

## XXXI CROSS DE LOS TRES REFUGIOS

6 Noviembre 2022



## 30km Absolut@s - Orden de Llegada

Inscripciones online [YouEvent.es](https://www.youevent.es)

## Finalizados

Pto	Dor	NOMBRE y APELLIDOS	pº ABS	pº CAT	TIEMPO	copa CLUB	PENAL.	T1	T2	T3	T4	T5	T6
1	150	Fernando SANCHEZ FERNANDEZ	1 ABM		3:11:05	Si	C.d.e. Ago Team	0:39:15	0:59:47	1:16:12	1:37:44	2:16:07	2:55:20
2	1	Javier HERNANDO DE LEMA	2 ABM		3:18:54	Si	Cde Todovertical	0:38:52	0:59:37	1:16:07	1:37:50	2:17:24	3:01:27
3	212	Alberto RAMIREZ FELIU	3 ABM		3:20:29	no	C. D. Ultrail	0:39:05	1:02:30	1:20:41	1:44:01	2:24:13	3:03:38
4	5	Alberto AGUNDEZ DE SAN SEBASTIAN	4 ABM	1 PRM	3:24:12	Si	Cde Todovertical	0:39:07	1:01:12	1:18:48	1:41:14	2:22:47	3:06:25
5	3	Hector RODRIGUEZ NAVARRETE	5 ABM		3:26:05	Si	R.s.e.a. Peñalara	0:40:28	1:02:51	1:21:21	1:46:04	2:26:09	3:07:53
6	145	Antonio MARTIN MARTIN	6 ABM	1 VAM	3:31:30	Si	C.d.e. Ago Team	0:41:51	1:08:36	1:28:24	1:52:24	2:32:23	3:14:18
7	102	Victor BAYONA REVILLA	7 ABM		3:32:46	Si	Fmm Individual	0:41:24	1:05:58	1:25:41	1:51:24	2:32:20	3:15:51
8	195	David ALONSO ALONSO	8 ABM	2 VAM	3:36:10	no	C.t. Guadalajara	0:41:29	1:02:23	1:20:28	1:46:08	2:30:11	3:16:55
9	59	Jesus AMORES AMPUERO	9 ABM		3:40:45	Si	Agrupacion Deportiva San Loren	0:41:36	1:04:22	1:24:09	1:51:18	2:32:41	3:21:20
10	220	Manuel SANCHEZ CAPITAN ARROYO	10 ABM		3:43:29	no	2007trail	0:40:39	1:03:26	1:22:36	1:51:43	2:37:05	3:25:43
11	217	David MARTIN GARCIA	11 ABM	3 VAM	3:43:31	no	2007 Trail	0:42:59	1:06:54	1:26:18	1:51:39	2:37:39	3:25:46
12	10	Juan Antonio MARTIN RONCERO	12 ABM	1 VBM	3:47:38	Si	Cde Todovertical	0:46:22	1:11:27	1:32:24	1:59:28	2:43:24	3:28:52
13	222	Jose Alberto GONZALEZ CARPINTERO	13 ABM	4 VAM	3:50:44	no	Leon Trail	0:47:23	1:13:30	1:34:11	2:00:32	2:45:52	3:32:52
14	131	June VILLARROEL OLZA	1 ABF	1 PRF	3:51:52	Si	C.d.e. La Pedriza Del Manzanar	0:45:47	1:10:33	1:31:01	1:56:42	2:41:32	3:30:19
15	152	Cristina SANTURINO FONTECHA	2 ABF		3:52:10	Si	R.s.e.a. Peñalara	0:48:56	1:17:56	1:37:56	2:04:23	2:48:05	3:33:56
16	55	Jose Antonio SAÑUDO TEJA	14 ABM	2 VBM	3:52:39	Si	Cde Todovertical	0:45:38	1:10:41	1:30:59	1:56:27	2:41:34	3:30:55
17	110	Gonzalo ROJAS MARTIN	15 ABM	5 VAM	3:53:17	Si	Fmm Individual	0:47:11	1:16:23	1:38:11	2:05:13	2:48:09	3:33:51
18	319	Miguel LARGO FLORES	16 ABM		3:54:34	no	Desam.es	0:44:21	1:13:35	1:33:21	1:59:33	2:45:10	3:34:53
19	66	Jose LABADIA TOLON	17 ABM		3:57:33	Si	S.a.d. Tierra Tragame	0:46:13	1:12:48	1:34:20	2:00:54	2:47:07	3:37:34
20	218	Dimas FERNANDEZ MENENDEZ	18 ABM	6 VAM	3:58:32	no	Monsacro	0:48:34	1:15:12	1:36:49	2:04:50	2:50:13	3:37:55
21	33	Carlos FERNANDEZ CHUECA	19 ABM		4:02:11	Si	Fmm Individual	0:46:35	1:14:37	1:35:22	2:03:53	2:52:37	3:44:24
22	166	Fernando CALO SANCHEZ	20 ABM	7 VAM	4:03:52	Si	S.a.d. Tierra Tragame	0:48:21	1:14:51	1:35:08	2:03:57	2:52:20	3:44:14
23	13	Jose Maria SAEZ SALAS	21 ABM	8 VAM	4:05:01	Si	S.a.d. Tierra Tragame	0:46:29	1:15:55	1:37:10	2:03:48	2:52:31	3:44:10
24	45	Sergio DEL OLMO GARCIA	22 ABM		4:06:03	Si	Cde Todovertical	0:46:42	1:17:21	1:38:30	2:06:29	2:55:47	3:45:22
25	149	Eugenio GALLEGU GARCIA	23 ABM		4:06:45	Si	Dep. Elemental Trailxtrem Team	0:51:39	1:23:45	1:44:48	2:12:46	2:58:29	3:47:36
26	124	Elisa MARTIN TARILONTE	3 ABF	1 VAF	4:06:55	Si	Cde Todovertical	0:46:37	1:14:18	1:36:12	2:04:26	2:51:37	3:45:49
27	190	Luis Javier GONZALEZ CUELLAR	24 ABM		4:08:14	no	Dlc Trail Team						
28	281	Javier PASTOR SIERRA	25 ABM		4:08:15	no	Marlins Triatlón Madrid	0:46:11	1:17:37	1:41:15	2:15:33	3:04:27	3:48:15
29	160	Isaias SANABRIA DONOSO	26 ABM	9 VAM	4:09:03	Si	Fmm Individual	0:47:45	1:15:14	1:35:56	2:04:39	2:55:42	3:47:47
30	198	Cesar GARCIA MOLINA	27 ABM	3 VBM	4:09:31	no	Bandoleros De Guadarrama	0:51:52	1:23:08	1:45:24	2:14:13	3:02:46	3:51:05
31	19	Sergio DE LA FUENTE PERNAS	28 ABM	10 VAM	4:10:07	Si	Cde Todovertical	0:50:36	1:19:02	1:40:45	2:11:09	3:00:40	3:50:26
32	78	Jose Luis GRANIZO GALA	29 ABM	4 VBM	4:11:15	Si	Cde Todovertical	0:49:21	1:20:58	1:42:44	2:11:42	2:58:36	3:49:20

