28				
42		Vanessa PONS	ABF	VAF		ALALPARDO RUNNING TEAM			1:06:53				
309		Jose Maria CANO SANCHEZ	ABM	VAM		CURRAS TEAM			1:06:53				
322		Mary Paz RUIZ GABRIEL	ABF	VBF		CLP GALAPAGAR			1:06:56				
231		Alejandro MORALES ESCRIBANO	ABM			LOS LOCOS DEL CERRO			1:07:10				
36		Julia GALLEGO GARCIA	ABF	VBF		TIERRA TRAGAME			1:07:57				
293		Ana SANZ CORTES	ABF	VAF		INDIVIDUAL			1:08:02				
269		Pablo SANCHEZ BARBAS	ABM	VAM		FOROFOS DEL RUNNING			1:08:04				
301		Ricardo TORROBA PEREZ	ABM	VAM		INDIVIDUAL			1:08:07				
138		Ana RODRIGO GARCIA	ABF			TODOVERTICAL V			1:08:19				
68		Mauro REY TADEO	ABM	VBM		RSEAPEÑALARA			1:08:21				
150		Victoria RUIZ CARRERO	ABF	VAF		MAJALASNA			1:08:45				
64		Beatriz CASTELLANO JIMENEZ	ABF			RSEAPEÑALARA			1:10:10				
140		Miriam PORRUA SANCHEZ	ABF			TODOVERTICAL V			1:11:36				
8		Valentín MARTIN FERNANDEZ	ABM	VBM		TRAILXTREM TEAM			1:12:49				
104		Miguel Angel GARROSA SANCHEZ	ABM	VBM		RSEA PEÑALARA			1:13:08				
234		Jose Alberto MARTINEZ SANCHEZ	ABM	VAM		RSEA PEÑALARA			1:13:26				
10		Carlos RUEDA RODRIGO	ABM	VBM		CRONOS VILLAVICIOSA			1:13:57				
131		Francisco Javier AGUA ALBUERA	ABM			TODOVERTICAL V							
143		Emiliano RAMIREZ MARTIN	ABM	VAM		ALALPARDO RUNNING TEAM							
158		Noelia MARDOMINGO MORENO	ABF			MAJALASNA							