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## Finalizados

Pto	Dor	NOMBRE y APELLIDOS	pº ABS	pº CAT	TIEMPO	copa CLUB	PENAL.	T1	T2	T3	T4	T5	T6
33	56	Jaime OLIVARES PEREIRA	30 ABM	11 VAM	4:11:18	Si S.a.d. Tierra Tragame		0:47:31	1:15:51	1:38:36	2:08:58	2:59:09	3:49:31
34	101	Enrique ROMERO PERALES	31 ABM		4:12:30	Si A.d. Grupo Montaña Pegaso		0:47:48	1:16:25	1:36:14	2:03:41	2:53:30	3:53:55
35	79	Admin Francisco DIAZ JIMENEZ	32 ABM	5 VBM	4:12:44	Si Agrupacion Deportiva San Loren		0:50:23	1:21:22	1:44:50	2:14:24	3:03:04	3:51:09
36	142	Francisco CUESTA URBANO	33 ABM		4:12:51	Si Fmm Individual		0:49:23	1:22:18	1:45:52	2:12:44	3:02:35	3:52:56
37	99	Ariel MENDOZA CCORAHUA	34 ABM	2 PRM	4:14:30	Si Fmm Individual							
38	128	Gorka SANCHEZ FERNANDEZ	35 ABM		4:14:51	Si Individual		0:51:29	1:25:16	1:48:59	2:19:47	3:08:09	3:56:38
39	184	Noelia CASTILLO VALLE	4 ABF		4:15:45	no Club Deportivo Paparunners		0:52:28	1:24:20	1:48:29	2:18:46	3:08:04	3:55:43
40	117	Laura COLMENERO PARRAS	5 ABF		4:15:58	Si T-trail T-center		0:50:29	1:23:23	1:45:49	2:14:16	3:04:17	3:55:25
41	22	Federico SIERRA GARCIA	36 ABM	6 VBM	4:17:16	Si Fmm Individual		0:50:16	1:21:13	1:41:56	2:14:20	3:08:06	3:58:14
42	211	Baltasar GIROL MORENO	37 ABM	12 VAM	4:17:43	no Cd Atletismo Noblejas		0:53:27	1:26:46	1:48:00	2:15:56	3:06:22	3:56:47
43	2	Fatima ESPINOSA HERNANZ	6 ABF	2 VAF	4:18:23	Si Cde Todovertical		0:52:29	1:23:28	1:47:13	2:17:46	3:07:35	3:56:01
44	196	Luis RODRIGUEZ CALDERON	38 ABM	13 VAM	4:18:30	no Club Grupo Gredos De Montaña		0:47:04	1:21:02	1:44:33	2:12:13	3:01:21	3:53:01
45	12	Raul QUILEZ GOMEZ	39 ABM	14 VAM	4:19:35	Si Cde Todovertical		0:46:26	1:16:20	1:38:28	2:09:04	3:05:07	3:59:04
46	161	Hugo NUÑEZ GONZALEZ	40 ABM		4:19:54	Si Cde Todovertical		0:49:09	1:18:03	1:39:22	2:08:47	3:03:50	3:58:12
47	32	Jose Luis SEKADE GUTIERREZ	41 ABM	15 VAM	4:20:33	Si S.a.d. Tierra Tragame		0:51:00	1:22:52	1:46:44	2:16:30	3:06:17	3:59:48
48	203	Francisco CLAVER MISAS	42 ABM	7 VBM	4:22:05	no Club Deportivo Paporros-btt		0:48:26	1:20:53	1:44:27	2:14:56	3:06:57	4:01:20
49	329	Tomas FARIÑAS FERNANDEZ	43 ABM	16 VAM	4:22:37	no Individual		0:48:39	1:21:09	1:42:51	2:11:57	3:03:58	3:59:39
50	139	Juan Antonio GOMEZ DEL AMO	44 ABM	8 VBM	4:22:39	Si Cde Miacum Las Rozas		0:48:42	1:21:06	1:42:48	2:11:59	3:04:00	3:58:52
51	127	Ruben CAÑADAS POYATOS	45 ABM	17 VAM	4:24:45	Si A.d. Grupo Montaña Pegaso		0:53:15	1:26:43	1:50:26	2:19:30	3:10:32	4:01:26
52	264	Antonio SAENZ DE FRUTOS	46 ABM	9 VBM	4:25:04	no Individual		0:48:06	1:20:57	1:42:01	2:12:41	3:05:46	4:00:58
53	123	Ricardo ORTEGA REQUENA	47 ABM	3 PRM	4:26:50	Si Cde Todovertical		0:43:53	1:12:18	1:34:18	2:03:43	2:54:50	3:54:01
54	48	Angel DE LA ENCARNACION MORENO	48 ABM	10 VBM	4:26:53	Si Cde Todovertical		0:44:17	1:13:03	1:35:10	2:03:23	3:04:07	4:01:33
55	37	Eduardo HOLANDA BLAS	49 ABM	11 VBM	4:28:29	Si Cde Todovertical		0:50:33	1:21:11	1:44:15	2:15:39	3:12:33	4:08:08
56	106	Fernando ALONSO PLAZA	50 ABM	12 VBM	4:29:24	Si A.d. Grupo Montaña Pegaso		0:54:05	1:29:39	1:54:37	2:23:58	3:14:51	4:07:21
57	44	Jorge DELGADO GUERRERO	51 ABM		4:29:45	Si Cde Todovertical		0:50:04	1:21:04	1:44:24	2:14:06	3:05:48	4:01:05
58	6	Maribel MARTIN DE LA IGLESIA	7 ABF	1 VBF	4:30:58	Si C.d.e. La Pedriza Del Manzanar		0:52:54	1:23:21	1:47:12	2:18:33	3:10:48	4:07:45
59	309	Alberto GONZALEZ SARMIENTO	52 ABM		4:31:34	no Individual		0:50:51	1:21:53	1:44:59	2:15:35	3:10:09	4:06:23
60	330	Pablo MARTIN REDONDO	53 ABM	13 VBM	4:31:45	no Individual		0:57:30	1:28:28	1:51:08	2:25:11	3:17:37	4:12:15
61	213	Victor CLEMENTE BERNABE	54 ABM	18 VAM	4:31:52	no Dlc Trail Team		0:51:56	1:23:41	1:47:33	2:18:48	3:10:52	4:08:24
62	360	Jesus OLIVER SAEZ	55 ABM	19 VAM	4:32:39	no C.d. Orientacion Colmenar Viejo		0:52:36	1:24:27	1:48:24	2:19:25	3:15:32	4:12:30
63	278	Jorge SEDEÑO	56 ABM		4:32:55	no Individual		0:51:51	1:25:40	1:49:50	2:20:04	3:13:45	4:11:04
64	204	Ricardo CLAVER MISAS	57 ABM	20 VAM	4:32:59	no Paporros-btt		0:51:48	1:27:25	1:52:55	2:22:51	3:14:44	4:10:22



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## Finalizados

Pto	Dor	NOMBRE y APELLIDOS	pº ABS	pº CAT	TIEMPO	copa CLUB	PENAL.	T1	T2	T3	T4	T5	T6
65	112	Roberto GARRIDO MARTINEZ	58	ABM	4:34:25	Si	Fmm Individual	0:49:05	1:18:24	1:40:47	2:14:22	3:11:38	4:12:59
66	315	Carlos JEREZ BERNAL	59	ABM	4:35:01	no	Tigers Running Club	0:49:42	1:22:15	1:47:10	2:18:40	3:11:59	4:10:20
67	293	Roberto FERNANDEZ MAGAN	60	ABM 14 VBM	4:35:04	no	Tronador	0:54:08	1:24:22	1:48:13	2:19:01	3:15:07	4:12:28
68	324	Ignacio CHICO FUENTES	61	ABM	4:35:07	no	Individual	0:47:50	1:23:11	1:47:15	2:16:32	3:14:00	4:12:34
69	163	Jose Luis BASALO OCHOA	62	ABM 15 VBM	4:36:56	Si	R.s.e.a. Peñalara	0:56:36	1:31:18	1:56:06	2:26:09	3:21:27	4:14:47
70	225	Jose Angel PERIBAÑEZ GUILLEN	63	ABM	4:36:59	no	Tierra Tragame	0:51:05	1:23:03	1:46:45	2:16:36	3:12:25	4:13:41
71	192	Carlos GONZALEZ-OUTON	64	ABM 21 VAM	4:37:18	no	Almaden	0:52:44	1:20:26	1:43:30	2:15:48	3:12:45	4:13:29
72	334	Miguel SERRALLER VALDEMORO	65	ABM 22 VAM	4:37:41	no	Individual	0:55:42	1:28:48	1:53:04	2:23:27	3:18:27	4:15:08
73	113	Victor Manuel GOMEZ CHAMARRO	66	ABM	4:38:06	Si	Fmm Individual	0:54:58	1:26:26	1:50:12	2:21:22	3:17:08	4:15:05
74	335	Pedro AREVALO CALVO	67	ABM	4:38:41	no	Marlins Triatlón Madrid	0:52:24	1:24:24	1:48:33	2:19:27	3:18:15	4:14:11
75	189	Jose Luis DOMINGUEZ ALONSO	68	ABM	4:38:55	no	Grupo Placentino De Montaña	0:53:06	1:23:36	1:47:23	2:18:00	3:14:29	4:15:33
76	265	Fernando GESTO GONZALO	69	ABM 16 VBM	4:39:01	no	Zamburiñas Con Pedales	0:48:00	1:16:01	1:38:08	2:08:55	3:09:25	4:12:57
77	243	Ramiro ROMERO FRESNEDA	70	ABM 23 VAM	4:39:26	no	Ciclismo Huete	0:48:29	1:19:56	1:42:49	2:13:40	3:11:52	4:13:19
78	193	Jorge ARIAS RESCO	71	ABM 24 VAM	4:39:44	no	Club De Montaña Almaden	0:52:16	1:25:00	1:49:47	2:21:10	3:17:41	4:15:23
79	52	Angel Manuel VAZQUEZ MARTIN	72	ABM 25 VAM	4:40:14	Si	R.s.e.a. Peñalara	0:56:34	1:35:30	1:58:26	2:29:02	3:23:03	4:16:48
80	28	Jose Ignacio FERNANDEZ SORIA	73	ABM 17 VBM	4:40:56	Si	S.a.d. Tierra Tragame	0:53:25	1:27:49	1:55:02	2:28:28	3:23:49	4:17:59
81	26	Enrique MARTINEZ CAÑO	74	ABM	4:41:09	Si	R.s.e.a. Peñalara	0:55:38	1:29:33	1:53:22	2:24:08	3:20:42	4:18:19
82	291	Manuel JIMENEZ FRIAS	75	ABM 26 VAM	4:41:17	no	Individual	0:47:09	1:17:13	1:41:17	2:14:02	3:09:41	4:10:26
83	68	Sergio ARRANZ RUIZ	76	ABM	4:41:29	Si	Fmm Individual	0:50:08	1:25:35	1:48:42	2:19:42	3:18:29	4:15:10
84	31	Rober DELGADO CABANA	77	ABM 27 VAM	4:41:45	Si	C.d.e. Mt3 Madrid Trail	0:53:19	1:27:31	1:54:48	2:25:28	3:20:52	4:16:10
85	29	Ivan ROMAN ASENSIO	78	ABM 28 VAM	4:41:48	Si	C.d.e. Mt3 Madrid Trail	0:53:21	1:27:33	1:54:50	2:25:31	3:20:54	4:16:46
86	249	Oscar COLORADO TOIMIL	79	ABM 29 VAM	4:41:57	no	Desafío Running Mostoles	0:55:00	1:29:03	1:53:24	2:24:52	3:18:23	4:16:05
87	313	Sergio MERCADO SANZ	80	ABM 30 VAM	4:42:02	no	Individual	0:54:38	1:30:54	1:57:29	2:29:32	3:25:16	4:20:15
88	246	Jesus ALISES	81	ABM 31 VAM	4:42:42	no	Individual	0:53:22	1:28:26	1:54:42	2:28:45	3:24:29	4:19:54
89	53	Rafael FERNANDEZ PEREZ	82	ABM 32 VAM	4:42:49	Si	R.s.e.a. Peñalara	0:55:20	1:30:34	1:56:31	2:26:57	3:21:22	4:16:07
90	332	Isaac MANZANO SANCHEZ	83	ABM 4 PRM	4:43:58	no	Individual	0:55:05	1:30:55	1:55:37	2:26:14	3:22:11	4:17:54
91	260	Victor FERNANDEZ SANCHEZ	84	ABM	4:44:09	no	Peak Trail Academy	0:54:42		1:53:00	2:24:33	3:22:31	4:19:58
92	154	Cristina RODRIGUEZ RODRIGUEZ	8	ABF	4:44:11	Si	C.d.e. Mt3 Madrid Trail	0:55:19	1:30:30	1:54:40	2:26:53	3:23:37	4:20:00
93	272	Mario MONTERO GONZALEZ	85	ABM	4:44:12	no	Peak Trail Academy	0:53:43	1:27:46	1:52:56	2:25:32	3:23:39	4:19:56
94	14	Jesus RUANO BELLIDO	86	ABM 33 VAM	4:44:14	Si	Cde Todovertical	0:55:22	1:33:41	1:59:37	2:30:05	3:27:50	4:22:28
95	353	Dani GRANADOS ORTEGA	87	ABM 18 VBM	4:44:41	no	A. D. Samburiel	0:57:23	1:28:51	1:53:40	2:26:18	3:23:50	4:23:08
96	15	Jose Luis SANTIAGO NAVARRO	88	ABM	4:45:16	Si	Club D.e. Eads Casa Espacio Gm	0:53:30	1:25:31	1:51:15	2:23:16	3:21:48	4:19:44

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Pto	Dor	NOMBRE y APELLIDOS	pº ABS	pº CAT	TIEMPO	copa CLUB	PENAL.	T1	T2	T3	T4	T5	T6
97	72	Pablo GALLEGO PRIETO	89 ABM		4:45:26	Si Fmm Individual		0:49:59	1:23:02	1:47:36	2:18:57	3:18:44	4:18:47
98	256	Dolores MACIAS FERNANDEZ	9 ABF	2 VBF	4:45:31	no Individual		0:56:59	1:32:50	1:56:54	2:29:09	3:25:21	4:24:09
99	132	Manuel GUTIERREZ ALCALA	90 ABM	34 VAM	4:45:33	Si S. A. D. Senderismo Joven Madr		0:55:10	1:26:24	1:50:05	2:22:28	3:21:45	4:23:06
100	173	Eduardo MADRIGAL HERNANDEZ	91 ABM		4:45:54	Si C.d.e. Ago Team		0:52:57	1:24:49	1:49:12	2:22:47	3:19:31	4:18:21
101	172	Carlos ORTEGA LOPEZ	92 ABM	35 VAM	4:45:56	Si C.d.e. Ago Team		0:53:00	1:24:47	1:49:15	2:22:49	3:19:36	4:18:23
102	155	Francisco Javier FARFAN CONTRERAS	93 ABM		4:46:09	Si Dep. Elemental Trailxtrem Team		0:54:25	1:25:45	1:48:40	2:19:52	3:18:06	4:19:32
103	287	Santiago DIAZ MARQUEZ	94 ABM	36 VAM	4:46:18	no Individual		0:54:44	1:27:38	1:52:51	2:25:09	3:20:33	4:20:29
104	338	David GILABERT ARRIBAS	95 ABM	37 VAM	4:46:20	no Individual		0:54:48	1:27:28	1:52:50	2:25:08	3:20:32	4:20:26
105	178	Oscar CRESPO NAGORE	96 ABM	38 VAM	4:46:42	Si Fmm Individual		0:54:03	1:28:34	1:55:27	2:29:19	3:29:22	4:24:34
106	274	Jose Maria SANZ LOPEZ	97 ABM	19 VBM	4:47:32	no Individual		0:52:34	1:22:29	1:46:32	2:16:34	3:15:58	4:18:41
107	107	Pilar SAIZ PEÑA	10 ABF		4:47:58	Si Fmm Individual		0:55:45	1:32:32	1:59:16	2:30:03	3:29:21	4:23:10
108	50	Martha Elizabeth CHILUISA CHUSIN	11 ABF	3 VBF	4:48:04	Si C.d.e. Las Cabras Azules		0:57:36	1:35:33	2:02:25	2:35:59	3:32:29	4:25:44
109	46	Lluis CORDON BARRIS	98 ABM		4:48:32	Si Cde Todovertical		0:54:13	1:25:54	1:49:43	2:22:03	3:18:36	4:25:37
110	351	Roberto GARCIA DE MESA	99 ABM	39 VAM	4:48:46	no Corre Corre Que Te Pillo		0:52:52	1:25:47	1:50:19	2:21:30	3:25:14	4:28:31
111	25	Jardiel ARRANZ CUESTA	100 ABM	40 VAM	4:49:04	Si S.a.d. Tierra Tragame		0:55:54	1:28:36	1:54:04	2:25:01	3:23:55	4:24:30
112	167	James CHEESMAN	101 ABM	20 VBM	4:49:05	Si S.a.d. Tierra Tragame		0:56:30	1:29:17	1:53:49	2:26:25	3:24:52	4:26:06
113	227	Karol PIOTROWSKI	102 ABM	41 VAM	4:49:33	no Rsea Peñalara		0:54:30	1:25:44	1:49:38	2:23:00	3:20:57	4:24:28
114	23	Arnulfo DE BARTOLOME MARBAN	103 ABM	21 VBM	4:49:44	Si Cde Todovertical		0:55:17	1:29:00	1:53:20	2:24:54	3:23:42	4:24:12
115	104	Gabriel MORALES SANCHEZ	104 ABM	42 VAM	4:49:57	Si Fmm Individual		0:52:08	1:24:58	1:48:37	2:19:03	3:17:05	4:24:17
116	65	Pablo Jesus ALONSO MARTINEZ	105 ABM	22 VBM	4:50:04	Si Fmm Individual		0:55:57	1:31:11	1:57:31	2:32:44	3:31:45	4:27:34
117	277	Jorge CAMPOS SERRANO	106 ABM		4:50:15	no Individual		0:55:23	1:30:44	1:54:46	2:27:07	3:25:12	4:26:31
118	186	Ilze BERZINA	12 ABF	3 VAF	4:50:38	no Dlc Trail Team		0:59:00	1:32:23	1:56:21	2:30:40	3:29:40	4:28:47
119	62	Juan Carlos RUBIO SANTOS	107 ABM	23 VBM	4:51:32	Si Agrupacion Deportiva San Loren		0:58:46	1:29:05	1:55:06	2:30:43	3:29:42	4:29:40
120	337	Alberto FERNANDEZ ABUJA	108 ABM	5 PRM	4:51:43	no Trailxtrem Team		1:00:21	1:35:28	1:57:27	2:36:57	3:34:21	4:28:25
121	34	Juan Luis VICENTE PEREZ	109 ABM	43 VAM	4:52:00	Si Fmm Individual		0:55:28	1:31:04	1:55:22	2:29:35	3:32:09	4:27:58
122	237	Marcos SANZ LOPEZ-CANO	110 ABM	44 VAM	4:52:02	no Green Power Sports Club		0:55:34	1:31:06	1:55:23	2:29:37	3:33:04	4:27:56
123	143	Oana CALOTA CALOTA	13 ABF	4 VAF	4:52:32	Si Agrupacion Deportiva San Loren		0:57:32	1:30:25	1:55:04	2:28:52	3:26:27	4:28:19
124	141	Alfredo MUÑOZ BERZOSA	111 ABM	24 VBM	4:53:22	Si Fmm Individual		1:57:55	1:32:03	1:59:40	2:34:11	3:31:40	4:30:08
125	148	Javier Juan MATURANA FIGUEREDO	112 ABM	45 VAM	4:53:48	Si Fmm Individual		0:51:35	1:23:06	1:47:49	2:18:44	3:21:04	4:23:37
126	302	Alejandro FUENTES GARCIA	113 ABM		4:54:29	no Trailxtrem Team		0:56:27	1:32:19	1:56:03	2:29:18	3:29:27	4:31:00
127	177	Tomas JIMENEZ ARROBA	114 ABM	25 VBM	4:54:30	Si S.a.d. Tierra Tragame							
128	224	Jorge GALLEGO RIVERO	115 ABM	46 VAM	4:54:36	no Club De Montaña Y Escalada Oja		1:00:30	1:36:57	2:04:15	2:38:16	3:34:43	4:32:20



## XXXI CROSS DE LOS TRES REFUGIOS

6 Noviembre 2022



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Inscripciones online [YouEvent.es](https://www.youevent.es)

## Finalizados

Pto	Dor	NOMBRE y APELLIDOS	pº ABS	pº CAT	TIEMPO	copa CLUB	PENAL.	T1	T2	T3	T4	T5	T6
129	343	Antonio FUENTES PINO	116 ABM		4:54:39	no Individual		0:55:55	1:31:20	1:57:22	2:28:58	3:28:31	4:29:20
130	38	Jesus Manuel JIMENEZ ESTEBAN	117 ABM	26 VBM	4:54:51	Si S.a.d. Tierra Tragame		0:56:17	1:32:44	1:58:32	2:30:14	3:29:15	4:30:24
131	279	David PUERTAS GIJON	118 ABM		4:55:21	no Atletismo Zancadas		0:54:53	1:29:43	1:53:57	2:26:03	3:23:53	4:26:10
132	305	Ruben GARCIA RUEDA	119 ABM		4:55:51	no Individual		0:55:04	1:27:06	1:53:14	2:24:48	3:27:35	4:31:34
133	24	Elena AREVALO ALFONSO	14 ABF		4:56:22	Si S.a.d. Tierra Tragame		1:00:06	1:38:35	2:03:39	2:36:17	3:33:39	4:32:09
134	297	Carlos DURAN FERNANDEZ	120 ABM	47 VAM	4:56:30	no Individual							
135	201	David SOBLECHERO MIGUELAÑEZ	121 ABM	48 VAM	4:57:12	no Dlc Trail Team		0:56:22	1:32:12	1:56:53	2:28:26	3:29:18	4:31:42
136	286	Carlos JUSTO MARTINEZ	122 ABM	49 VAM	4:57:51	no Individual		0:56:52	1:31:17	1:56:11	2:29:14	3:28:26	4:32:43
137	134	Jose PEREZ MARTINEZ	123 ABM	50 VAM	4:58:22	Si A.d. Grupo Montaña Pegaso		0:53:09	1:26:53	1:51:01	2:23:24	3:23:27	4:29:43
138	300	Juan Felix SOLANO RODRIGUEZ	124 ABM	51 VAM	4:58:25	no Mt3 Madrid Trail		0:53:54	1:28:41	1:55:07	2:29:54	3:31:20	4:32:56
139	183	Victor Manuel GAMEZ MORALES	125 ABM	52 VAM	4:59:04	no Navatrail		0:51:44	1:27:44	1:54:34	2:27:58	3:28:30	4:31:39
140	164	Pelayo GUTIERREZ TEIRA	126 ABM	27 VBM	4:59:20	Si Fmm Individual		0:59:07	1:33:52	2:01:48	2:38:26	3:34:31	4:35:59
141	70	Isaac SANCHEZ NAVARRO	127 ABM	53 VAM	4:59:46	Si Fmm Individual		0:53:03	1:28:31	1:54:44	2:28:51	3:25:49	4:29:35
142	312	Antonio GALIANO SALAZAR	128 ABM	54 VAM	5:00:18	no Alkayata Riders		0:57:51	1:35:18	2:03:08	2:35:21	3:33:48	4:35:29
143	223	Daniel RUIZ RUBIO	129 ABM		5:00:56	no Matarraña Team		0:51:22	1:23:52	1:49:40	2:23:45	3:22:53	4:30:03
144	182	Gustavo Antonio SEGOVIA	130 ABM		5:00:58	no Independiente		0:51:28	1:23:53	1:49:42	2:23:46	3:22:55	4:30:21
145	83	Vanesa GARCIA SERRANO	15 ABF	5 VAF	5:01:01	Si T-trail T-center		0:58:48	1:35:46	2:00:29	2:34:55	3:32:16	4:34:55
146	122	Carlos DORREGO BLANCO	131 ABM	55 VAM	5:01:29	Si Fmm Individual		0:58:34	1:35:44	2:00:37	2:34:49	3:32:10	4:34:47
147	130	Ruben FERNANDEZ PASTOR	132 ABM	56 VAM	5:01:30	Si A.d. Grupo Montaña Pegaso							
148	304	Gaspar Jose RUEDA MIGUEL	133 ABM	57 VAM	5:01:31	no Individual		0:55:03	1:27:03	1:53:18	2:25:59	3:27:34	4:33:13
149	71	Angel MORAL PALOMAR	134 ABM	28 VBM	5:01:48	Si S.a.d. Tierra Tragame		0:58:43	1:35:43	2:01:02	2:35:14	3:33:50	4:34:01
150	60	Leonor REDONDO CACHINERO	16 ABF	6 VAF	5:01:57	Si R.s.e.a. Peñalara		1:01:48	1:39:12	2:06:31	2:41:46	3:39:19	4:37:20
151	146	Alberto ZAMARRON MARTIN	135 ABM		5:02:46	Si C.d.e. Ago Team		0:55:06	1:27:52	1:52:58	2:27:43	3:33:57	4:39:23
152	75	Raul Marco BONILLA DIAZ	136 ABM	29 VBM	5:02:50	Si Cde Todovertical		0:57:14	1:29:07	1:55:15	2:29:23	3:30:02	4:35:03
153	57	Carlos CAÑIZARES LEON	137 ABM	30 VBM	5:02:57	Si Cde Todovertical		0:58:53	1:32:57	1:55:59	2:29:15	3:29:59	4:40:06
154	270	Luis Javier RUS GARCIA	138 ABM	58 VAM	5:03:03	no Individual		0:59:27	1:38:54	2:08:30	2:45:40	3:44:58	4:39:43
155	241	Jose Luis MARTIN GONZALEZ	139 ABM	59 VAM	5:03:23	no Individual		0:58:54	1:35:35	2:02:30	2:36:34	3:35:32	4:38:02
156	271	Ramon AVEDILLO GONZALEZ	140 ABM	60 VAM	5:03:26	no Polideportivo Getafe		0:49:57	1:19:34	1:42:46	2:18:37	3:29:38	4:35:28
157	39	Carlos SELMAN NEIRA	141 ABM		5:04:30	Si Dep. Elemental Trailxtrem Team		0:55:40	1:31:24	1:56:08	2:32:02	3:34:48	4:38:40
158	355	Jorge GIL PANIZO	142 ABM	31 VBM	5:04:33	no Trailxtrem Team		0:57:01	1:31:26	1:56:01	2:35:17	3:39:28	4:39:14
159	239	Humberto MARTA DE JAEN	143 ABM	61 VAM	5:05:08	no Individual		0:59:09	1:33:24	1:59:48	2:35:12	3:35:45	4:38:56
160	209	Anne Charlotte DE FROISSARD	17 ABF		5:05:23	no Trailxtrem Team		1:00:56	1:37:05	2:03:28		3:41:23	4:40:36



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## Finalizados

Pto	Dor	NOMBRE y APELLIDOS	pº ABS	pº CAT	TIEMPO copa CLUB	PENAL.	T1	T2	T3	T4	T5	T6	
161	185	Borja MARCOS PRIETO	144 ABM		5:06:56	no	C.d. Calamochos Casavieja	0:56:10	1:39:24	2:10:50	2:44:43	3:42:21	4:40:25
162	235	Joao Nuno SOUSA FERREIRA	145 ABM		5:09:12	no	Individual	0:58:47	1:37:02	2:03:32	2:39:21	3:41:32	4:41:41
163	357	Daniel COLADO DE LA CRUZ	146 ABM		5:09:24	no	Individual	0:57:12	1:31:55	1:55:12	2:29:05	3:31:13	4:37:09
164	18	Miguel Angel DE IRIARTE BURUNDARENA	147 ABM	62 VAM	5:09:34	Si	De Montaña Manoterias	1:00:38	1:38:24	2:04:22	2:37:31	3:35:40	4:39:17
165	36	Pablo DE LA HERA BUENO	148 ABM	63 VAM	5:09:38	Si	Cde Todovertical	0:55:48	1:32:46	1:59:04	2:34:16	3:33:32	4:42:42
166	171	Juan Luis CORDOBA MUÑOZ	149 ABM	32 VBM	5:09:41	Si	Cde Todovertical	0:56:08	1:32:17	1:56:12	2:29:07	3:33:27	4:42:46
167	255	Jose FERNANDEZ ALVAREZ	150 ABM	64 VAM	5:10:19	no	Pasito		1:35:40	2:03:00	2:40:22	3:44:26	4:44:16
168	85	Thomas SCHMID SUTTER	151 ABM	33 VBM	5:10:35	Si	Fmm Individual	0:57:04	1:35:32	2:00:35	2:38:31	3:39:43	4:45:14
169	349	Raul MARTIN SANTODOMINGO	152 ABM	65 VAM	5:10:53	no	Individual	0:58:30	1:36:14	2:02:29	2:36:46	3:36:50	4:42:49
170	344	Daniel MUÑOZ GOMEZ	153 ABM		5:10:57	no	Individual	0:56:02	1:38:41	2:03:06	2:35:31	3:33:53	4:39:00
171	86	David LOPEZ PEREZ	154 ABM	66 VAM	5:11:25	Si	Cde Todovertical	0:57:27	1:36:06	2:03:58	2:41:03	3:43:21	4:44:10
172	207	Laura SUAREZ LORENZO	18 ABF	7 VAF	5:12:25	no	Diaclasa Villalba	0:59:32	1:38:28	2:04:29	2:42:25	3:45:00	4:43:15
173	40	Daniel RUIZ MORENO	155 ABM	67 VAM	5:12:28	Si	C.d.e. Mt3 Madrid Trail	0:59:34	1:38:45	2:05:26	2:42:30	3:45:02	4:44:44
174	356	Juan CAÑIZARES LLULL	156 ABM	6 PRM	5:12:34	no	Individual	0:57:21	1:32:21	1:59:02	2:34:09	3:37:39	4:48:17
175	233	Daniel CRESPO ESTEBAN	157 ABM	68 VAM	5:12:39	no	Individual	0:53:58	1:26:50	1:53:37	2:28:08	3:33:46	4:43:52
176	238	David PEREZ DEL REY	158 ABM	69 VAM	5:12:50	no	Vuelo Libre Valdeamor	0:59:37	1:36:41	2:04:16	2:38:29	3:35:59	4:37:57
177	267	Angeles BARRIOS MERELLO	19 ABF	4 VBF	5:13:48	no	Rsea Peñalara	0:59:04	1:36:26	2:03:13	2:39:09	3:42:11	4:47:43
178	280	Sixto RODRIGUEZ GIL	159 ABM	34 VBM	5:15:17	no	Running Algete	0:56:38	1:33:08	2:00:40	2:37:53	3:41:37	4:48:06
179	108	Juana CALLE ACARO	20 ABF	8 VAF	5:18:10	Si	C.d.e. Las Cabras Azules	1:00:47	1:35:50	2:02:27	2:37:09	3:39:31	4:49:36
180	232	Borja FREIRE MARTIN	160 ABM		5:18:37	no	Individual	1:00:25	1:38:12	2:04:20	2:37:33	3:35:47	4:46:32
181	234	Juan Alberto LOPEZ GARCIA	161 ABM	70 VAM	5:18:44	no	Individual	1:00:27	1:38:16	2:04:19	2:37:49	3:38:23	4:46:59
182	350	Kevin DUCLOS	162 ABM		5:19:19	no	S/I Pays De Brive Athletique C	0:52:22	1:35:14	2:03:05	2:38:21	3:48:25	4:51:36
183	221	Gorka LEGUINA GRACIA	163 ABM	71 VAM	5:19:31	no	Cde Km Vertical Torrelavega	1:01:32	1:39:03	2:06:33	2:48:04	3:53:27	4:53:20
184	311	Silvia RODRIGUEZ MATEOS	21 ABF	9 VAF	5:20:01	no	Individual	0:57:41	1:39:04	2:08:12	2:49:14	3:53:24	4:54:37
185	310	Sergio DE LA IGLESIA	164 ABM	72 VAM	5:20:23	no	Individual	1:00:32	1:38:59	2:06:51	2:42:32	3:47:51	4:54:59
186	205	Raul UREÑA SALGADO	165 ABM		5:20:52	no	Union Deportiva Vegetariana -	0:54:35	1:33:37	2:03:09	2:41:07	3:47:49	4:54:54
187	308	Rafa PABLOS	166 ABM		5:22:13	no	Valderruners	0:56:15	1:30:32	1:54:47	2:30:34	3:40:59	4:53:41
188	208	Almudena LOPEZ COXIAS	22 ABF	5 VBF	5:23:36	no	C.a. Cuenca Dolomia	1:00:14	1:41:45	2:12:16	2:52:13	3:56:03	4:57:35
189	303	Tomas MARTINEZ MAIQUEZ	167 ABM		5:24:12	no	Trailxtrem Team	0:56:07	1:27:13	1:52:44	2:29:39	3:41:20	4:54:40
190	359	Eugenio SEVILLANO COLLANTES	168 ABM		5:24:20	no	Individual						
191	339	Isaac COLINAS ROMERO	169 ABM	35 VBM	5:24:21	no	Individual	1:00:45	1:36:54	2:04:10	2:41:12	3:45:18	4:57:12
192	245	Alberto RODRIGUEZ VAZQUEZ	170 ABM	73 VAM	5:24:40	no	Individual	1:00:19	1:38:26	2:08:37	2:44:39	3:48:28	4:55:39



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## Finalizados

Pto	Dor	NOMBRE y APELLIDOS	pº ABS	pº CAT	TIEMPO	copa CLUB	PENAL.	T1	T2	T3	T4	T5	T6
193	202	Pedro Jose MATEOS MONTERO	171 ABM	36 VBM	5:24:54	no	Los Rebecos De Guadarrama	1:02:58	1:40:53	2:09:36	2:47:16	3:51:50	4:57:49
194	352	Nestor GOMEZ ORTEGA	172 ABM	74 VAM	5:24:59	no	Individual	0:57:54	1:36:20	2:04:41	2:42:59	3:48:21	4:54:31
195	159	Teresa CABRILLANA QUINTANA	23 ABF		5:25:48	Si	Fmm Individual	1:06:26	1:47:26	2:16:24	2:53:35	3:58:15	4:59:26
196	98	Joseba FERNANDEZ BILBAO	173 ABM		5:25:49	Si	Fmm Individual	1:02:39	1:41:17	2:09:06	2:47:09	3:53:26	4:59:39
197	187	Alberto MENENDEZ SUAREZ	174 ABM	75 VAM	5:26:51	no	Tribu Trail	0:55:59	1:38:21	2:07:40	2:45:20	3:48:30	4:58:36
198	191	Roberto BAYON LAREDO	175 ABM	76 VAM	5:26:53	no	Independiente	0:54:16	1:30:43	1:57:24	2:32:41	3:41:27	4:57:17
199	250	Miguel OLMEDILLAS ESCRIBANO	176 ABM	37 VBM	5:27:04	no	Cat Arroyomolinos	0:59:12	1:36:31	2:03:42	2:41:15	3:48:05	4:55:58
200	95	Eduardo PEREZ DIAZ	177 ABM	77 VAM	5:27:20	Si	Fmm Individual	0:53:53	1:27:11	1:52:54	2:28:56	3:32:50	4:55:14
201	244	Javier SASTRE PEREZ CEJUELA	178 ABM	78 VAM	5:29:06	no	Individual	1:03:45	1:48:27	2:16:29	2:52:21	3:58:23	5:00:54
202	327	Florencio FUENTES MARTIN	179 ABM	1 VCM	5:32:25	no	Club Atletismo Navamorcuende	1:01:38	1:38:38	2:09:15	2:45:56	3:52:46	4:59:43
203	58	Marcos LOPEZ VARGAS	180 ABM	38 VBM	5:32:27	Si	Agrupacion Deportiva San Loren	1:01:46	1:41:20	2:09:09	2:45:52	3:53:33	5:02:11
204	69	Marcos DUATO	181 ABM	39 VBM	5:33:30	Si	C.d.e. Las Cabras Azules	1:02:06	1:42:04	2:12:32	2:54:01	4:02:09	5:06:23
205	92	Jose Francisco CEREZO PATO	182 ABM	79 VAM	5:34:46	Si	C.d.b. Alpino Madrileño-mont.m	1:02:09	1:42:52	2:14:58	2:52:18	4:04:38	5:08:11
206	129	Fernando GOMEZ PEREZ	183 ABM	40 VBM	5:35:09	Si	Fmm Individual	1:01:17	1:41:23	2:12:24	2:54:51	4:03:28	5:08:28
207	331	Manuel ARCAS BELLAS	184 ABM	80 VAM	5:35:42	no	Individual	1:00:16	1:38:56	2:05:27	2:44:29	3:52:42	5:06:57
208	82	Alejandro GONZALEZ ROSA	185 ABM	81 VAM	5:37:07	Si	C.d.e. Mt3 Madrid Trail	1:07:54	1:53:35	2:23:26	3:01:15	4:04:14	5:06:38
209	269	Luis EXPOSITO SERRANO	186 ABM		5:37:50	no	Individual	0:55:52	1:31:00	1:57:34	2:30:17	3:39:41	4:58:47
210	268	Jose Tomas GINES ALGABA	187 ABM		5:37:51	no	Individual	0:55:49	1:30:57	1:57:32	2:30:16	3:39:40	4:58:45
211	77	Virginia SABORIT FERNANDEZ	24 ABF	6 VBF	5:38:12	Si	Fmm Individual	1:01:01	1:38:42	2:06:20	2:49:17	3:58:44	5:09:33
212	206	Andres SECO HERNANDEZ	188 ABM	41 VBM	5:39:40	no	Alkarria Trekking	1:03:52	1:45:35	2:14:41	2:53:26	4:01:28	5:07:56
213	290	Magdalena SMYCZ	25 ABF		5:40:01	no	Individual	1:02:07	1:45:24	2:16:38	2:54:59	4:02:32	5:08:06
214	179	Julia TAYLOR	26 ABF	7 VBF	5:40:17	Si	Agrupacion Deportiva Nemus	1:03:47	1:52:02	2:23:19	3:01:19	4:08:51	5:12:03
215	64	Yigal GOMEZ SEISDEDOS	189 ABM	82 VAM	5:40:35	Si	R.s.e.a. Peñalara	0:57:19	1:34:59	2:02:07	2:42:38	3:55:42	5:09:55
216	119	Elena MEDINA TELLEZ DE MENESES	27 ABF	10 VAF	5:40:54	Si	A.d. Grupo Montaña Pegaso	1:01:44	1:41:54	2:13:01	2:54:26	4:04:42	5:13:24
217	81	Nuria MANSILLA FERNANDEZ	28 ABF		5:41:06	Si	Fmm Individual	1:06:21	1:46:43	2:16:35	2:58:00	4:06:27	5:15:59
218	275	Alvaro UBEDA	190 ABM		5:41:22	no	Individual	1:00:59	1:41:52	2:10:25	2:55:00	4:02:08	5:11:40
219	174	Ana GANGOITI ETXEBARRIA	29 ABF		5:41:51	Si	S.a.d. Tierra Tragame	1:01:59	1:41:49	2:09:58	2:55:02	4:03:26	5:14:18
220	307	Cristina ELOLA GONZALEZ	30 ABF	11 VAF	5:42:06	no	Individual	1:01:51	1:44:17	2:13:03	2:54:28	4:04:44	5:14:07
221	228	Ignacio BELLIDO MORA	191 ABM	83 VAM	5:43:13	no	Asociacion Atletica Tirada Lar	1:02:49	1:45:26	2:14:25	2:57:07	4:04:53	5:14:26
222	156	Angel Luis MOREIRA FARFAN	192 ABM	42 VBM	5:43:42	Si	Agrupacion Deportiva Nemus	0:56:41	1:30:38	1:59:00	2:40:20	3:51:58	5:11:13
223	306	Peggy MARTINELLO	31 ABF		5:43:59	no	Individual	1:01:53	1:43:39	2:13:07	2:54:30	4:04:45	5:14:04
224	151	Jose SANTAMARIA LUCIAÑEZ	193 ABM	2 VCM	5:44:15	Si	R.s.e.a. Peñalara	1:03:29	1:43:59	2:14:32	2:55:08	4:03:42	5:15:08



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## Finalizados

Pto	Dor	NOMBRE y APELLIDOS	pº ABS	pº CAT	TIEMPO	copa CLUB	PENAL.	T1	T2	T3	T4	T5	T6
225	105	Rafael TOURIÑO SOLER	194 ABM	84 VAM	5:44:44	Si A.d. Grupo Montaña Pegaso							
226	253	David ESTEBAN SAN MARTIN	195 ABM	85 VAM	5:46:41	no Individual		1:03:31	1:42:10	2:10:38	2:54:45	4:03:04	5:13:47
227	125	Francisco BENEGAS BIRITOS	196 ABM		5:47:21	Si S.a.d. Tierra Tragame		1:02:36	1:42:07	2:12:15	2:54:36	4:04:36	5:15:34
228	168	Laura MOLINA AYUSO	32 ABF		5:47:23	Si S.a.d. Tierra Tragame		1:01:13	1:48:36	2:18:39	2:55:58	4:04:50	5:15:32
229	240	Miguel Isaac MARTIN BERMEJO	197 ABM	86 VAM	5:47:38	no Trimad		1:03:55	1:47:00	2:13:22	2:55:26	4:05:10	5:16:39
230	323	Almudena MARTINEZ VALIENTE	33 ABF	12 VAF	5:47:44	no Individual		1:04:25	1:46:54	2:13:23	2:55:31	4:05:14	5:17:34
231	358	Julio FUENTESAL GARCIA	198 ABM	87 VAM	5:47:48	no Trimad		1:04:13	1:46:50	2:16:27	2:55:29	4:05:12	5:17:55
232	322	Franz MEJIAS	199 ABM	88 VAM	5:47:51	no Club Triatlon Trimadrid		1:04:46	1:49:10	2:18:29		4:03:30	5:17:12
233	118	Antonio MARTINEZ RODRIGUEZ	200 ABM	43 VBM	5:48:22	Si S.a.d. Tierra Tragame		1:05:33	1:46:57	2:16:22	2:57:58	4:09:15	5:19:42
234	121	Olga VITORIA CUÑADO	34 ABF	8 VBF	5:51:20	Si Fmm Individual		1:04:41	1:57:29	2:28:09	3:10:27	4:22:07	5:23:43
235	294	Gillermo GOMEZ SAEZ	201 ABM		5:51:54	no Individual		1:00:57	1:40:42	2:08:32	2:48:46	4:05:03	5:23:45
236	197	Manuel Angel SOTO GONZALEZ	202 ABM	89 VAM	5:51:57	no Club Atletismo Pravia (c.a.p)		0:58:32	1:38:34	2:05:30	2:42:36	3:53:07	5:05:45
237	251	Carlos Alberto GOMEZ GUIJARRO	203 ABM	90 VAM	5:52:12	no Club De Triatlon Diablillos De		0:58:50	1:39:08	2:05:32	2:41:54	3:50:29	5:03:22
238	340	Antonio CABRERA	204 ABM	44 VBM	5:52:18	no Individual		1:02:31	1:47:21	2:18:27	2:59:36	4:14:23	5:23:02
239	87	Miguel Angel GONZALEZ RODRIGUEZ	205 ABM	91 VAM	5:56:06	Si R.s.e.a. Peñalara		1:02:47	1:40:36	2:07:19	2:45:22	4:15:28	5:28:59
240	135	Jose ROMERO DEL PUEYO	206 ABM	92 VAM	5:56:23	Si Cde Todovertical		1:03:00	1:46:46	2:16:16	2:56:55	4:04:25	5:22:47
241	63	Anuska MARIANO MARTIN	35 ABF	13 VAF	5:56:26	Si Fmm Individual		1:04:55	1:46:52	2:18:00	3:05:26	4:21:51	5:30:42
242	247	Jose Miguel MUÑOZ RODRIGUEZ	207 ABM	93 VAM	5:56:31	no Shaolin Runners		1:00:23	1:41:38	2:11:14	2:54:53	4:23:55	5:32:23
243	137	Ignacio PINEDO QUEIPO DE LLANO	208 ABM	94 VAM	5:56:36	Si Fmm Individual		1:03:09	1:46:39	2:16:17	2:58:58	4:13:54	5:23:48
244	299	Jose Maria CANO SANCHEZ	209 ABM	95 VAM	5:57:00	no Curras Team		1:03:18	1:45:30	2:14:53	2:59:53	4:14:02	5:27:06
245	67	Paloma HERAS HERAS	36 ABF		5:57:32	Si Fmm Individual		1:02:04	1:51:45	2:23:38	3:02:23	4:16:32	5:24:50
246	254	Marek SNIEC	210 ABM	96 VAM	5:57:58	no Individual		1:01:30	1:39:00	2:09:18	2:55:20	4:15:11	5:31:56
247	326	Sergio SANDOVAL CRUZADO	211 ABM	97 VAM	5:58:09	no A.d. Grupo Montaña Pegaso		1:04:21	1:45:33	2:16:14	2:59:26	4:13:57	5:27:37
248	296	Mario ALVAREZ GUZMAN	212 ABM		5:58:28	no Individual		1:08:40	1:47:03	2:18:41	2:57:40	4:12:30	5:31:04
249	157	Jesus PEREZ EXPOLIO	213 ABM	3 VCM	5:59:21	Si Fmm Individual		1:05:28	1:49:35	2:23:34	3:08:26	4:18:38	5:29:48

## Fuera de Control

Pto	Dor	NOMBRE y APELLIDOS	pº ABS	pº CAT	TIEMPO	copa CLUB	PENAL.	T1	T2	T3	T4	T5	T6
333		Jorge RAMIREZ SANTOS	ABM		6:00:35	no Individual		0:58:01	1:41:57	2:12:35	2:54:57	4:11:32	5:30:26
41		Pablo FERNANDEZ GOMEZ	ABM	VAM	6:03:40	Si Cde Todovertical		1:04:16	1:45:55	2:20:02	3:02:36	4:18:31	5:39:28
248		Victor Manuel GATA MORAN	ABM	VAM	6:06:10	no Desafio Running Mostoles		0:57:57	1:34:54	2:02:35	2:45:23	4:15:31	5:42:17
120		Tomas SANZ SANCHEZ	ABM	VBM	6:08:19	Si Cde Ultrarun		1:00:11	1:38:31	2:10:12	2:55:39	4:20:52	5:41:07



## XXXI CROSS DE LOS TRES REFUGIOS

6 Noviembre 2022



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## Fuera de Control

Pto	Dor	NOMBRE y APELLIDOS	pº ABS	pº CAT	TIEMPO copa CLUB	PENAL.	T1	T2	T3	T4	T5	T6	
325		Ismael ORTUÑO SORIANO	ABM	VAM	6:10:28	no	Individual	1:04:28	1:46:41	2:19:12	3:00:50	4:15:47	5:41:46
216		David GRACIA VAZQUEZ	ABM	VBM	6:11:18	no	Dlc Trail Team	1:04:32	1:46:36	2:18:35	3:02:15	4:18:07	5:51:20
298		Reinaldo DE AYSA SANCHEZ BEATO	ABM	VBM	6:12:44	no	Individual	1:01:42		2:17:08	2:59:02	4:16:56	5:47:24
136		Estela ESTEBAN SANCHEZ	ABF	VAF	6:18:45	Si	A.d. Grupo Montaña Pegaso						
175		Alberto SAN MARTIN GARCIA	ABM		6:18:46	Si	Fmm Individual	1:13:44	1:57:30	2:28:22	3:11:53	4:32:34	
347		Arturo ALMENDRO MUÑOZ	ABM	VBM	6:23:03	no	Shaolin Runners	1:00:22	1:41:43	2:11:12	2:54:56	4:24:05	
199		Manuel RUIZ GUTIERREZ	ABM	VAM	6:31:51	no	G.m. Aguacero	1:06:20	1:54:03	2:27:35	3:13:58	4:37:57	
301		Juan Jose CAMPO HERNANDEZ	ABM	VBM	6:32:01	no	Individual	1:05:08	1:49:26	2:23:32	3:17:51	4:39:23	
153		Fco Javier GALLEGO PRIEGO	ABM	VBM	6:32:04	Si	Fmm Individual	1:03:39	1:50:23	2:20:47	3:01:11	4:35:24	
336		Juan Alberto LOPEZ SANCHEZ	ABM	VBM	6:32:08	no	Individual	1:03:43	1:50:18	2:20:45	3:01:21	4:35:48	
169		Victor APARICIO ESCRIBANO	ABM	VAM	6:34:39	Si	D.e. Majalasca	0:44:47	1:41:14	2:22:20	3:05:58	4:30:30	5:52:23
170		Gerardo SANCHEZ PEÑA	ABM	VCM	6:34:39	Si	D.e. Majalasca	0:44:53	1:41:07	2:22:16	3:06:04	4:30:34	5:52:18
226		Lidia AGUILAR IBAÑEZ	ABF		6:34:39	no	Majalasca	0:44:51	1:41:10	2:22:18	3:06:01	4:30:33	5:52:21
30		Ricardo SOTO VALCARCE	ABM	VBM	7:15:00	Si	Fmm Individual	1:05:13	1:49:46	2:28:10	3:29:49	4:52:35	

## Descalificados

Pto	Dor	NOMBRE y APELLIDOS	pº ABS	pº CAT	TIEMPO copa CLUB	PENAL.	T1	T2	T3	T4	T5	T6	
257		Miguel FERNANDEZ BARONA	ABM	VAM	4:34:51	no	Individual	1:12:20	1:58:54				4:04:51
		Faltan controles intermedios, recorrido incorrecto											
176		Maria FERNANDEZ JIMENEZ	ABF		4:47:52	Si	Fmm Individual	1:15:41	2:07:41				4:10:13
		Faltan controles intermedios, recorrido incorrecto											
229		Israel CAMACHO REY	ABM	VAM	4:48:08	no	3t Tri Trail Team	1:11:27	2:10:18				4:21:10
		Faltan controles intermedios, recorrido incorrecto											
346		Santiago ALVAREZ GONZALEZ	ABM	VAM	4:55:00	no	Mc Arquitectos	1:02:54	2:01:37				3:58:59
		Faltan controles intermedios, recorrido incorrecto											
258		Cristina GARCIA PAYO	ABF	VBF	5:02:44	no	Individual	1:21:22	2:18:04				4:29:42
		Faltan controles intermedios, recorrido incorrecto											
317		Maria Eugenia SOBLECHERO MIGUELAÑEZ	ABF	VAF	5:10:00	no	Individual	1:19:01	2:42:44				4:29:30
		Faltan controles intermedios, recorrido incorrecto											

## Retirados

Pto	Dor	NOMBRE y APELLIDOS	pº ABS	pº CAT	TIEMPO copa CLUB	PENAL.	T1	T2	T3	T4	T5	T6
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## Retirados

Pto	Dor	NOMBRE y APELLIDOS	pº ABS	pº CAT	TIEMPO copa CLUB	PENAL.	T1	T2	T3	T4	T5	T6
4		Andres POLLEDO PANDO	ABM		Si Cde Todovertical		0:42:04	1:06:52	1:27:06	1:55:11	2:50:26	3:54:04
230		Pablo LOPEZ GOMEZ	ABM		no Individual		0:51:08	1:21:45	1:44:17	2:15:37	3:14:17	
21		Fernando LENS PARDO	ABM	VAM	Si S.a.d. Tierra Tragame		0:55:46	1:31:08	1:57:26	2:34:43		
109		Jesus MOREIRA ALBO	ABM	VAM	Si Cde Iru Mountain		1:02:24	1:42:00	2:12:21	2:58:10		
282		Hugo MENDEZ MARTINEZ	ABM		no Individual		0:46:20	1:17:49	1:41:33			
162		Gustavo MARTIN SEN	ABM	VAM	Si Dep. Elemental Trailxtrem Team		0:51:04	1:20:03	1:42:07			
133		Aitor SANCHEZ FERNANDEZ	ABM	VAM	Si C.d.e. Ago Team		0:51:32	1:25:18	1:49:00			
194		Jesus NUEVO OSORIO	ABM	VBM	no C.d Atletismo Alovera		0:48:24	1:22:59	1:56:35			
74		Berta RUIZ REDONDO	ABF	VAF	Si Cde Todovertical		1:00:51	1:38:18	2:04:27			
165		Elena RIVAS MEDINA	ABF		Si C.d.e. Ago Team		1:01:20	1:41:34	2:07:23			
47		Oscar SANCHEZ MARTIN	ABM		Si Fmm Individual		0:41:02	1:05:30				
94		Alberto RECIO ALONSO	ABM		Si Fmm Individual		0:45:14	1:11:22				
126		Cristina DIAZ RODRIGUEZ	ABF		Si A.d. Grupo Montaña Pegaso		1:05:37	1:55:04				
292		Ismael CLAVERIAS ROMERO	ABM		no Individual		1:09:28	1:59:00				
295		Mario MORENO DIAZ MAYORDOMO	ABM	VAM	no Individual		1:09:30	1:59:00				
283		Andrea GRILO GOMEZ	ABF		no Individual		1:10:20	1:59:41				
284		Marta VAQUERO MATEOS	ABF	PRF	no Individual		1:10:04	1:59:42				
285		Julia RIBERA MIGUEZ	ABF	PRF	no Individual		1:10:02	1:59:45				
115		Naiara CAMBAS RUBIO	ABF	VAF	Si T-trail T-center		1:08:16	1:59:58				
43		Luis Demofilo PEREZ VAZQUEZ	ABM	VAM	Si R.s.e.a. Peñalara		1:08:02	2:00:01				
316		Jose Vicente MARIN PARDO	ABM	VAM	no Individual		1:18:22	2:40:51				
80		Faustino TAPIADOR VELASCO	ABM	VBM	Si Fmm Individual		0:47:55					
345		Beatriz MORILLO CARREÑO	ABF	VAF	no A.d. Sprint		1:03:06					
328		Eduardo LOSADA PINEDO	ABM	VAM	no Individual		1:13:02					
210		Damien GUINEMENT	ABM	VAM	no Independiente							